

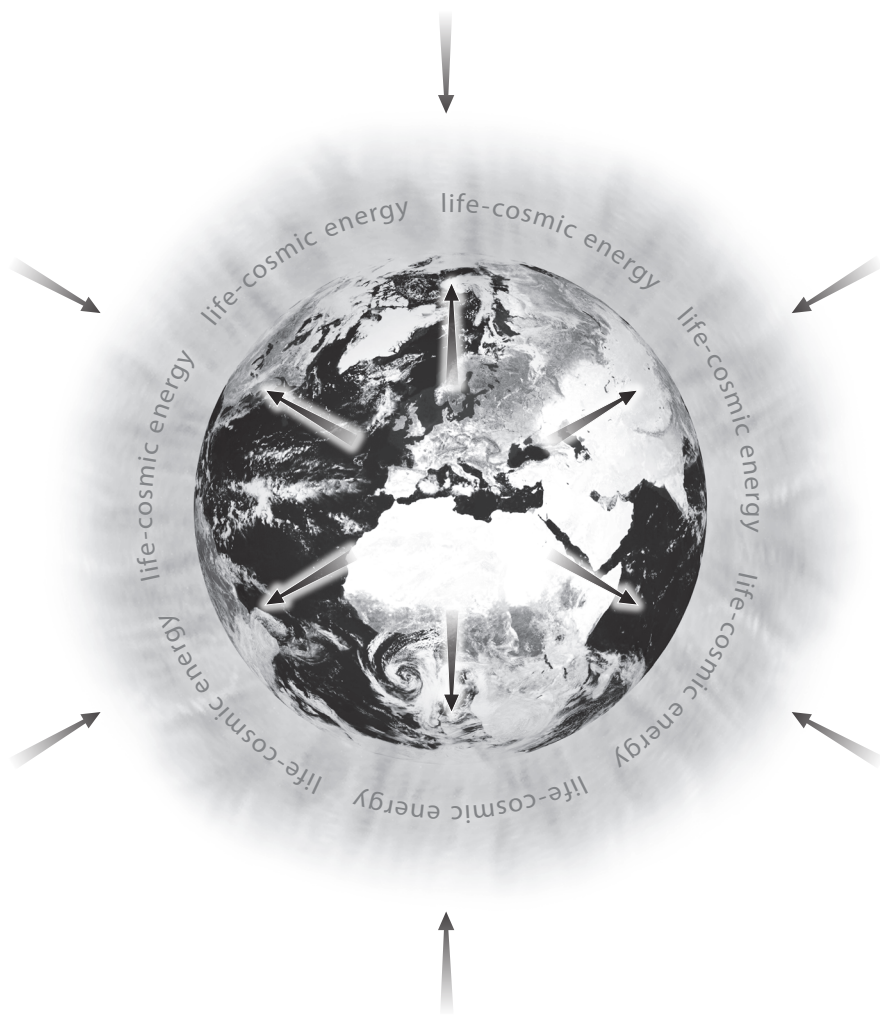
Elixir of Life on Earth

WHAT IS LIFE-COSMIC ENERGY

BOŽIDAR DJURICA



WHAT IS
Life-Cosmic Energy
ELIXIR OF LIFE ON EARTH



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Kaj je življensko-kozmična energija

Translated by Mojca Demšar

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DEDICATED TO

MONTENEGRO – A LAND OF EDEN

When God was apportioning land to individual nations to give them a place to live, there was great commotion. Russians and the Chinese came rushing in, there was a press of the Spanish and Filipinos, there were the black, the yellow and the red, but most of them were multiracial people who yelled: “Give me a place anywhere.” God looked at this colourful wonder of an animal species on Earth, and it stroke him that some were small, some big, that they were of different skin colours, strange behaviours and personal traits. His eyes caught a peculiar person who was the tallest of all, over two metre in height, wearing a moustache, holding a piece of paper to roll tobacco in, snuffling and mumbling something. He seemed to be sleeping rather than doing something. In the crowd, different nations were bumping against him – some Germans, quite a few Italians, but mostly Turks. God heard him say: “Stop pushing, you miserable people. There is room for everyone. I almost fell down because of you.”

God began to allocate land and said: “The Chinese, you are a big nation. Here is Asia for you. The black, have Africa. You, the red, will go to America...” The Montenegrin interrupted him and said: “And where will I, poor wretch, go?” God answered: “Wait a little, there will also be place for you,” and continued: “English people, you are fond of the sea. Here is an island for you. Italians, you roam up and down. I give you a peninsula. You, Germans, like to work. Go north, so that you do not sweat too much. Arabs, you will have the desert, as you sleep during the day and are impossible to bear during the night. There will also be some petrol...”

And thus, little by little, God divided the entire Earth. The Montenegrin watched him, still smoking his cigarette, and said gruffly: “And where will I go now, you looser?” God was hurt a bit by these words. He had already allocated all land. He looked again at this weirdo who kept a chair next to his bed to rest for a while when he got up at noon or so, who was full of deficiencies, but bright, taller than him, could not care less for the whole world, wearing a black slightly slanted hat with a six-pointed golden star on red background on top. God saw the injustice, took a piece of his land, a piece of heaven, and gave it to the Montenegrin to live in. Thus, the Montenegrin got his homeland, his Montenegro, the only piece of heaven on Earth.

Author





It is difficult to describe the aid of someone who helps you in every respect in the hardest moments in life. You cannot find the right words of thankfulness, you cannot be satisfied with any reward or commendation, you are humbled in your own eyes since you feel that no thanking is good enough. The life of each individual is difficult and one must strive for each little piece of knowledge gained and achievement of appropriate conditions for a life worth living. That is why every person fights himself or herself for their existence on Earth, and if they decide to help another, they must stint themselves, deprive themselves of many privileges. Besides, they are often hurt by others who do not understand them, and last but not least, they can experience disappointment where they least expect it.

Irena Golouh, a connoisseur of astrology, healing properties of plants, preparation of good-quality ointments, massage and acupressure techniques, influence of crystals on the human body, various oriental healing techniques, yoga and meditation, with over twenty years of successful practice, decided to devote her life to providing aid to others. On her way of research, success and disappointment, she learned the technique of healing with life-cosmic energy and realised that this was the knowledge that she had been looking for for almost her entire life. The practice of providing aid to others, her developed humane and ethical principles allowed her to quickly become very successfully involved in the therapeutic work of healing with life-cosmic energy. Teamwork has not confused her. She appreciates both failures and successes in the pursuit of therapeutic results. Thus, on the basis of expertise, she has developed an organised system of healing with life-cosmic energy, training of therapists and cooperation in helping the patients.

Irena's work can be assessed by any patient. Her assistance has become irreplaceable in healing with life-cosmic energy and she provides the main support in the writing and printing of the literature on healing with energy and the education system for spiritual development of individuals. One should be aware that therapeutic work with energies is a pioneering one, that the energy invested in its development cannot be evaluated, and that any commendation, including that expressed here, also in the name of the patients, is still an insufficient reward for her noble work.





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What is life-cosmic energy is the first question set by any patient who experiences the divine influence of healing, any candidate therapist who succeeds to transform energies, any reader of my three books on healing with this divine energy, as well as all those who have heard of the positive effects of the energy food on human organism from their friends. But that is not the only question. There is also doubt in the procedure by which this energy enters the body, and questions such as who conducts this process, why are we alive, and what is the role of the soul, the brain and programmes formed by the genes in the DNA structure. It is necessary to understand the double commands of the soul and the ego, operating the brain, and their response which serves as the basis for assessing the character and behaviour of individuals in their environment, which is particularly important in the process of healing bad characters.

Finally, there is the question of how to achieve spiritual development and comprehend how and why mental surgery works; what is the world of energies like, and why, at the highest level of consciousness, at the level of souls, the laws are strictly defined, but easily usable for healing; why must we respect the laws of nature, the laws of our universe or god.

In this book, I try to give answers to these questions, and provide my knowledge and aid to anyone who endeavours for spiritual progress. At the same time, I warn the readers about deviations imposed by ego and erroneous teachings of certain spiritual schools and universities, short courses and incorrect interpretations of esoteric techniques from the East.





***IF A STUDENT INVESTS AS MUCH ENERGY
IN SPIRITUAL GROWTH
AS A DROWNING PERSON
IS INVESTING IN GETTING SOME AIR,
ALL SPIRITUAL GOALS
ARE WITHIN HIS OR HER REACH***



INTRODUCTION

The general and documented history of humans reveals that people have always sought knowledge, trying to understand, learn and get an answer to the question who people are, where do they come from, why do they live, what is the universe, who is god and what does life on Earth depend on. The archaeological evidence also confirms the fact that both the nations from the East and those from the West have, for over five thousand years, thought and written about these issues, analysed with great precision certain phenomena in nature, on Earth and in the universe, and provided valuable proofs. It is true that individual documents also mention phenomena and beliefs that have not yet been explained. The different views of this complicated issue and explanations of different phenomena were mostly based on – at that time – unexplained events in nature at the energy level, as well as the response of the human body to these energy states and certain phenomena in the environment influencing the body. Certainly, the goal and subject of investigations was the human organism, and all explanations about these invisible influences revolved around its physical and functional properties, i.e. inexplicable effects of nature on the functioning of the body and human life on Earth.

In the ancient times, in the then poorly developed society, there was no scientific explanation of certain natural phenomena. All these different reflections on the laws of nature and accepted perceptions of the formation of Earth suited the period of time. Interestingly, some nations described the natural phenomena with such accuracy that their explanations are still valid today. One can find a large amount of materials and writings using symbols, as well as various stories which, through time and discovery of the laws of nature, lost their original explanation and intention. Myths, fairy tales, social movements, political systems and religions enable a total insight in the continuous process leading to the crucial findings of humans and their attempt to explain the inexplicable. Humans opted for two ways of viewing and explaining all natural phenomena. The first takes scientific discoveries as the basis and is called the realistic method, and the second uses presumptions to reach conclusions that can neither be proven nor negated scientifically: this direction is known as the idealistic approach. The idealists certainly had an advantage, with religion at the head. Aided

by the Church, they provided explanations on the universe and the appearance of humans. They still have an advantage today, although science has progressed so much that it is possible to check most of the idealistic views of the world.

Those with a realistic view of the world have had a difficult task: all achievements and explanations require a scientific basis, both theoretic and practical. Development based on scientifically proven facts has been the right way, which is shown in the fast development of scientific disciplines and technological achievements the world knows today. Clearly, explanations of individual phenomena are based on previous knowledge, so that any scientific discipline develops with newly-discovered evidence or laws. Such an approach had to be based on the principle that each experiment is conducted beginning with the final state, with the consequence, enabling progress towards its origin. The reason for a certain state is found at the end of the investigation and explanation of these phenomena, which brought many scientific disciplines to a situation where some branches have remained incomplete and undefined, or there are no ultimate findings and proofs of the reasons for the existing state.

Taking as an example medicine, whose therapeutic system presently prevails in our society as an exclusive and successful service used for human needs, we can see that it deals with the consequences left on the body by the reasons for the illness. The current picture of medical science shows that it has become one of the most developed scientific disciplines. Simultaneously, one can find that it is at the stage of development where it is still not able to focus on the treatment of the reasons in the period of time when the consequences have not yet appeared in the physical body.

Today, experiments on natural phenomena must have a scientific basis in order to be recognised by the society. Explanations that cannot be scientifically recognised, although they give good results in practice, provide a wide field for study. The society allows the possibility that an experiment has given a positive result, but simultaneously holds on to the standard practice of not recognising this result as a universal law. Thus, the entire documentation vanishes into oblivion or ends up in the archives. This is most obvious in healing with energies, where medicine and our Western religion do not accept the old therapeutic methods, although they cannot ignore the evidence that such healing gives excellent results in practice,

even in the case of illnesses that medicine deems incurable. Healing with life-cosmic energy results in incredible cases of recovered health – cured illnesses that medicine considers incurable, with therapies focused on the healing of the entire body, beginning with the reasons existing in the energy body and all the way to the consequences felt in the physical body, thus providing the possibility for successfully fighting the disease. Medicine is left empty-handed in this case, healing with energy being incomprehensible to it, especially the fact that the therapy does not have any negative consequences for the patient. Positive therapeutic results are achieved, with the therapy either helping the patient or, in some exceptional cases, having no effect at all. Healing with life-cosmic energy entails all three stages in the development of a disease: the cause, the development and the consequences of a disease in an organism, while medicine only treats the consequences visible in the physical body. It only treats the third stage in the development of a disease.

The explanation of the energy approach to healing requires the therapies to achieve results according to both therapeutic fields: the medical system and the energy system, where my rules are set up on an empirical basis, regularly providing a successful and widely acceptable therapeutic method. The chosen method of using life-cosmic energy, described in my three previous books on healing with this energy, is performed on the basis of scientific criteria established through the measurement of energy or spiritual states, and the transformation rules, defined as axioms, always giving excellent therapeutic results in practice.

My method of using life-cosmic energy consists of three stages:

- 1. measurement of the energy level**, which is simultaneously the health status of the measured organ or organism,
- 2. in the case of illness, when there is a lack of energy, healing of the measured energy state, or more precisely, correction of the energy status by using transformation rules**, so that additionally needed energy is directed or channelled to the diseased organ, and
- 3. at the end of the therapy, measurement of its results, i.e. control of the energy procedures**, in order to establish whether the body received the energy needed in the area treated and whether the energy level is that of a healthy organ.

Soon after the therapy, when the energies are in balance, we control the state again, and if the level of energy in the organs is healthy, the therapeutic procedure is completed.

It is possible to say that such therapeutic procedure – measurement, correction or healing, measurement or control – is scientifically acceptable. It is a combination of two systems, the scientific which is based on objective, scientifically verifiable and achieved findings, dictating scientific systems, and my therapeutic practice of many years and the axioms discovered, enabling the formation of universal transformation rules and laws. If one is to master the system of measurement at the energy level and the transformation rules which certainly give positive results in practice, one must accept the combination of these two systems as the basis for a successful therapeutic method.

1. Through history, **measurement** and instruments for measuring energy or spiritual parameters have seen great progress, enabling the development of various techniques of measuring energy levels. In the ancient times, they used simple measuring instruments made of a tree branch, the so-called dowsing rods. Somewhat later, an instrument in the form of an object hanging on a string, known as pendulum, became widespread. These instruments have never given accurate results: in Ancient Egypt, they tried to reduce the errors by making pendulums of different materials and various forms, depending on what they intended to measure. Measurements were only successful with best-trained therapists or, as called today, dowsers, so such measurements could not guarantee accuracy. Thus, an additional rule developed: in order for the result of measurement to be acceptable, two therapists, dowsers, have to obtain the same result for the same measurement, independently of each other.

From the scientific point of view, neither the instruments nor the methods of measurement were acceptable for a very simple reason: scientific methods are based on physical laws applicable on Earth, while the measurement of spiritual, energy parameters is not subjected to these laws, since the temporal and spatial components can be neglected, excluded. This stumbling block between scientific and empirical methods of treating energies still exists today, although coordinated work of two or more independent therapists gives excellent results.

Today, the disappointments experienced when measuring with a pendulum are somewhat mitigated through the use of the eye sensor, which turned out to be an excellent measuring instrument. As opposed to dowsing rods and pendulums, this sensor has no physical limits and reacts immediately, so errors are almost excluded. The therapist's ego negatively affects both the pendulum and the eye sensor, but since the latter reacts quickly, it is easier to be in meditation and obtain an accurate measurement result than with the pendulum, which is slow and needs much time to show the result of measurement. The use of both instruments, the pendulum and the eye sensor, in every measurement enables comparison of results, and such consistent comparison gives more accurate results.

In my practice of long years, I have used the intuitive sensor, which is the most acceptable instrument for measuring spiritual parameters, although it is still unknown to many. Over the last ten years, I have consistently tested the pendulum and the eye sensor to establish their measurement accuracy and find the reason why they give erroneous results in most cases.

The revolutionary discovery I made on the basis of tens of thousands of measurement tests is that the pendulum and the eye sensor, like all other spiritual measuring instruments, are under the direct command of intuition or the therapist's intuitive sensor. Any other explanation of the functioning of pendulums, dowsing rods, L-antennas, biotensors and other measuring tools is wrong, since these measuring devices are certainly managed by our internal control system of energies - the intuition.

All tests made on the instrument response parameter showed that the occurrence of an error depends on the duration of the period elapsing from the asking of the question to the response of the instrument. The percentage of errors in measurement is proportionate to this period of time: the longer the response time of the instrument, the higher the share of errors, and vice versa. Thus, it turned out that the pendulum needs more time to respond; and the longer time needed for meditation and measurement results in a higher percentage of errors. The eye sensor has a short response time and is therefore a much more accurate instrument. There are no such difficulties with the intuitive sensor – it reacts immediately. One can say that the intuitive sensor already has an answer before the measurement starts.

Today it has been scientifically proven that when measurement and healing are conducted at the spiritual level, at the level of energies, with the therapist in the state of meditation, his or her brainwaves are in the alpha-theta state. This discovery enables the work of therapists during measurement and healing to be controlled by scientific instruments. Therapeutic works can be assessed based on the response of the brainwaves during therapy. The education of therapists for work with energies, the success of therapists in healing with life-cosmic energy, their spiritual progress, training and the like are also scientifically confirmed by controlling the brainwaves during such activities. In many countries in the West cooperation between scientific institutions and persons performing energy measurement is still not possible, except in rare cases. The only reason for this is that the society and its legislation give absolute priority to official medicine and its work procedures. This situation will surely change when the society and medical experts recognise successful spiritual laws and work with energies or get involved in the processes of healing with energy.

History teaches us that time will show the truth and, very probably, the future will bring a compromise and reveal a link between physical control and the functioning of energies in our bodies. We can believe that in the near future the society will reach a level where it will understand and accept healing with energy as a normal procedure in achieving health. Perhaps, healing with energy will become one of the fields of medical science, or a specially defined approach to and method of healing or, in other words, maintaining health.

2. Healing, performed after measurement and diagnosing of the organism status, is the second step in therapy. This second part of the work process involves a change in the energy state achieved through transformation: the diseased organs or organism are brought from a state without energy or illness to a state with complete energy or health. A sick organ with no energy at the moment of illness is enabled through therapeutic transformations to obtain the energy needed to recover the healthy state it enjoyed as a healthy organ. This change in energy is achieved by using the system of rules already described in my previous three books on healing with life-cosmic energy. The latter describe how beginner therapists have difficulties to follow the transformation rules, and must learn to use the switch-on/switch-off system well, so that they can instantaneously pass from a stress state into the state

of meditation, where brainwaves are in the alpha-theta state. The alpha-theta state of meditation is the moment in which healing and transformation rules are successful. The change of energy from one state into another, enabled by the transformation rules based on mantra meditation principles, is accompanied by compulsory respect of the energy laws, taking into account scientific findings.

Transformations with which one energy state is changed into another are in fact meditation following the programme set up in our brain. People have known the laws of the brain for a long time: whatever the brain imagines, it realises: it quickly produces a matrix or a programme to enable very easy realisation. The realisation of this idea in the brain is achieved through the system of meditation, which resembles transformation rules. This meditation on the brain matrix must fulfil two conditions:

- the meditation procedure must be performed correctly and there should be no improvisation,
- the duration of the meditation must be long enough.

These two conditions must be fulfilled with a high degree of responsibility if the healing or any other transformation is to be successful. Consequently, we use mantras or, better, secret words whose contents and length guarantee the fulfilment of the above two conditions: the correctness and sufficient duration of meditation. The length of meditation depends on the language used for transformations. If we read a mantric text written in our letters in any language, we need a longer period of time for meditation. If we use pictures and symbols, the language of the brain, the time needed for meditation is reduced to minimum, almost to nothing, and transformations are carried out in a flash.

To design mantras needed for healing, i.e. to form secret words for transformation rules, I conducted thousands of experiments and came to the conclusion that these secret words are actually not secret and that the text of the transformation rules must only fulfil the above mentioned conditions: the text (secret words) must bring us to meditation and the meditation must be long enough for the matrix (brain programme) to get realised. In short, transformation rules are successful if the text is correctly

structured and sufficiently long. We do not even need words: as I have already mentioned, they can be transformed into the language of the brain – pictures and symbols. We see this series of pictures and symbols in the brain, have a quick view of them like watching a movie, perform the transformation and success is guaranteed.

3. Control or measurement of the energy state after performing the transformations, after healing, is the third part of our systematic approach to therapeutic work with life-cosmic energy. The measurement is performed in the same way as in the first procedure of diagnosing areas damaged at the energy level, which showed the energy state of the patient. This control instantaneously enables insight in the results of treatment and independent therapeutic work. Simultaneously, it enables another therapist to check the result of the therapy. Measurement is also a guarantee that the therapy was a success.

Integrated approach to therapy is a method where the whole body is treated to enable it to fight the disease itself. I describe this in detail in my three books on healing with life-cosmic energy. The method demands that, prior to curing the disease, the energy and the physical bodies of the patient are maximally prepared for that. Before therapy, the patient's body is exhausted and unable to defend itself from illness. Therefore, it must be enabled at the level of energy to fight the disease and function normally. My method of healing with energy or therapeutic intervention requires the energy body and then the physical body to be treated first, regardless of the type of disease. When we are sure that the patient's organism received sufficient energy, we help it overcome the disease. The disease is overcome by the patient; the therapist only helps them recover their health by channelling additional energy to the diseased area. The system of healing with life-cosmic energy is totally different from the procedures used by other alternative or medical therapeutic methods known in the West: my system of healing enables the organism to cure the diseased area itself.

Healing with life-cosmic energy is divine, almost always gives a positive result and is a way to quick health recovery without harmful consequences for the organism of the patient and the therapist. The overview and analysis of the data on the treatment of several thousand patients showed that therapy with life-cosmic energy cured over eighty percent of the patients suffering

from all kinds of diseases. This was done with only one to three therapeutic sessions in intervals of two days and some check-ups over the telephone. This system truly enables fast and full recovery of the organism.

The above transformation procedures and integral approach to therapy were needed to analyse life-cosmic energy and its effects and to be able to use them for helping the patients. The results prove that human organism cannot exist unless it receives sufficient amount of life-cosmic energy from the environment. The fact that health can be maintained through regular control of energy in the body is of a universal nature and can be used for all living organisms on Earth. Besides, comparison of esoteric findings from the East and the West shows that life-cosmic energy is not something new, some invented energy, but that this energy had partly already been analysed in the ancient times. It was known that there is a fluid, some energy in the organism when it is healthy, when it is not sick. The majority of information and assumptions about this energy were partly or poorly explained and often wrongly defined. Consequently, in human history, the idea and the beliefs about its existence were very poorly understood, and it was hardly ever used in therapeutic systems. In the ancient times, philosophers made the gravest mistake regarding life energy when they claimed that it was generated by the body itself. In this way they prevented the finding that organisms receive this energy from the environment, from the space outside the body.

As already mentioned, through modern discoveries, all attempts known from historical documents to explain the appearance of life on Earth have turned out to be inexpert and distorted reasoning. It was probably not even possible for explanations of life on Earth to be different in the times preceding scientific and technical development; in that period, humans were at a level of social and technical development where this was the only possible view of the world. It was not possible to scientifically explain what humans lived on, so it was thought that, logically, life on Earth only depended on food. Such view of life limited the right approach to resolving many problems. Therefore, most experts still believe that one should firmly hold on to the medical principles, which unfortunately only heal the disease partly. Likewise, most alternative methods of healing focus on the treatment of illness, of individual sick organs of the body, and forget about the whole organism. For instance, treatment with bioenergy, which is a secondary energy produced through the action of life-cosmic energy on the organism,

cannot give long-term positive results. This method is partial healing: one organ is healed, while the energy of others is damaged, not to mention infections that the unhealthy energy of bioenergy therapists may cause to patients, and vice versa.

It is possible to conclude that the approach has been correct in the last centuries and that there have been attempts to define the parameters of the energy that gives us life on Earth. In the West and the East, in different parts of the world, scientists are trying to define the energy of life, to channel it and to prove that people can live without food and, for some time, even without water. In this way, they try to direct the thought and interest, show that there is an energy that is always present in the organism and creates the conditions for our life on Earth. I named this energy life-cosmic energy and described my findings and its characteristics in three books. In practice, this divine and universal energy confirms the following:

- that its source is in our atmosphere,
- that the organism receives it directly from its surroundings,
- that this energy is very successful in healing, and
- that, used for healing, it produces no harmful consequences for the organism.

The organism receives life-cosmic energy from its surroundings. It uses it for its functioning and protection: around itself, it creates a bioenergy field which is in direct proportion to the amount of energy received. These two joint energies act as primary and secondary electromagnetic fields: The organism receives life-cosmic energy for its needs, to be able to function, and transforms part of this energy into secondary bioenergy field, used for the protection of the organism from the effects of detrimental energies. Bioenergy blocks the flow of life-cosmic energy, which is now outside the bioenergy field. Thus, life-cosmic energy must make its way through the bioenergy field and produces vortexes in it, which some skilled individuals are able to see. We refer to them as points of opening for organs and systems in the body, or chakras, as they are called in India.

Bioenergy is an excellent indicator of the functioning of human organism and of the use of life-cosmic energy, which is also shown in proportion to the correct functioning of our body. For instance: if an organism is

weakened, it receives little life-cosmic energy from its surroundings. Consequently, the bioenergy field gets weak and the chakras are deformed or closed, depending on the flow of energy. Thus, one can measure the state of bioenergy, the state of the aura around the patient's body, diagnose the health status and assess the functioning of all organs and systems in the organism, which is in proportion to the flow of life-cosmic energy.

Now we understand that life-cosmic energy is an elixir of life and that, by providing this energy to the organism, any disease can be healed, even those that the medical science considers incurable. The effect of this energy on our organism cannot be of a harmful nature and is not detrimental, because the organism needs this energy and only accepts, receives and uses the amount of life-cosmic energy that it needs for functioning, no matter how much of this energy is around it. A life-cosmic energy therapist channels this energy in the patient's body and is not in danger to become physically or mentally ill, like in the case of other alternative therapies. Like the patient, the therapist also needs life-cosmic energy. During therapy, when channelling additional energy in the patient's organism, the therapist also receives the necessary energy, thus maintaining his or her own health by healing another.

In practice, all my experiments and discoveries concerning life-cosmic energy, energy enabling us life on Earth, are made according to the measurement method which I have already described in my books and whose nature I have already mentioned above. To name this energy, I used its main elements: enabling life on Earth and being in direct connection with the whole universe. To accept these principles and to be able to use this energy for universal purposes and needs on Earth, in our case for health maintenance, we must learn to follow and respect the natural laws and also to consider the system of spiritual development of individuals on their way to the final goal: learning about spiritual energies and programmes of the soul which take care of the development of our physical form and enable comprehensive functioning in the conditions in which we live.



1. HOW TO BEGIN

Several times during my lectures on energies, I encountered the problem of how to explain a certain energy phenomenon or an effect of this energy on our physical world. The problem is how to choose the right example at the level of the physical world for the description of a phenomenon from the world of energies in order to achieve clear comprehension of these phenomena. Analysing this problem, I came to the conclusion that – despite the technological progress – our Western world is uneducated and – through social systems as well as religious principles – deprived of the ability to grasp the level of spirituality, the level of energies, and the possibility to understand spiritual laws. In the Western countries, societies with a materialistic view of the world and countries where only one religion rules, there is a large gap between the comprehension of spirituality and the physical way of life: the gap is so large that energy phenomena can only be interpreted through the logic of the physical world, which is rather difficult because of certain physical dimensions that do not exist in the world of energies.

Moreover, social systems, education programmes, work processes, various movements and virtually all forms of association aim to set up a targeted management system to realise their programmes and achieve domination. An individual member of the society must be obedient, sufficiently educated, ready to accept the demands of the work processes, creation of teams in certain circumstances and the like in order to enable the achievement of certain goals of the systems and projects planned and managed by the society. This is nothing bad from the position of the ruling class of the society and its development; it is bad because, fulfilling their obligations in order to achieve common goals, individuals spend their available daily time and thus forget about the possibility of their own fulfilment and decision-making. In other words, they lose their freedom. These guided societal systems limit individuals and plot their way to gaining material goods and comfortable lifestyle. Individuals develop their egos: they buy cars and flats, build houses and holiday cottages, purchase yachts, collect and buy expensive and valuable objects, travel around the world, all in order to affirm themselves and prove their success in the system which “guided” them. From certain aspects, this is nothing bad: individuals only

need to know that they trained themselves for and fully adjusted to the achievement of material goals, which prevented them from developing their internal qualities or, as some call it, their inner self. This leads to critical damage at the spiritual level, because people lose their sense of humane, social and ethical principles, which are indispensable for spiritual growth.

1.1. Religion and Church

For almost two thousand years, religion with church in the front has systematically influenced all social movements of all nations of the old continent and, later, around the whole world. Through methods of Christianisation of nations, individuals – new Christians – lost their primal view of the world and, simultaneously, the safety provided by the old beliefs. Christianisation itself was not smooth and without problems; these nations and tribes were physically forced to accept the new religion. To please the conquerors, the rulers of the subdued nations with their political and social concepts accepted Christianity, forcing their own people with military and other means to adopt the new religion. Emptiness appeared in the souls of people who had to quickly forget the old gods and accept new ones even more quickly, so many preferred to face death than to embrace new gods. In cooperation with the political structures of the societies of the enslaved nations, the church exploited this and in most cases adjusted the old gods – the gods of the conquered nations – to the new religion.

With the development of the society, the church did not stop using repressive means to achieve its goals. This proves that its activities are still rather of a political than of religious and educational nature. And it has not become the holder of the spiritual development of the believers, like it was expected. Believers were forced to listen to priests, guided by the principle that the priest is a shepherd and the believer a sheep, and that the priest would certainly lead the sheep to paradise. For a long time, the church did not give up its political ideas, so the process of separating the church from the state only began a few centuries ago. However, despite the firm decision of the society to separate the church from the state, the church has organised itself and influenced the believers through secret systems. Thus, the church is now a shadow government. All these processes made atheists and believers begin to develop their egos and forget about the spiritual components of

humans and the internal qualities of their spirit. Believers have become framed into these doctrines and are forced to blindly accept certain, sometimes distorted, religious principles. Consequently, their spiritual abilities remain undeveloped and their genetic programmes that define spirituality are blocked. Therefore, the present generations did not inherit active genetic programmes for spiritual growth from their ancestors, which greatly hinders understanding of the spiritual world of energies.

One can notice that, through their religious teachings, other cultures – both Hindus in the East and voodoo followers in the West – also try to warn believers that it is not appropriate to pass on their own spiritual principles to Christians or white people, because the latter are not able to comprehend them correctly. All this points to the consequences of the centuries-long influence of the Christian church, where prayers – mantric meditation systems – lost their original purpose and became unsuccessful. They no longer give good results. Force, repression, religious wars, witch hunt, political activity of the church and its choice to pursue material wealth caused heavy damage to the genetic structure of Christians. The programmes of the genes, which define everything in a human, from conception, birth and life to death, have inactive program packages for understanding spirituality: they are blocked. Through generations, genetic programmes for specific activities evolve with their use. If they are not used, they get blocked, degenerate and thus become useless, with people not expressing these characteristics in their lives.

The fight of the church to retain its position in the society resulted in its staff being highly educated people who manage to make the believers obedient and get them to follow their instructions. Thus, all personnel of the church is oriented in pursuit of material wealth under the direct influence of ego. On the other side, believers become obedient, following them humbly and automatically, thinking that they progress spiritually and that they are above the average people. In most cases, these believers with atrophied genetic programmes are not able to participate in spiritual development. And if they try to do so, they must invest large efforts to diminish their religious views and accept spiritual values.

It is not necessary to exclude religion and church from our life, as prayers, when used correctly, can be of much help on the way to spiritual development

and world of energies. We must be aware of the traps created by religion with the political activity of the church, so that today we are not able to accept and use spiritual programmes enabling maintenance of health and happy life. We must make sure that when performing transformations during very brief moments, we turn off in ourselves certain commitments to the church and religious views which influence our psyche; otherwise, there will be little success in spiritual development and gaining of therapeutic skills.

1.2. Ego and Inner Self

The basic condition for a being – in our case human being – to be able to exist on Earth is embedded in the principal natural law requiring each being to be able to function independently and in harmony with the laws of nature, or in other words with God or the universe. This is dualism in nature, with two commands influencing humans: our convictions and functioning based on the knowledge gained and independent life experience, and activities in our body tied to the soul, guardian angel, inner self.

The above cases involving the desire to acquire material wealth emerge under direct influence of independent decision-making, under the influence of ego. People build a house or buy a yacht etc. At the end they die and do not take anything with them. They leave their property to the heirs, who often fight about the division of the inheritance, developing incurable hatred between themselves. In most cases, ego controls people – people work, think, decide and function in their environment based on the knowledge and experience gained since their birth. This programme defines the functioning of individuals and enables them to participate in work processes on the basis of the knowledge gained. The level of education and experience determines their status in the society and at work, as well as their relationships in the environment they live in. Everybody needs ego, otherwise they would lose their personality and would not be able to get included in the society and life on Earth.

On the other hand, the existing natural laws do not allow people to realise the processes that oppose the principles of the universe, laws of nature. Any violation of these natural laws results in the punishment of the physical body, manifested as the cause of illness. The guardian angel or inner self is a helping hand of the natural laws which warns people and their egos

not to oppose to the laws of nature. In principle, people find it difficult to listen to the guardian angel, and mostly decide of their own will according to the knowledge they possess. Therefore, life brings us to a situation where the guardian angel, our soul, our consciousness is under direct influence of ego. Unjustifiably taking control from the guardian angel or the soul, ego commands our body and does not allow the inner self to assess and decide. The inner self or the soul lost its right to take decisions through the fast technological development of the society, with most of the work processes and subsistence activities of individuals being now performed by machines, organisations, associations, rules on life in urban environments, human laws and the like. Individuals surrendered their education, personal protection, defence, nutrition, transport and so on to organisations in the society, thus losing the need to develop intuition for feeling safe and seeking for food, which they can now find in shops with large billboards displaying cleverly devised advertisements. The technological development of the society enables an individual to manage and command its personality by means of ego and not to observe the competences of the inner self, which is now repressed, somewhat hurt and, one can say, humiliated. Ego's revolt against the attempts of the inner self to get activated is mostly expressed as negative traits of a person manifested in the form of hatred, dominance, evil, doing of black magic, violence, crime. These personal traits are under direct control of ego. The worst form of the negative state is destruction of health or poor functioning of the physical body. The excessive desire of ego leads the body to a difficult situation and need for the use of drugs, alcohol, violence, dissatisfaction, and in the end often even to suicide.

Extreme cases where individuals exclusively allow their ego to assume control are shown in them becoming successful in gaining material goods and positions in the society and establishing special relations with people around them. Such persons do not choose their means to achieve high material status. They are no stranger to deceit, lies and crime. One can say that such individuals are at a low reincarnation level, that their humane characteristics have not yet formed and do not have their value. In other words, these people have not developed these characteristic in their lives. They find it easy to achieve their goals over the bodies of others. This group of people can rarely progress spiritually and achieve spiritual qualities. Their efforts always turn in the opposite direction of doing evil

and getting involved in black magic. Unfortunately, any society includes many members of this population, so it is no surprise that all societies have written so many laws to protect their citizens.

On the other hand, individuals with highly developed inner self or the soul who appreciate spiritual characteristics and are not interested much in material wealth and status in the society are not accepted by the people with developed ego and are not in harmony with their material goals. They find it difficult to participate in social activities and can only be successful in areas where the society does not influence them directly, such as independent work or joining special esoteric groups, work in ashrams, life in the mountains far from urban centres and similar environments. This group includes spiritually developed individuals at high reincarnation level. They can be identified by them being successful scientists and experts, or they are known as lecturers on spirituality or write books. Many of them are able to heal.

These two extreme groups with such characteristics are still small compared to the entire population on Earth, but they are visible. Usually, these groups of people do not prevent other individuals outside the groups to choose to learn about energy levels and pursue personal spiritual development. We practically live in the world of ego and its characteristics, with occasional listening to the inner self – mostly in relation to the functions in the organism that we are not aware of. We can only listen to the guardian angel, the soul, when we know the goal and when we control the functioning of ego which produces fear and trauma in such case. We therefore need to intentionally control the functioning of ego and enable the transfer of insights communicated by our soul. Unfortunately, in the material world, ego operates everywhere, in all structures of the society: family, company, political parties, the government and the like. Individuals led by ego are identified by their dominant behaviour. They use their education degree to achieve social status, they are masters in showing authority, prone to cheating and tend to systematically gain wealth. Ultimately, ego's influence on individuals in the material world is not something wrong. It is even necessary if we are aware that money is not life, but only means of living. Money gives the possibility to comfortably manage subsistence needs in the physical world and helps up to fulfil the requirements of our host, the Earth.

Each of us must be aware that ego is indispensable in the material world. On the other hand, if we want to develop spiritually, we urgently need the spiritual component of the body, the inner self, the soul. When passing to the spiritual state, from the state of ego to the state of energy components, we are always hindered by ego's dominance. Indeed, in the beginning the desire for spiritual progress is always triggered by ego, which wants to use spiritual knowledge and skills for its own affirmation. Individuals express this state through their lofty feeling that they will become something special, know something more than others, that the society will respect them and that using of spiritual principles will bring them material wealth – that they will get rich. In this initial stage of spiritual development, ego almost always sets a trap, leading us to goals under its control, pursuit of material wealth and comfortable life. Any individual in this stage of spiritual development must be careful and aware that use of spiritual principles in the material world does not lead to spiritual development, but results in development in the opposite direction, the way to black magic.

The right way to spiritual development is achieved when ego does not disturb us when training and investing energy. Although ego enabled us to begin to invest energy in spiritual goods, it must be blocked, prevented from influencing our spiritual path. In this stage, ego must systematically be eliminated, but should not be hurt and humiliated. Ego is indispensable in our daily lives. We cannot be without our personality in our environment, in the society. We would not be able to adjust to the society and, as such, we would be unacceptable to it. These are two states: the one where ego is indispensable for our daily needs, and the state of spiritual progress where ego is not necessary.

I described the system of how to invest energy in spiritual development in my first book on healing with life-cosmic energy. In the first case, ego is needed for our daily functioning, while in the second case ego is not necessary because we are in the spiritual state, the world of energies. In the book I defined this exchange between ego and inner self as the “switch-on/switch-off” system. I can say that this “switch-on/switch-off” procedure is very acceptable to all of us who live in the material world in the period of technical development on Earth. It is only necessary to learn how to use it at the right moment. We are “switched-on” when we function under the control and leadership of the inner self and operate with energies, perform

transformations, mantras, meditate, pray or train – invest energy in our spiritual development. “Switch-off” means return from the state where we are controlled and led by our inner self to the normal position with ego dominance, to the daily functioning of our personality.

On the average one can say that this passing from one state of consciousness to another is more acceptable to all nations in the Western hemisphere, especially Christians, as they are not adjusted, trained to be able to daily meditate for a long time and persist in the state of meditation.

1.3. Esoteric Techniques and Spirituality

At the end of the nineteenth century and at the beginning of the twentieth century, many spiritually developed individuals were warning that most users of esoteric techniques known in the East transferred this knowledge to the West in the wrong way. Considering the different cultures of the East and the West, users of esoteric techniques in the West have poor understanding of their nature, and incorrectly interpret and perform the programmes. The final results of using oriental techniques are therefore poor, often damaging and even health-threatening. This warning still holds true: users of esoteric techniques brought from the East want to quickly and simply – as characteristic of the Western world – achieve visible success in the society in order to become important persons because they know something that others do not, and the like. Such determination to achieve quick success is led by ego, which sets various traps, misleads these users of oriental esoteric techniques and blocks their spiritual progress. It redirects their thoughts to the logic of the West. Therefore, these individuals are not successful on their way to spiritual development. On the other hand, knowledge of and ability to perform esoteric techniques known among oriental nations and spiritual development have nothing in common. As I have already mentioned, ego is in control with esoteric techniques, falsely glorifying these individuals and misdirecting them, so that they believe that they are spiritually developed individuals. These persons are recognisable by their arrogant behaviour. They believe that they are the elite and “too intelligent”. They are not aware that these esoteric skills must be analysed and considered within the cultural life of the East, and that they should not cherish false feelings of superiority and unconsciously put themselves in the position of a cock crowing on the dunghill.

Let us take as an example a simple discipline, such as car racing, which I described in my books on healing with life-cosmic energy. One can win the first place in the world in car racing and become distinguished in the society as an unbeatable driver of a racing car. However, driving a car is a manipulative ability enabled by the construction of the car. In the competition of different models, the driver can win a good position in the race. The knowledge lies in the team of car constructors, and by no means in the ability of the driver who manages to win races by training: his skills are only useful when he is behind the wheel; without the car, he is just an ordinary person. Comparing the racing car construction team and the driver's skill with the inner self and ego of a person, we find that the constructors are the inner self and the driver's skill is the ego.

Likewise, ego and inner self can be compared to a computer game and winner in this discipline at a competition. The winner – manipulator in front of the computer – is at the level of ego and wants to win competitions; however, the main quality and skills are in the know-how of the programmer of the game, his or her ability to construct, and can be compared to the inner self or the spiritual component of the person. The programmer used his or her ability and spiritual potentials to invent and design this game, showed the skill, expertise and talent, which is a universal quality. The manipulators, users of the computer programme do not know this quality or programme, the way in which this game is designed and programmed. They do not need to know this as their task is to perform the tasks set by the programmer. Their knowledge is useless if there is no computer. The users of the computer programme are at the level of ego and personal desire to achieve the best result in competitions by mastering the tasks set in the programme. The programmer of the game as an expert possessing universal knowledge and functioning under the influence of the spiritual component can be compared to the inner self.

Astrology, one of the esoteric techniques which is very popular in our society, performs a certain analysis based on the information on the position of the planets, date and place of birth and the moment of observation. By calculating these parameters, one can foretell future, determine the characteristics of individuals and much more. This is a typical example where we can compare what is ego and what is spiritual progress, inner self. Astrologists use the known rules of astrology and determine the necessary position points required by the natal horoscope, for instance. The results

of their work depend on the accuracy of the data entered. The rules are known and it is not necessary to think and combine a lot to get an answer to the questions asked. Everything is so clearly defined that the complete knowledge of astrology can be transferred to a computer and obtain the relevant answers from it. The gained knowledge in astrology is ego's component, as well as the gained knowledge of computer work, so it is not a surprise that the contemporary astrologists are lost without a computer, ephemerides and the basic parameters for calculating a horoscope. The author who wrote the rules for the work of an astrologist enabled others to use this knowledge and rules. He or she was an expert and spiritually developed individual, which cannot be said of an astrologist who only uses this knowledge. Astrologists remain at the level of ego, as their knowledge is learned, manipulative, combined and by no means creative, while the author of the rules of astrology was a spiritually developed individual and can freely be compared to inner self.

Numerology, I Ching (yin-yang), Tarot, Runes and the like are esoteric techniques that can be learned and helpfully used for the needs of ego, but nothing more. A spiritually developed and skilful expert was the person who invented the rules for these esoteric techniques; the person who only uses these techniques is certainly not spiritually developed. As I have already mentioned, most of these esoteric techniques use computers and their capacities to help resolve the questions asked, so the users do not have many problems with their work. Knowledge of esoteric techniques is of considerable use to anyone if they value them and use them wisely. The knowledge of these teachings widens the horizon and insight into the physical and energy bodies of humans. It also enriches the knowledge gained through one's vocation and enables successful participation in social processes. There have been cases where scientists became valued and respected not so much owing to their professional skills, but rather because they enhanced their work with esoteric teachings. There is no human activity that could not be enriched and improved with the knowledge of these physically-undefined systems, esoteric possibilities.

It is good to know, study and master esoteric techniques, but we must be aware of misconceptions and dangers involved in the work with this knowledge and use of these techniques. To begin with, we must be aware that knowledge of these techniques is not a spiritual ability and that we must develop a

critical attitude towards the use of these techniques, which can gradually enslave us, limit us and prevent us from progressing spiritually. The consequences of work with esoteric techniques can be very dangerous for life, and it is no wonder that many users of these techniques seek medical aid and many need a psychotherapist. One can say that they become addicts who need therapy and disabled people from the point of view of the society. It has to be emphasised that incorrect use of esoteric techniques is often the main reason for the appearance of incurable diseases and short life.

1.4. Education and Psychology

Education is beneficial to any person: it brings advantages in everyday life, enables wide horizons and different knowledge, successful career, possibilities to get included in the environment, in the society, and wider, in international organisations. Erudition gives the possibility of insight and understanding of various topics, insight in other and different ways of thinking, learning of different knowledge and philosophies, as well as the possibility to obtain answers for daily needs at the physical or spiritual levels of life. Knowledge gained through education certainly helps spiritual growth, learning of spiritual values and ways to achieve the goals set. However, we must be aware that education itself does not mean spiritual progress. Without education it is difficult to understand the spiritual values and work processes, but high education is not a condition for spiritual progress. Not only in the history, but also today, one can encounter many individuals without formal education who are nevertheless spiritually highly developed. As I have already described in the books on healing with life-cosmic energy, education – which can bring good or bad knowledge – is obtained by learning, while spirituality is achieved by training, investing of energy. The reward for the work invested is certain spiritual capacities that can be expressed and proven in practice. One can roughly compare and say that education is the theoretical preparation for physical life and that training is a way to spirituality and achievement of supreme abilities. Education in a single direction leads an individual to a narrow understanding of the natural laws and social developments. We can only expect such experts to produce good results in the fields they are specialised in and at the level of ego. The results of spiritual growth of individuals, which is also achieved by those with no education, are the same, because appropriate training is needed for spiritual progress and achievement of spiritual qualities. The difference

is that an uneducated individual masters certain spiritual disciplines and is happy with that, while an educated person uses this knowledge for other purposes and certainly raises his or her education to the maximum level of quality. High and specialised education can hinder and prevent learning and spiritual progress, but that truly depends on an individual's approach to spiritual teachings. To conclude, one can say that education, literature, lectures, seminars and courses on spiritual progress are indispensable. However, these activities are not responsible for the final success, because any educated or uneducated individual can become a good therapist with life-cosmic energy by working and investing energy.

Today, psychology and certain sciences derived from it are often misunderstood. These teachings are presented as a scientific method that is highly beneficial for spiritual growth. It is believed that they are the best basis for spiritual development. But that is not true. Psychology is a science that is tightly connected with the physical functioning of humans, their logic and responses to the laws of the society. Therefore, this discipline can freely be ascribed to the needs of the ego system. One would expect psychology to be a link between the physical and the energy bodies, that it would help on the way to spiritual development, but that is a large mistake. The development of psychology enabled us to learn about humans and their behaviour in the society and outside it. However, its therapeutic methods, for instance, negate any common sense. Psychotherapists perform hundreds of sessions to cure a certain personal trait (and are mostly unsuccessful), but this trait can be cured with a couple of energy therapies.

Owing to erroneous and deficient understanding of the spiritual level of humans, most social systems in the East and the West award psychologists a status of spiritually intelligent experts. In this way, they give them the right to manage all information flows and systems in the society for their benefit, in the direction of psychological knowledge. With incorrect and deficient information about spiritual systems and laws of energy, the mass media under the influence of psychologists cause irreparable damage to masses of people who use this literature, misleading them by erroneous explanations of spiritual laws and thus blocking their way to spiritual development. In fact, psychologists distinguished by the society as "authorities" in spiritual knowledge mislead all societal structures and prevent them from correctly

understanding the way to spiritual progress, exploiting spiritual laws, and especially using the existing spiritual possibility for healing, maintaining of health and life without illness, happy life on Earth.

Psychologists can be highly developed people known for their work, books and systems for spiritual development of individuals. They write books, translate works of foreign authors, adjust esoteric literature to their principles and system for spiritual progress. We can learn much useful knowledge from them, because they are aware that esoteric knowledge helped them complete their own skills and achieve professional success, choose the right way to spiritual development and thus for instance enrich the science of psychology. It is useful to know psychology, but we must be aware that this science is not responsible for spiritual development and that it most often misleads individuals and takes them in the opposite direction. It convinces them of false knowledge on spirituality and spiritual laws.

Any individual who intends to follow spiritual directions must know that without literature, education, appropriate courses and lectures the path to achieving spiritual values is thorny. It is very important to know that today one can find uneducated people who are spiritually highly developed everywhere. They differ from other spiritually developed individuals by them being talented for individual spiritual branches, such as clairvoyance, experts in the treatment of the skeleton, familiar with the properties of medicinal herbs, makers of balms and so on. It is also not rare that individual rural women who are illiterate and do not know psychology are excellent foretellers, know healing, know astral flying, master extrasensory perception and considerably differ from people around them due to their abilities.

The aim of my analysis is not to criticise education, psychology and esoteric techniques, as that would truly be absurd: it is only a warning to any individual that on the way to spiritual development these scientific disciplines may mislead them, take them to the wrong path of ego and physical world, where they may experience false convictions and fall into ego's traps. Such awareness prevents them from blindly following personal education, knowledge of psychology, esoteric disciplines and the like. It helps them in several ways in the efforts and use of personal energy to achieve spiritual progress and get an insight into the world of energies. It is almost impossible to correct the mistakes of erroneous spiritual education

and energy invested in it, because such individuals develop negative characteristics, choose the wrong approach to spiritual development, accept misconceptions created by ego and very often achieve their goals by using black magic: it is possible to say that they never achieve spiritual knowledge and never experience enlightenment.

1.5. Theory and Practice

Any individual first wants to learn the discipline of spiritual development that helps them succeed, the right way to learn and principle of work to be able to correctly invest their energy in spiritual development. This misleads many, because they are quickly satisfied with partial knowledge and insight in directions of spiritual development. Ego tricks them and convinces them that they have achieved a high spiritual level, that they are already in the world of energies and that they must pass this knowledge to others as soon as possible. Most of them are not aware that they are wrong, that their deficient knowledge passed on to others through various courses and lectures is dangerous, and that such inexperienced lectures create blockades in the attendees, causing illnesses in most cases. There are many individuals who visited India as tourists, read a book on esoteric teachings, attained a quick course of an esoteric discipline, and they already begin to lecture and teach others about spiritual systems and energies of the universe.

In this book I cannot also include those authors who founded various schools and wrote books which clearly show that they are wrong and that they are not familiar with energies, that spirituality remained incomprehensible and unclear to them. There are also individuals of various disciplines who, although not being familiar with spirituality, write articles and books based on their professional views, convincing others about energies and spiritual qualities. It is especially difficult to understand the activities of certain psychologists who call themselves numerologists and astrologists and try to prove that their explanations about energies are correct and that one should not doubt their explanations due to their authority. Such dabblers are supported by certain media outlets. Since journalists are not familiar with spiritual matters, they give them an exclusive right to speak of energies in newspapers and electronic media and to “expertly” assess the therapeutic work of individuals in our society. This illogical situation in the view of spirituality taken by the mass media in our society certainly

affects anyone who reads this literature or follows such media. Such poor information about spirituality impoverishes the society, misleading individuals craving for spiritual knowledge and preventing them from finding the right way of using these divine qualities.

Practice, work and persistence are of vital importance and the basis for achieving certain spiritual values, qualities. If they are enriched with the spiritual principles and theoretical knowledge of other scientific disciplines, they enable universal use of the spiritual abilities gained. As I have already mentioned, with initial exercises for spiritual growth or exercises for a therapist with life-cosmic energy, there is no need to worry about personal education: one has to practice and systematically invest energy until the goal is achieved. I repeat the example I have already described: when I asked one of the candidate therapists at a course to explain how she performed the transformation procedure, as she was the only one who did it successfully in the group, she answered somewhat frightened: "I did it like you said." She was very surprised with her success. She took it with a slight disbelief and she was uncomfortable because she did it, while her friends who had trained for a quite some time and who brought her to the course did not. This case shows that she was not burdened with previous knowledge, philosophy and influence of ego. She worked as a cleaning lady and was not burdened with different views of transformations. She performed the whole procedure in the way I explained and was therefore successful. She had no previous knowledge of mediation, like her friends, who failed to perform transformations because they were thinking and understood the procedures in the exercise in a different way. At the courses, some accept my instructions as they are and therefore succeed. Others are disturbed by ego, seeking for different explanations based on their knowledge and experience, creating distrust and enforcing their own view of transformations, and imposing their own solutions which are basically wrong. It is therefore no wonder that they fail.

By training, some individuals very quickly achieve good results and progress spiritually, but most need to train for a long time to reach their goal. Some never manage to do so. Some scientists do not yet accept spiritual laws, but know that these laws are successful in therapies, when the therapist's brainwaves are around 8Hz (cycles per second). This state is known as alpha-theta state. It should be mentioned that ego does not

affect the therapist in this state and that one should adjust oneself to this state to be able to perform transformations and complex processes of spiritual activities.

The abovementioned principles, examples, instructions, as well as warnings regarding the use of certain spiritual skills and laws may be universally used at all levels of physical life, such as functioning in the family, society, politics, religion, education, hobbies, science and the like. Spiritual laws are part of our life. Therefore, we should get to know them, assess the traps of ego and learn how it influences us, correctly define the spiritual states through which we can certainly enter the correct state of meditation, where success at the spiritual level is guaranteed, so that we can get a better insight into the reality around us.



1. Learn the exercises to master certain spiritual activities. Carefully perform all procedures, strictly and exactly according to the instructions. When performing transformations, it is important to make yourself not to think, not to judge, not to doubt and not to correct the text of the mantra. Take all the instructions as unchangeable, the sole truth.

2. Begin to train, invest your energy, repeat all the transformation procedures for so long that they become part of your personality. You will be rewarded for this work with recognition in spiritual form: your therapies will become successful, you will be able to transfer divine principles and be very successful in healing.



2. ENERGIES

We obtain the first information about energies in physics classes in school. The complexity of the programme attended by students depends on the type and level of school. These physical laws are useful to us to be able to use energies, exploit them for our benefit, for our earthly needs, and achieve great success in overcoming of certain obstacles that we cannot overcome with our bodies alone. Basically, energies have been divided and classified as mechanical, thermal, electrical, chemical, solar, although they are in fact connected and inseparable. According to terrestrial classification, each kind of energy has certain properties and characteristics, as well as a common denominator: they cannot be lost or destroyed, but only pass from one form to another, from one kind of energy to another. For instance, the mechanical energy of water or wind can be transformed to electrical energy, the electrical energy in the oven is transformed to thermal energy, thermal energy is used to boil water, so in the end we can make coffee or something more useful, such as lunch.

The above example shows that energies that we divided in physics are in fact connected and can be transformed to different forms and ways of functioning. In the evolution, humans used these properties to their advantage to make various aids, enabling them a more comfortable lifestyle, easier resolving of problems. From the simple bow and arrow, with which humans expanded their energy to catch an animal for food, via wooden plough, with which they started to exploit animal power to farm land, they began to develop complicated devices using the energy of water and wind. In the history, this period is known as the birth of the technical revolution.

2.1. Machines and Energy

Through their evolution, from the initial primitive devices used for daily work humans began to also develop complex machines, exploiting the transformation of one kind of energy into another. This enabled them fast technical progress. These first machines were equipped with additional units which functioned independently. Devices used different energies for different purposes. Let us take as an example a watermill, used for

grinding seeds and producing flour. The procedure is the following: water energy is transmitted to the blades of the waterwheel, from where it is conveyed to millstones, which grind the wheat and produce flour. The mill simply conveys water energy, converting it to mechanical energy that activates the mill mechanism. Humans quickly began to use the energy of animals as driving power, enabling them a higher social standard and better life. Skipping thousands of years in human evolution in which human and animal power was used to get to the beginning of the technical revolution, we will find that the basis of all devices is conversion of one kind of energy to another and exploitation of natural fuels. The steam engine uses the energy of coal burning, converted to thermal energy. The thermal energy heats and changes the physical state of water to steam. Pressurised steam is used for machines that drive locomotives, ships, mills, power generators, weaving machines and so on.

The logic of producing any machine is based on the desire to make machines work instead of humans, to do what they cannot do themselves. Logically, all work procedures of machines are exclusively under their command. Machines are operated by humans. They give commands and machines perform the tasks by converting different energies. Let us take as an example a car operated by a person: a car uses the burning of oil derivatives as driving power and can take us from one place to another. It can also transport a huge load to a certain place. We simply sit comfortably and operate the machine. One can say that the car has a human being as its soul. Operating it, the latter makes it alive and useful. But when the driver gets out of the car, the latter becomes useless. Comparing a person and a car, we can say that there is great similarity: humans are commanded by their soul, operating their functional systems. When the soul leaves the body, it becomes useless, or in other words dead.

The development of the systems of operating machines by direct execution of commands through mechanical transmission and the use of advantages brought by electronics resulted in the construction of machines that independently execute all the procedures for the benefit of humans. Totally independent machines are called automats or robots. Robots contain a part that, when activated, assumes command of operation and control of the functioning of all operations of the machine until the end of the process, when the machine is turned off manually or automatically. Robots have a

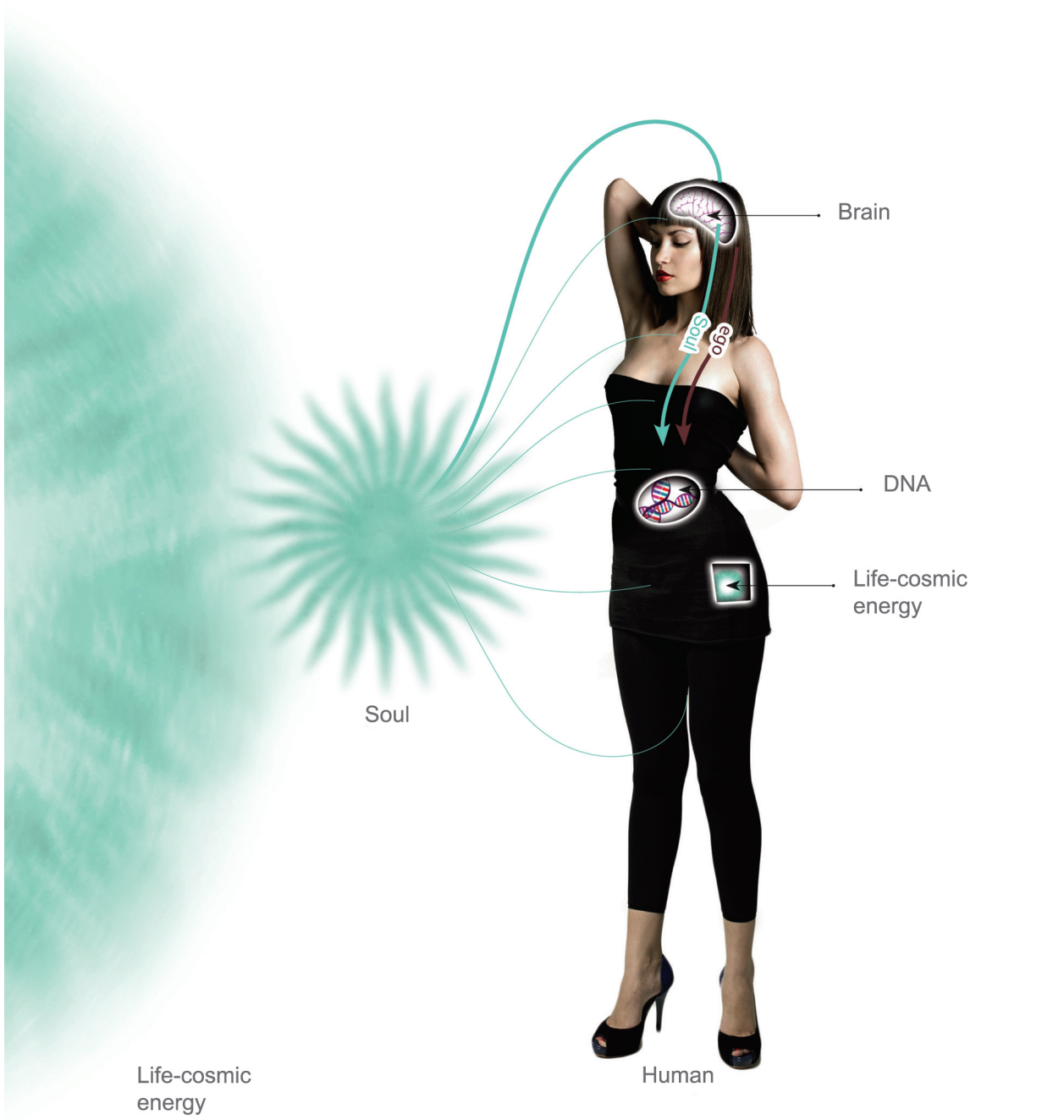
“brain” – a processor facilitating the operation and performance of certain functions, and an intelligent programmer who enabled the robot to have a brain and a soul. The soul of any machine is a human being who wrote its programme and enabled independent operation through the processor, the brain, the command unit of the machine. These programmes are such that the processor can perform them as orders and operate the robot so that it correctly performs all its tasks. As we can see, a robot’s soul is a human being, its processor is its brain, and the programmes written for the robot’s processor represent the programmes of human genes.

2.2. Humanoids

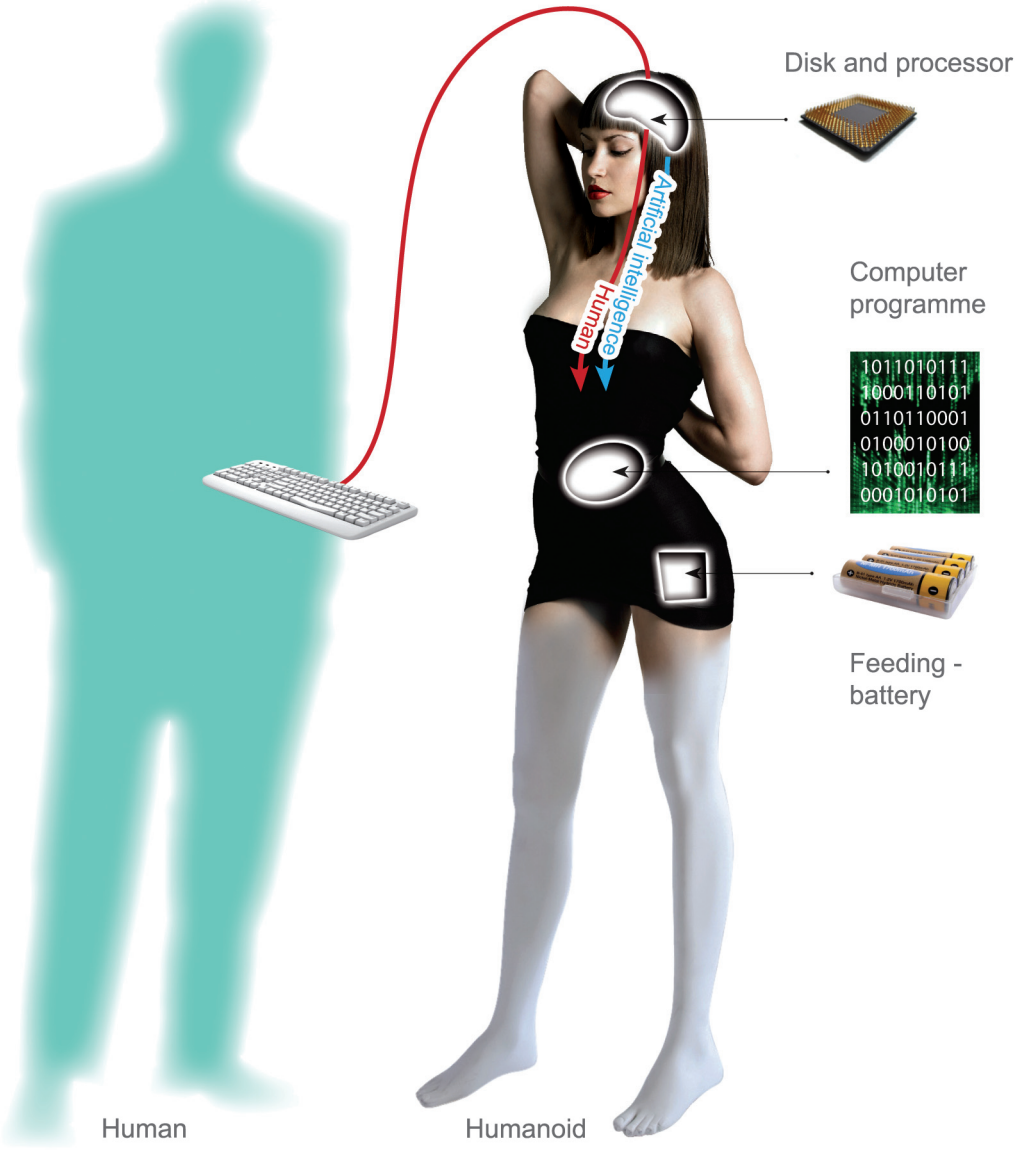
Robots in human shape and with the task to simulate the movements and functioning of humans are called humanoids. The construction of such robots more or less serves the constructors to show that their company is able to manufacture state-of-the-art products, and is not really of much use to people. The design and manufacture of humanoids is very advanced and, considering the technological achievements of today, they can expectedly surpass many physical abilities of humans. A popular humanoid is certainly a football player that independently plays football, actively participates in its team and is able to act as playmaker. In Japan they already tailor-make robots to resemble the owner, so that it is difficult to tell which is human and which is robot when they walk next to each other.

The functions of a humanoid are most easily presented by comparing them to the original, to a human being. A robot was designed by people, a human being was created by God. The robot’s computer with the processor represents the brain of a person, its computer programmes represent the DNA programmes found in each cell of a human body etc. We can thus compare all the functions in the organism, which is logical since humanoids are designed by comparing them with human functions. Today, it is difficult to say that a robot is able to replace a person, or that we live in fear that automats might attack us, as shown in some science fiction movies.

Here, our common task is to discern how the human organism functions according to the laws of nature by systematically analysing different machines and their functioning, and comparing different energies produced in these work processes. This approach to learning about humans and their dependence on the laws of nature will enable us to maintain a healthy organism by appropriately influencing these laws.



Comparison of a human being...



... and a humanoid

2.3. Driving Power

Any device, machine, aid and the like with which we want to do something must have the right energy. That is the energy driving these devices and enabling a device – through the use of different energies – to perform its task. As we have seen, before constructing aids and machines, people used their own energy – the energy of their bodies – to perform a certain task. Chronologically, human energy was first used, then animal power, and then natural resources like the energy of water and wind were exploited. In the period of technical development, humans use the energy derived from the burning of wood, coal and oil derivatives or, in the words of experts, fossil energy.

The simplest way to present the need of any device for energy is to have a look at a car and its functioning: a car is only able to drive if there is enough fuel in the tank.

Today, the use of classical or fossil fuels has reached its maximum, bringing large risks, polluting the environment and threatening our health. People return to the use of natural energies, such as wind, water or sun, so it is expected that soon there will be machines using the energy of nature or the universe. The universe is an inexhaustible source of energy and today, when we live in the period of conquering endless spaces outside Earth, we can follow information about the use of natural potentials to supply energy to the devices that people sent to the universe to learn about it.

Analysing various machines and the use of energies needed by individual components of machines, one finds that each functional machine part has the relevant energy for normal functioning. Thus, commands in most devices are mutually connected and use electrical energy, which is the most appropriate for these purposes. The overall functioning of all devices and their systems is tied to one source energy, the fuel, from which all the necessary energies are derived by converting one kind of energy to another.

Humanoids normally use electrical power as the fuel – a battery producing electricity through a chemical process. The robot transforms electrical energy into different forms needed for its functioning and defined by a human being as its creator.

2.4. Driving Power Required by People

Comparing once again humans and robots, we find that robots have a form of computer and its processor – humans have the brain. Robots have computer programmes for the functioning of individual parts – humans have genes in DNA and their programme structure. Robots have batteries to feed them – so we can also expect humans to have energy for their operation, enabling full functioning of all organs and systems in the body. Roughly, we can accept this comparison of robots and humans: robots require energy for their functioning and they get it from a special source, from the driving power, from fuel. Humans as living organisms do not obtain energy for the needs of the organs and systems in the body by simply converting one kind of energy into another, but take individual energies required from the universal energy. The universal energy used by organisms has specific, unexpected characteristics and forms, tied to the energy of the Earth and under direct influence of the universe.

Human organism is under influence of various energies in the environment, in Earth's atmosphere, so one can freely say that our body is submerged in the energy of life. It is exactly because of this use of universal energy that humans cannot live outside its conditions. To keep on living, people must breathe, use oxygen found everywhere around us. In the same way, organs and systems in the body take the relevant energies suiting their needs from the environment, the atmosphere. We can say that the driving power of humans and their survival is the Earth's atmosphere, which takes care that organisms on Earth have sufficient amount of it so that they can function physically.

I have already mentioned in my books on life-cosmic energy that, for over three thousand years, people have tried to understand and define the energy, the fuel feeding their bodies. They contemplated on the definition of energy created in a healthy body, on the source of this energy in light. They presumed that this energy was from different sources in the universe, that life is enabled by the energy of the sun, or defined this energy as a source of infinite potential located somewhere in the centre of the universe. They were all partly right. Together, they came close to the final solution. The energy required for the functioning of the organism comes essentially from the sun and its light, but this energy is influenced by all planets and

the whole universe. In fact, the energy of the universe combines with the energy of Earth, thus giving all the necessary parameters required for the development of living organisms on Earth and the suiting energy as the driving power. As I have mentioned, the power, energy needed to living organism does not come in the body from a limited source; the body is submerged in this energy and directly fed from this limitless source. Let us take as an example a piece of dry wood and submerge it in water: water will penetrate the wood from all sides. In the same way, the body is submerged in the energy of life and draws this energy directly from all sides, through all points of touch, as necessary. The respiratory system of our organism functions in a similar way: it takes oxygen from the universal atmosphere that is all around us – we are submerged in the atmosphere full of oxygen.

My rough presentation of the life energy around us is a new way of viewing human life and its dependence on mother Earth. I made thousands of experiments and measurements which confirm that all living organisms are immersed in the energy required for their life. Unfortunately, my discoveries put all existing thesis and theories about life energy into question, and all these have to be re-examined and proven. Any therapist who is spiritually mature and able to use all instruments for measuring spiritual energies will certainly be able to prove that our body is immersed in the energy required for its life.

It will still take much time, work, effort and experiments to get to know all the parameters of energy needed for life, the driving power of our body. I call this energy of life, found all around us, “life-cosmic energy” for a simple reason: the word “life” means that we need to live, and “cosmic” means that this energy is under direct influence of the universe.



1. Human body needs energy, driving power or fuel for the functioning of all organs and systems of the physical body. No organ or system in the body can function correctly without a sufficient amount of this energy.

2. I call the energy required by our body to function normally life- (we need it to live) cosmic (created by cosmos) energy. Life-cosmic energy is found everywhere on Earth; the Earth, as well as our body, is submerged in it.

3. Our body directly receives life energy, like the respiratory system: the lungs are directly connected with air, oxygen, Earth's atmosphere.





3. LIFE ENERGY

The energy I described in my books on healing with life-cosmic energy, the way in which therapists use its capacities, as well as the partial presentation of its characteristics in the previous chapter are the basis and a new approach to full insight in the conditions of life and comprehension of the dependence of our existence on Earth on the energy that gives us life. Let us remember the literature and theses that we are beings of light and that light is the condition for our survival on Earth, as well as similar theories written hundreds of years ago. They were right that light is the key condition for the existence of living beings on Earth. However, we cannot agree that we only depend on light. In the past, there have been several cases where people lived without light for a long time without any severe consequences. It is also not possible to accept that we directly depend on the sun and its energy, since all those who work in mines and similar closed spaced would have troubles working in such conditions. They would suffer and face harsh consequences for their organism. It is also not possible to agree with the theory that the only energy that gives us life is the sun of infinite potential found somewhere in the centre of the universe.

All these theories about life energy in the past were not totally wrong. Such concept of life energy was based on the explanations, understanding of the matter and knowledge of people at that time. In better words, people only knew energies partly, and they used this knowledge to try to explain what living beings depended on. A doubt in their understanding of life energy is most often raised by their inaccurate perception of this energy, which some defined as a visible source. They marked this point of energy source and lectured that this energy influenced the organism directly from this point. Although some theoreticians still believe so, science has progressed sufficiently not to accept such theses. Now is the time of technical development and conquering of the universe, so one should expand the view of energy that gives us life beyond all abovementioned elements, such as light, the sun or some imagined source in the centre of the universe. I have made thousands of tests and comparisons in the nature in order to define the energy that influences all living organisms. The test results showed that this energy is present everywhere around us, that it is part of our atmosphere, that the entire planet and all beings are submerged in it. The largest discovery is that this

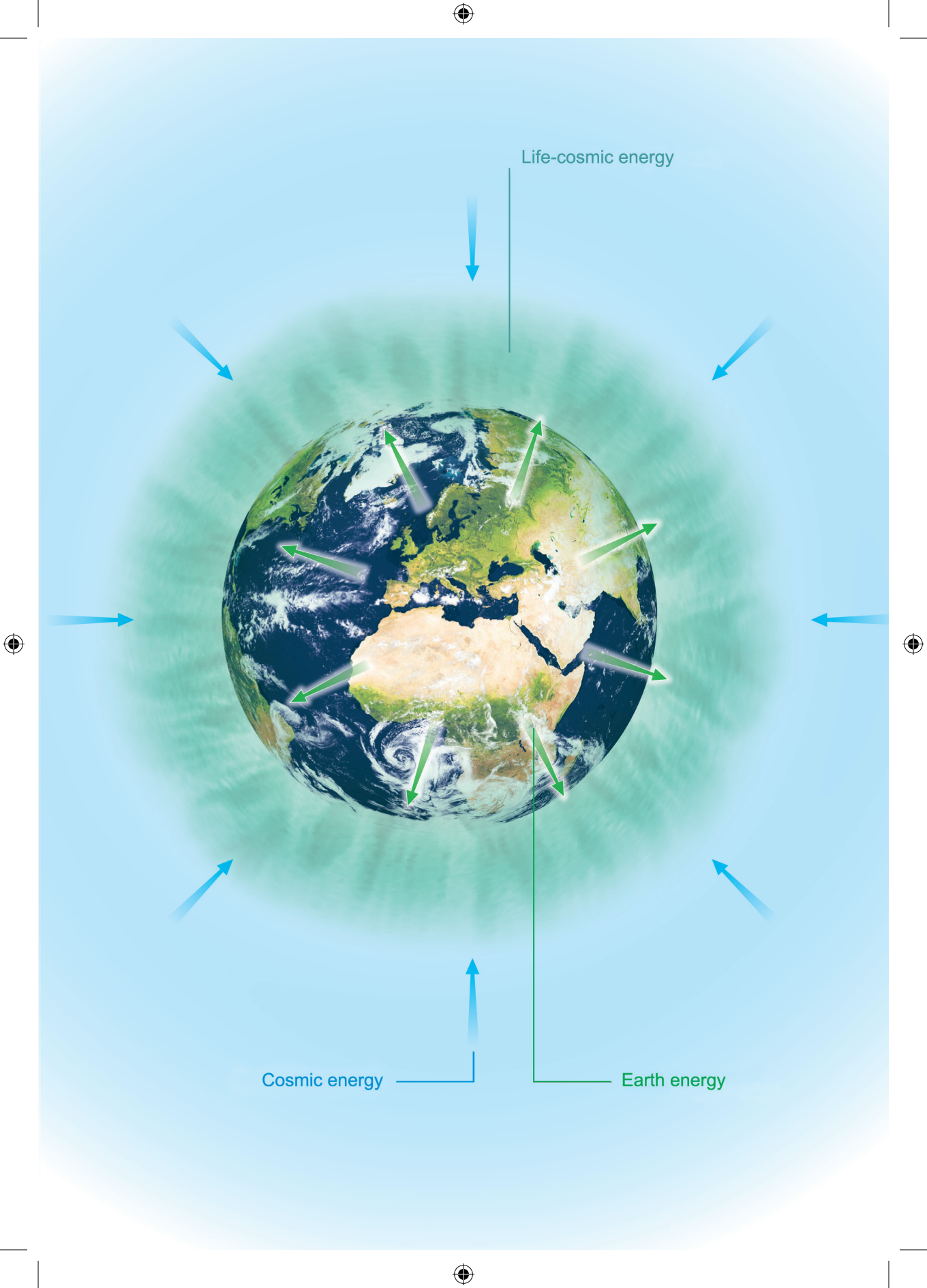
energy directly feeds all organisms and that it indeed is the basic condition for the appearance and existence of life on Earth. This energy of life, life-cosmic energy does not come from anywhere; it is here around our body. We are immersed in it like fish in water, and our organism draws it directly and uses it for its needs.

3.1. Earth and the Universe

In the system of the universe, Earth receives the most of the energy from the Sun, which emits energy to all sides. Most probably, the position of Earth and its revolving around the Sun enabled the appearance of the conditions for life known today. Like the Sun, all other factors, such as the planets, galaxies and the whole universe, also create energy on Earth. One can say that Earth with its energy and evolution created life, or that energy beings chose Earth and its conditions to create life on it. In both cases, we find that creation of life on Earth is always accompanied by an agreement, a special state in the universe that is responsible for the appearance of living beings. Life-cosmic energy is everywhere around us. Living organisms developed a system for regulating energy and managing the reception of energy. That is the basis of the law that enables us to understand the functioning of energy processes in our bodies.

On the surface of Earth, beneath it and above it, there is everything that is required for the functioning of living organisms. There is the driving or life-cosmic energy for all beings. Different conditions on Earth determined various living organisms, adjusted to their environment. We can conclude that our life on Earth is comfortable and that it will continue to be so in the future. We do not have to invent sources of life found in the universe, energy bases set up in certain locations, worlds of higher ranks above us on Earth and the like; all processes of life take place here on Earth where we live.

Our life on Earth is not separated from the functioning of the universe. Earth itself and life on it are part of the complete cosmic system and its functioning. That is a fact that must be accepted, although many still find this difficult to understand. Infinity and nothing in the universe are similar to beginning and the end, or the end and the beginning. Physics teaches us that energies used today cannot get lost. However, intensity falls with



Life-cosmic energy

Cosmic energy

Earth energy

the distance from the source or when one form converts to another. This is a significant difference compared to spiritual energies. Humans did not make a mistake when they defined the energies of Earth and determined the laws of their functioning, since these energies are also the energies of the universe. These differences between the energies of Earth and the universe or spiritual energies appeared due to the creation of mathematical modules for energies of Earth and forming of equations to represent their behaviour. Consequently, they had to be put in certain frameworks, comprehensible to humans.

Spiritual energies do not have human or, better said, physical limitations. Therefore, they must be accepted and analysed as undefined, omnipresent, complete and integral energies. Likewise, physical energies must also finally be freed of mathematical frameworks and be given cosmic properties. A critical approach must be taken towards Newton's and Einstein's proofs regarding energies on Earth. Physical energies known to us must be put in the same position as spiritual energies. Limitations should be removed from them. We should set up a new mathematical model, which will first help us understand the natural laws concerning the other part of energies, the laws of the universe important for our lives. Today, strict and blind acceptance of physical laws totally blocks the understanding of the natural and spiritual principles. Most individuals cannot grasp, cannot understand the real world of energies, and cannot make a step forward in the comprehension of the universe to raise their insight to a higher level of consciousness.

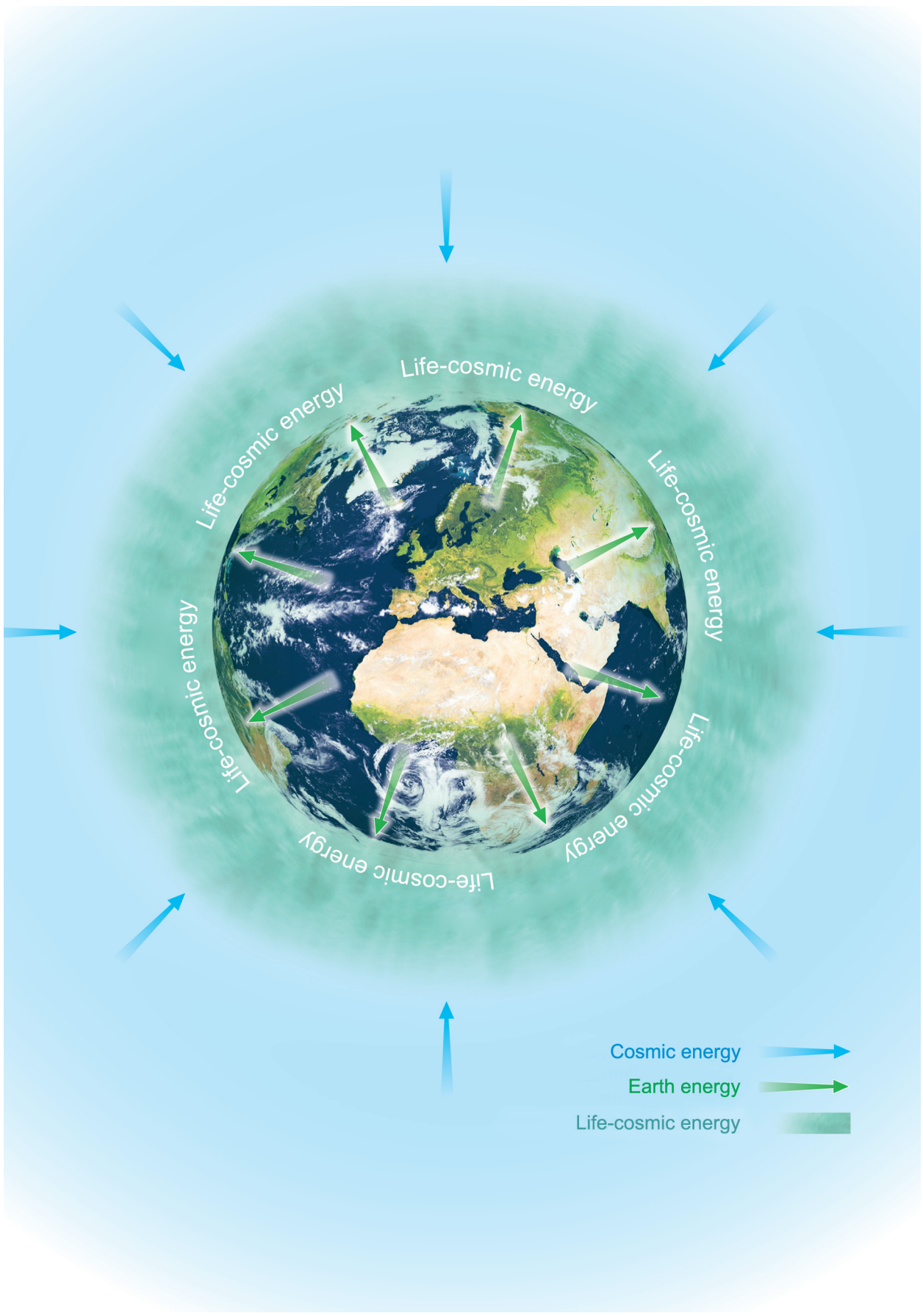
Life-cosmic energy cannot be put into frames, be limited by the known mathematical module and be given physical properties. However, although this cannot be done for the entire notion of energy, it can be done for the part of energy that is tightly connected to the functioning on Earth, to the concept and laws of the traditional physics. Nevertheless, it must finally be accepted that this energy is cosmic energy which functions without the physical components of distance and time, that it is found everywhere around us and that it is not limited by any condition. Thus we can associate life-cosmic energy with various characteristics and spiritual knowledge, and accept practical evidence on the functioning of spiritual energies as laws, as axioms. Thus, on the basis of empirical evidence, we can employ this energy usefully for the

needs in our life. The use of this energy in healing gives divine results, since it does not have any detrimental consequences for the health of the organism.

3.2. Energy of the Universe and Earth

We have learned that life-cosmic energy is the fuel enabling us life on Earth, that it is found everywhere around us – the entire Earth, every part of it, is saturated with it. This means that not only humans, but the entire planet is submerged in the energy of life. Therefore, this energy is also available in the parts of Earth that are not yet accessible to people. Living beings, the form of life we know today, are the most comfortable on the surface of Earth, not because there is more or less energy there, but because Earth creates additional conditions, so its surface is the most appropriate for living organisms.

If we compare two forms of life, that on land and the one in water, we find that all forms of life are adjusted to the place where they live. This is dictated by Earth, which decides what form of life can exist in each its part. Like everywhere, this case also follows the law of duality, present in the universe: the universe commands the energy, and Earth determines the forms of physical life that can develop at a certain location. People are adapted to life on the surface and it is difficult for them to live deep underground. They can also not live in the sea without aids that provide them protection and sufficient oxygen. Similarly, fish cannot live on land or survive deep in the ocean, if they are not adapted to that. Life is possible in each part of the world where there are no extreme temperatures. The physical body forms are such that they meet the conditions. For instance, there are different conditions on the surface, where pressure is low, and in the depths of the ocean, where living organisms are burdened with high pressure. Scientists know what form of life is possible deep in the sea. At the depth of eight to ten thousand metres, organisms have a simple spiral-like body forms. In the end, we can say that life-cosmic energy is found everywhere on Earth and has the same effect on all organisms, and that different body forms only appeared due to different conditions on Earth, in locations where these organisms emerged. Species of living organisms influence each other, but in this form of analysis we can consider these conditions to represent the law of survival and these influences can be neglected.



3.3. Earth and Living Organisms

Living organisms, in our case humans, have their home on the surface of Earth, because the two abovementioned conditions are fulfilled:

- the **cosmic** condition – they use life-cosmic energy as fuel, and
- the **terrestrial** condition – their physical body is adapted to the conditions for life on the surface of Earth, in the part of Earth where we live.

I have already described that if a human or any other living being wants to change the place of living, they need additional means to adjust to the new conditions. With technical means, we create elements for life that are missing in the new environment. For instance, people need a submarine or something similar to create the conditions for life under water. Similarly, human body must adapt to life in the universe, for which people need technologically adjusted devices, space suits, rockets and space stations to create the conditions for life that they have on Earth. If all the conditions are not met, that has visible negative consequences for human organism, for astronauts. For example, human bones suffer because in the universe there is no corresponding gravitation, as scientists have not yet succeeded to create one. Today, scientists know how to make a machine, a spaceship, to take people to Mars or some other planet. The problem is how to prepare astronauts for such a travel in changed conditions – the influences of the universe – when they go to the planet and when they return to Earth.

Our food in the form of energy, life-cosmic energy, is not a problem when living conditions change, since it is found everywhere; problems appear for the physical body, because in the new conditions we must replace the parameters that we have on Earth and protect ourselves from the energies to which our bodies are not adapted. Since people meet the conditions for life on earth, they are tied to it. They are terrestrial beings and part of Earth. We are not yet able to construct adaptation devices for general use, and we are tied to the time and technical development which will enable us to independently change living conditions and transit from environment to environment, from one dimension to another.

3.4. Body and Energies

A logical conclusion of the above analysis shows that our bodies are not as independent as it seems: they are tied to the conditions set by our planet. Life-cosmic energy, energy of life, does not represent a problem when people change the environment they live in. It is found everywhere around us on Earth and outside it, and we can use it universally. However, Earth requires the fulfilment of all the conditions dictating the form of the body and life on it. Organisms must fulfil both conditions, the cosmic and the terrestrial, to be able to live normally on Earth. People adjust to life in different conditions by technical means, so technical development will enable much more possibilities to use other environments. This is not an irresolvable problem. The problem is how to influence the cosmic requirements and energies that people still do not have under control, since any blocking of the passing of life-cosmic energy into human body is a visible cause of disease.

When analysing the energies in human organism, we can generally compare the behaviour of the body with any machine. Although machines are far more primitive devices, their functions are almost identical. In its engine, a car uses petrol as fuel with rapid combustion. Through explosion, it creates a mechanical force, energy enabling the car to function, move and be used for its purposes. Around the car's engine where fuel is combusted, there is heat. The engine emanates thermal energy, which is in principle a loss in the conversion of energies. Car designers exploited this heat, this lost energy, for the heating of the passenger compartment. In this way they enabled comfortable travelling in the winter, when the external temperature is low, and reduced the losses appearing in the combustion process. If these processes in the car are roughly compared to human organism, it is possible to say that the car uses petrol as fuel, while people use life-cosmic energy for their functioning. The consequence of fuel combustion in the engine is thermal energy emanated to the environment; in the same way, people emanate energy their entire lives – energy around their bodies which human organism uses as energy protection. In the case of an engine, the energy around it is simple thermal energy, resulting from fuel combustion, while the energy around human body is complex and not easy to understand. Nevertheless, to better understand the functioning of the body, these two phenomena can successfully be compared.

3.5. Soul in a Person

To make a car start, a person must activate its operation systems, turn on the engine and operate the relevant commands. We can freely say that this person is the soul of the car and that the whole car is useless if there is no driver, if the car does not have a soul. With people, the situation is similar: for their body to be able to receive energy for life, there must be a force, an operation system with a sensible method of managing the energy that enables the functioning of the entire organism. It has been established for a long time in theory and confirmed by practice that humans have souls which conduct and realise all the processes in their bodies. The concept of the soul in people is more difficult to understand, because its designer and way of functioning are not yet known. On the other hand, people – as car designers – know well and understand the purpose and systems of operating and functioning of the car.

The only deviation in my comparison of a human and a car is that the energies in a car are simple – there is only one energy obtained from the fuel, while a human uses a complex system of energy combinations in different forms and states. The thought that someone designed human beings is logically based on comparison with machines designed by people: the only difference is that parts of machines are solid, inanimate materials and only need one energy, while humans with their different components, body organs of living matter need different energies. There is a large gap between rough, primitive machines and humans, and much time will pass before humans are able to build a machine matching living organisms. Considering the development of human knowledge, and scientific and technological possibilities, it is logical that in the future people will be able to build machines with suitable systems for independent operation and reproduction.

Today, machines that independently perform certain activities are called robots. They are products of human mind and design. They even imitate human shape, so it is easier to compare them with human body and energies. A computer as an independent unit has the task to correctly and reliably conduct the functions of independently operated devices. The designer of a humanoid robot, such as a football player, has the task to create a suitable programme for its computer which will enable all simulations and perform all useful functions needed for playing football. The brain of the football player is definitely its computer, programmed by humans to be able – with

the help of its sensors – to play football according to the rules of the game and participation in a team. Any automate is a complete functional system harmonised with each component to be able to operate correctly and conducted by a computer programme, guaranteeing independent operation. In the case of a robot football player, the driving power that the automate need is a single energy – electricity obtained chemically from a battery. Today, solar energy is already used for humanoid football players.



1. The energy needed to living organisms is everywhere on Earth. Earth is submerged in it. This energy was produced by the universe in cooperation with Earth. Therefore, the name life-cosmic energy is the closest to reality.

2. A human organism is a component of Earth, so it is also submerged in the energy of life, life-cosmic energy, which comes directly into the body, thus satisfying the needs of its normal functioning.

3. The response of a body to the received life-cosmic energy and its use for maintaining a healthy organism is the appearance of a protective energy or a protective energy coat around the whole body, the aura, bioenergy.

4. The correct conduct of life functions and reception of energies needed to the organism is operated by a certain cosmic programme that we call a soul in a person and that acts as a ship captain.

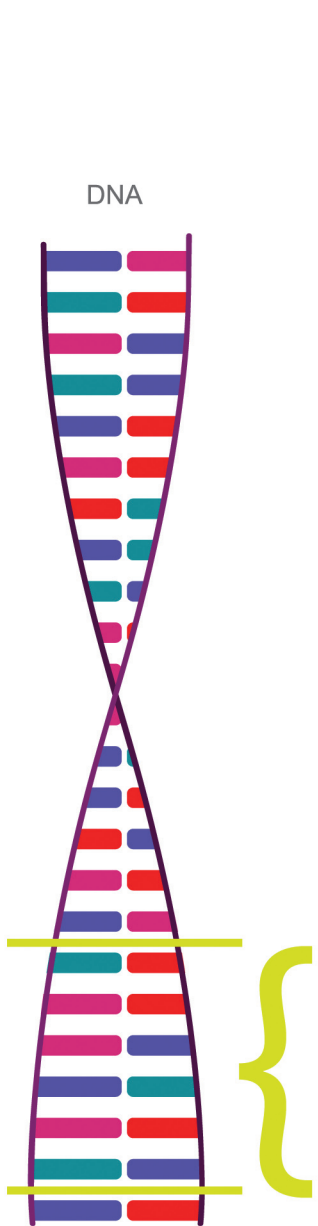


4. HUMAN BODY

In the preceding chapter, I compared the operation of our bodies with machines constructed by people. This comparison is not pointless because machines are similar to humans to a certain extent, only that these products of human mind are still under development, so they cannot be compared fully. For their operation, machines use a single kind of energy that we call fuel. From the initial energy potential they obtain other energies for their needs through conversion of energy. Let us take as an example a car: the combustion of fuel, mostly oil derivatives, produces the mechanical energy used for the functioning of the engine, converted to electricity by means of generators. Electricity enables a reliable functioning of the engine. Using a bulb, we obtain light energy, used for safe driving when visibility is low. Electricity is also used for the functioning of additional electrical devices built in the car.

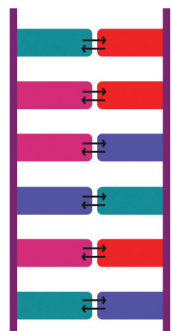
The driving power used by humans is life-cosmic energy, which differs from the fuels used by various machines in the fact that this energy does not need converters for different energies (like with machines), since it itself contains all forms of energy and their combinations. Life-cosmic energy provides all the necessary energies for the functioning of an organism. This includes energies needed for the harmonisation of certain systems and indicators in the body which align the influence of Earth on human organism and human behaviour within earthly conditions, such as the system for the upright posture.

An organism takes the energy needed from its surroundings. It also does so for its external activities, such as body movement: through functionally-qualified muscles and body energy, it enables movements needed for walking. The energy appearing around the body is of a secondary nature. It is produced by organs that depend on life-cosmic energy. The latter is found everywhere around us, so that the body does not have to store this energy like man-made devices. We are submerged in the fuel needed for life, in the energy created by the universe in the conditions provided by Earth. Humans have all that is necessary for their life on Earth. We still do not know whether there are similar conditions somewhere in the universe. We can only guess whether it is possible or not.

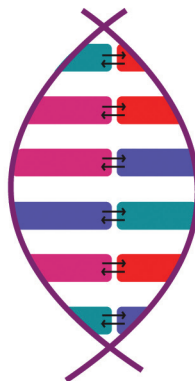


Reality

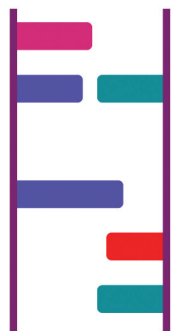
Healthy genes



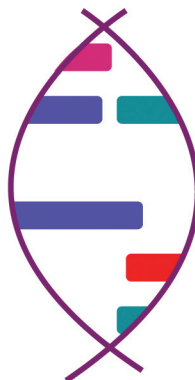
Healthy genes



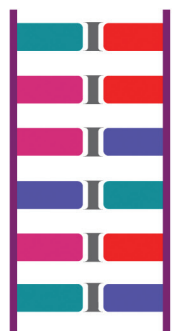
Damaged genes



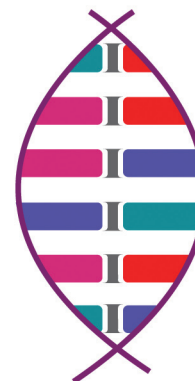
Damaged genes



Inactive genes



Inactive genes



4.1. Body Structure

Human organism is built so that it can maintain itself independently: it does not need a factory for the production of people because it already contains a reproductive system; it obtains additional energy through food, through the digestive system; it uses the respiratory system for the exchange of gases; it has the immune system to defend the organism, and so on. The designer of humans conceived and built all the systems that people need, enabling the organism to function in nature without any aids (which humans have not yet achieved in the designing of machines). Today, in the period of technical development, people managed to construct many auxiliary devices enabling certain machines to function independently. Based on their components, these modern machines can be compared to the functional systems of humans. This can probably be best represented by a machine such as a personal computer. For this comparison, we will only take the characteristics of human organism that present and enable us to understand this similarity between organisms and man-made machines.

The building up of a human being – from conception, development of the foetus, birth, life and death – takes place according to a precise scheme and planned operations or, in better words, according to a precisely defined programme. The whole system of operations in this development, life and death is conducted by the spiritual manager operating at the level of energy and known as the person's soul. The latter is responsible for all procedures and correct functioning of the organism. It is especially interesting that the soul of the child chooses a man and a woman to be its parents and facilitates conception. In my practice, I cured many women who were not able to get pregnant by healing them at the level of souls. Both the man and the woman who conceive a child participate in this process with their souls, which must be pure and without crimes at the level of souls. Otherwise, there is no conception. If these man and woman choose another partner, they can possibly have children with them. Such cases with a change of the partner are also treated at the level of souls.

With the fertilisation of the ovum, the child's soul activates or, better said, prepares the complete programme for the functioning of the human body all until death. Some people call this human destiny. The child's soul achieves this by taking half of the material for the construction of the

programme at the physical level from the ovum and the other half from the sperm. This means that in all conditions the father and the mother are in equal position in relation to the child. Both cells, the male and the female, have bivalent or trivalent hydrogen bases in different combinations, called genes. At conception, these genes, female from one side and male from the other, physically join and form shapes similar to a chain or spiral steps. These are known as chromosomes. Independent activity of female or male genes is unproductive, useless, since a combination of one-sided genes cannot produce normal chromosomes, which define the programme for the functioning of human body.

Female and male genes in the chromosomes of a fertilised cell vary considerably. Through a system of comparison, one can observe that the combinations of genes in family relations are similar. It is good for the genes obtained by combining the sperm and the ovum to be as different as possible. In the case the parents are relatives, the child's development is often hampered. Children are born mentally or physically challenged. The church is disinclined to accepting marriages between relatives, while the society in general is much more liberal with its legislation. Mature ova and sperms that do not participate in conception are removed from the body: with women, this is known as menstruation.

From the genes of the ovum and the sperm, the fertilised ovum produces 23 chromosomes, a chain of combined genes in which the chromosomes define all the programmes needed for the child's development from the childhood to old age and the end of the physical life. The complete recording of all the programmes formed by means of genes is found in the middle of any cell: the whole combination is known as the DNA (deoxyribonucleic acid) structure. After fertilisation, the cell multiplies by splitting into two independent cells. Each genetic chain or chromosome splits to two parts by breaking up in the middle where the male and female genes are joined. This means that one cell obtains half of the genetic chain and the other cell the other half. With the programme of cell development, the soul guarantees that each newly-formed cell obtains the second part of the gene which is missing when the chain is split, the part that belongs to it and that is in the other independent cell. The procedure of forming the genetic chain of the new cell guarantees that the combinations of genes in the chains in all new cells are the same, that the cells have exactly the same chromosomes and

DNA programmes as the fertilised cell. Each following splitting of cells and creation of new cells takes place in the same way. Consequently, it is understandable that each cell in the organism has the same genetic composition and that each cell knows everything about its body and its life.

Based on this law that each cell has and knows all the programmes for the whole body, scientists managed to create an entire organism from one cell. The first successful experiments were made on animals, on a sheep. Today, this is performed on all organisms. The procedure of creating identical organisms from a single cell is called cloning. It enables scientists to even create organisms from the past. Thus, for instance, a cell of a mummified pharaoh can be used to create a cloned pharaoh, identical to the original one in most elements. With cloning, the development of the organism depends on several factors. By combining genes, people have successfully created new sorts of plants, such as cereals, but they have not yet found satisfactory solutions for animals. By all means, cloning – obtaining of new organisms from a single cell – is a great success in itself. I am convinced that scientists will soon manage to obtain a good-quality clone soon, and that the new organism will have the same properties as the body from which the cell for cloning was taken. I believe that scientists have not paid sufficient attention to certain characteristics of organisms and that they are only half way to the development goal because they have not considered the energy body. Therefore, clones do not have a soul. If cloning takes equally into account the physical and the energy bodies of the organism, one can expect the cloned body to be totally identical to the original.

After fertilisation, the creation of the organism takes place according to precisely defined procedures, precisely defined programme. Body organs and systems develop gradually according to the schedule. This enables doctors to determine the date of conception and the date of birth based on the current development stage of the organs. The child's soul conducts this procedure of body development and takes decisions in all development stages, even in the case of interrupted pregnancy: such cases are known as spontaneous abortion. The soul assesses whether it would accomplish its mission in such a body, under the protection of such parents and within the possibilities provided by the environment. If it determines that the conditions are not satisfactory, it causes the pregnant woman to have a spontaneous abortion without any special visible reason, and the development of the foetus stops.

This ability of the soul to interrupt pregnancy is exploited by evil and sufficiently ruthless sick people who can produce the same effect by using magic protocols. In such cases, the pregnant women and their families experience severe traumas, because disasters appear despite the totally healthy state of the pregnant woman. I treated pregnant women who said that they could not keep the foetus and mostly lost it after one or two months of pregnancy.

In such cases I ask the pregnant woman to immediately tell me when she notices spontaneous bleeding, so that I can intervene on time. In my therapeutic procedure I use distance targeted observation and diagnosing to find the magic programme that causes the foetus to be destroyed. I neutralise this programme and reinstate the initial, lost energy state of the pregnant woman. In all cases, the bleeding stops immediately and the pregnant woman keeps the foetus. Pregnancy continues, the foetus develops and a new organism is born.

4.2. Childbirth

The soul concludes the process from conception to the formation of all organs and systems in the body with the birth of a human being. The soul conducts this process of child formation from conception to birth, which we are unaware of, in cooperation with the soul of the mother. The mother influences the child's development with her physical and energy body, so it is possible for all its defects and illnesses to influence the development of the new organism. The foetus is particularly affected by pregnant women who take too much pills, smoke or are under the influence of alcohol, drugs and similar substances, deforming the natural development of the foetus. The child's soul naturally has a strong influence on the development of the foetus. It takes care to prevent damage that might appear when pregnant women suffer from certain diseases, such as tuberculosis. This is obvious when such a mother gives birth to a healthy child. On the energy level, all psychophysical states of the mother, such as fear, trauma, stress and similar states, pass to the embryo and later become a visible cause of many diseases. Due to these negative influences on the embryo, certain cultures of 'primitive' nations have a special regime for pregnant women: they are freed from various duties and not burdened by daily problems. Some pregnant women have good tolerance of pregnancy. They are not burdened with it.

This can be well observed with mothers who are not pregnant for the first time. With healthy pregnant women, the traumas they face do not have a strong impact on the embryonic development. This can be noticed in the case of partners who get divorced, which creates large stress. However, this does not affect the development of the foetus and the child is born without any visible consequences.

Birth means large changes for the newborn, and is a blow and trauma for them and their psyche. The physical birth and separation of the child from the mother can be visualised as follows: it travels through a tunnel to a strong light. The light bombards its eyes, and it keeps its eyes shut for a long time after birth. The environment also strongly influences the newborn, especially their auditory system: they do not understand sounds, talking, in some cases music, noise of various machines and the like, and they experience them as trauma, which they mitigate by crying. The crying is also a sign that the baby began to breathe and guarantees that the newborn is alright. If the midwife hits the baby because it does not cry immediately, this has severe consequences for the child. This event is the cause of many illnesses manifested after birth on the respiratory organs, and in most cases this is the cause of asthma.

With its birth, the child obtains the right to independent decision-making, for which it will not be qualified for a long time. It will take eighteen years of parental and societal care for it to get the relevant experience. These are the years of gaining maturity and education. This is a unique case in the nature for a species to take care of its offspring for so long. The process of obtaining the right to independent decision-making takes place according to a certain order. The child's intellectual capacities develop by the age of seven. By twelve, the age of puberty, visible differences appear between the sexes. And in the end, at the age of seventeen, the child's character is already formed. A year after the completed formation of the character, at the age of eighteen, the societal legislation declares humans to be mature persons who are responsible for their acts and behaviour.

The most valuable and important part of education is the period from the birth to the age of seven. This is the time of the development of ability to resolve the key issues, intelligence, which is of the greatest use later in life. After birth, the child still does not have the experience and strength for

independent decision-making. Therefore, it records each event observed and starts to imitate, by which it gains the necessary experience and learns. In this period of life, correct education brings the largest benefit for the capacity of independent decision-making. Children brought up with force, beating, orders, prohibitions or punishment block all creative capacities in them and are later the least ready for inclusion in the society. If, on the contrary, we aid the child by showing them ourselves how to resolve certain situations, the child begins to act creatively and to develop its own psychophysical characteristics.

The second part in the development, when the child develops certain physical organs and a visible difference appears between females and males, is defined differently by different societies. In some countries, they are convinced that after puberty women are already prepared for motherhood, able to reproduce, and they enable them to have sexual intercourse and get married. Men lag behind somewhat or it seems to us that way because they are not yet able to form a family at that age. Women are divine. By giving birth, they enable the species to stay in its natural environment. By all means, in all societies women should have greater privileges than they have today. Owing to their physical supremacy and protection of the family, men assumed the management of the family and leading of the society, and thus enslaved women.

The third period, the period of the gaining of maturity and formation of the character, is also an important development period. This is the moment of the passing from the childhood to adulthood, where forgiveness is no longer allowed and where the effort to do good no longer suffices, but the society prescribes a certain penalty for any offence. It is interesting that persons who learn to steal, to take from others by the age of seventeen retain this characteristic throughout their lives. One year later, people also become formally mature. They take decisions themselves and form relations in the society based on their knowledge and experience. In better words, they form their character, obtain their ego.

Realistically, children begin to impose their – yet undefined – will immediately after birth. The parents see this as improper behaviour. In the first year of life, parents manage to control its requirements, but when the child learns how to stand on its feet and begins to talk, problems appear for

almost every parent. Parents do not understand the requirements of their children and begin to use their upbringing systems. Usually, this consists of prohibitions, methods of physical coercion and the like. Children do not understand why their parents cause them pain and begin to adjust to the demands of their parents out of fear from punishment, like animals when being trained. Animals are broken in, adjusted to the needs of humans by force, beating and tying up. They begin to listen to the orders of people out of fear from pain, and by no means because they understand. Children see the world around them in their own way. They observe it and imitate the acts of others. Therefore, the most suitable upbringing system is to show them how to do things correctly. A good-quality programme for the education of parents and a system of pre-school education are the most beneficial for any child.

4.3. Ego and Its Formation

As shown by this simple and brief presentation of childhood, the soul as the principal operator or driver of the organism obtained a competitor. The soul, or better said guardian angel, which conducts all the processes in the organism, is now faced with a rival – the person's ego. It is the legitimate right of any organism, a condition required by nature, that any creature on Earth can function independently (ego) or according to the natural laws of the universe (soul). Disrespect of this harmony, where a creature functions independently and respects the laws of nature, creates a conflict in the organism which is the cause of many diseases. Immediately after birth, ego is not yet noticeable. Children do not yet have experience and knowledge, so all processes in the body are conducted by the soul, guardian angel, on the basis of genetic programmes.

The environment influences children with different information which they store in the brain, process, assess, analyse and use to make certain presumptions – they start to develop their egos. After children start to see, they do not recognise the faces of people around them for a long time. They only see their auras and assess and make conclusions on this basis. They retain this ability to identify people on the basis of the colour of their aura until the age of three, when the thymus gland begins to close, to become inactive. In these years, children are the most afraid of the black parts in the aura of the person present. Therefore, their reaction in the form of

crying and moving away from such a person is totally understandable. Until the age of seven, the child's aura is almost identical to that of the mother. Therefore, the child feels the most safe when he or she is in her lap, arms, close to her. Damaged aura, no matter if this is black aura of the mother or some other person, raises the child's concern for its own safety and it reacts accordingly. The environment does not understand that and believes that the child's behaviour is uncontrolled and improper. I cured this trauma of children by curing the aura of their mother. In some cases where the child cried constantly, I also had to cure the child's aura.

As I have already mentioned, ego's development begins with birth. It develops through personal experience obtained through interaction with the parents and the environment. Therefore, this period of the child's development is the most important for his or her upbringing. The intelligence quotient develops until the age of seven, by which the child's ability to resolve key problems is developed. That is why care for children and correct upbringing are very important, one can freely say irreplaceable. Parents who buy expensive electronically-operated toys, such as electrical cars, locomotives and trains, robots and the like, scare their children, because they do not know what is inside and expect something to jump out of the toy. I can say that such toys rather entertain the parents than please the children. Wooden toys, toys made of natural materials, lego bricks and similar building systems are the most beneficiary for children, because they learn the most by personally resolving such simple tasks. Building toys help children to develop the system of abstract thinking and assessment. And in the end, to see the final product they constructed themselves is in itself a large reward and good stimulus for children.

Children gain the ability to assess for themselves through their development, growth. They learn and acquire experience to be able to take the right decisions and use their egos. The formed ego begins to govern and takes control. It suppresses the correct solutions suggested by the soul, the guardian angel. Social norms and education lead ego in a certain direction and block the wide perspective of the world around. The society needs individuals specialised in narrow fields, because they give the most useful knowledge. However, they can be inadaptable, unproductive and even counter-productive in terms of the general broadness of mind and in various humanistic professions. Narrowly-educated individuals are not

aware of the trap. Owing to their skills, they are successful in the material world, attain enviable positions in the society, get rich and totally forget about the other part or the inner qualities of their personalities. Slowly but surely, the egos of narrowly educated persons get control of them. They impose on them false feelings and pride of success due to material goods gained and recognition of their success in the society.

Spiritual progress and understanding of energies around us require the soul, guardian angel. Without it, it is difficult to grasp the properties of and possibilities provided by energies around us, and the role of life-cosmic energy that gives us life. On the other hand, we certainly would not be able to adapt to the society and the environment without a capable and stable ego. Individuals who wish to understand this problem and candidate life-cosmic energy therapists must accept the reality of the dual commands in their personalities. They must use ego for their daily needs and for their success in the society, and the guardian angel for understanding and mastering the spiritual qualities and therapeutic work.

4.4. Functioning of Commands at Conception

In connection with the above-described process of human development from conception to maturity, certain periods in body development and spiritual values show the course of events and give insight into the energy influences on the overall development of the organism. The fertilised cell conducted by the soul of the child is influenced by the soul of the mother with one half and the soul of the father with the other half of the genetic structure or genetic programmes. Thus, the fertilised cell has all the programmes for the child's development, its birth, life and death. The activation and correct implementation of the genetic programmes in the fertilised cell is controlled by the child's soul, which is influenced by the mother with her energy and physical body. This means that the process of cell development and the development of body organs and systems is influenced by the child's soul as the principal leader, and additionally by the commands of the pregnant woman with a well-managed organism which is fully prepared to create a new being.

The child's development is influenced by two commands: the child's soul and the command conditioned and given by the child's mother. The soul of

an adult is called his or her guardian angel, and the mother's influence is replaced by fully formed ego. The events in a person's development show that ego already starts to develop immediately after conception on the basis of the part of commands contributed by the pregnant woman with her organism: she enables the child to form his or her personal ego after birth.

The soul which conducts the development of the body, from conception to the formation of organs and systems in the body, opens the energy channels for the reception of life-cosmic energy which is indispensable for any living cell in the organism. When body organs are in the initial stage of development, the cells cannot receive energy directly. Consequently, the organism of the pregnant woman is responsible for providing this energy. With the final formation of organs in the body, the child's organism obtains the capacity to directly receive the energy that enables it to live. In the moment when the child is able to receive energy independently, the pregnant woman is ready to give birth. The child no longer needs the mother's energy and it assumes the responsibility for his or her life. This means that he or she is ready to get separated from the mother's organism. After birth, the baby is not yet able to care independently of its life. However, it is very much able to receive the full set of energies that allow it to live a healthy life.

Until the age of seven, the child's aura is very similar to the aura of the mother. This means that the mother helps the child to receive sufficient life-cosmic energy all until this age. After birth, the child's digestive system is not fully ready to digest the varied food consumed by adults. Therefore, it is only right that the baby is fed with mother's milk. With food, the newborn's body also receives the energy of food, so it is logical that its mother's milk is the best suited for its organism, because it also carries in it the mother's energy. Children need mother's milk for some years, all until their digestive organs are able to process everyday food. We can conclude that by inappropriate feeding and improper attitude towards and upbringing of the child, we open the possibility for bad energies to enter the body. Such energies cause the ego to take incorrect decisions and actions. This results in the creation of individuals who are not adapted to the society and the environment.

The parents' special care for children, especially that of the mother, should last all until the age of seven. The legislation should take that into account.

For instance, with shorter working time and adequate cooperation with institutions such as kindergartens, the mother contributes the most to a harmonised upbringing of the child. This helps the child to maximally develop its psychophysical characteristics and to correctly understand and accept the education process and the final secondary school exams. With such upbringing, any society benefits the most from a new member who accepts its laws and understands social processes. When, on the contrary, individuals receive poor upbringing and education, the society faces great problems of how to rehabilitate them and adapt them to the society. They require large amounts of money and constant care. The ego of individuals with poor upbringing does not accept social principles. It does not respond correctly on them and its behaviour makes these people live in their own world, unadjusted to any society.

4.5. Sense Organs or Sensors

Humans mainly perceive their environment through five sense organs, systems in the physical body, namely: sight for the visual part of the electromagnetic spectrum; hearing for the audible part of the mechanical waves; smell for chemical substances; taste to assess the composition of the substance; and touch for contact with objects in the environment. These sensory systems develop just like any other organ of the child. However, the sense organs have a special status in development, since they enable the child to already perceive the environment during pregnancy. Immediately after conception and differentiation of cells, the cells perceive their surroundings and various external influences through the mother. They store this information which influences the genetic programmes in the cell and the formation of the final form of the sense organs and their functionality.

The reaction of cells to external events during the child's development seems to be a spontaneous process. The recordings in the cells obtained through the mother directly influence the correct development of organs and their ability to perceive the environment, which only becomes obvious after birth. Practice has shown that cells truly perceive the events in the surroundings and react to them: such changes are often the main causes of illnesses of the sense organs forming in this period, during pregnancy. Scientists have different opinions about the abilities of sensors, the sense of cells, but they all agree with the following: children hear and see before

birth. Perhaps, this information on the abilities of cells is not comprehensible to uninformed people. It is difficult for them to accept this. However, cells understand well the information from the external world, obtained through the body of the pregnant woman, and they react appropriately to it.

Like with other organs and systems in the body, children are ready to be born when their sense organs are sufficiently developed and able to perceive their surroundings. Immediately after birth, children are not unprepared for external world, as they have already experienced certain information obtained through the mother's organism. Now there is no more intermediation and children receive information directly and process it in their brain. This is a new experience. They consciously process information in the brain and respond to this independently, without the influence of others. In the energy, command or spiritual system, it is not important whether cells receive information on the external world indirectly or the fully formed brain assesses it on the basis of data obtained through the sense organs. The only difference is that transmission of data and processing in the brain create certain energy states. It is possible to heal certain causes of illnesses appearing during pregnancy. We can influence them and prevent the appearance of defects in the physical body.

4.6. Energy and the Soul

The exact hour of birth is tied to the child's capacities at the level of energy, the development of the organs that use these energies for their existence. Consequently, the energy capacity of the newborn is more important than his or her physical development. A baby is not born because the organ development process is accomplished, but because of the full formation of the system that enables it to use life-cosmic energy, the energy indispensable for life.

The entire procedure, from conception, child's development and life until death, which is mainly conducted by the soul, can be compared to the computer operation system. Human genetic programmes which guarantee the form and functioning of the organism such as known today are similar to computer programmes. We can say that the organism has the brain to process all data, while the computer uses its main processor for this purpose. The ability of the soul to use the genetic programmes in each cell

of the organism enables humans to exploit their capacities and express them in their lives. The same happens with computers: their soul – a human, system operator – determines their functional capacity. If this soul, this system operator only knows and uses some or just the basic applications, there will be many inactive programmes in the computer which can always be used.

Adults show their capacities according to the level of development of their souls. We can compare this to the system of reincarnation according to Buddha and the system of castes or social statuses in India. Souls with low incarnation or with few incarnations and knowledge have the ability to activate the programmes needed for manual workers, soldiers. This is the lowest caste. More developed souls which have not yet formed the elements of moral are able to work as merchants. The highest social caste, which enables individuals to lead nations, political parties, associations and the like, belongs to the souls with a high level of reincarnation. A highly reincarnated soul, which enables individuals to become spiritually developed people, such as Brahmans, bodhisattvas and gurus in India, who we can consider consecrated, represents the last step in the development of the soul. At this level, it no longer needs a physical body and is preparing itself for departure from Earth. The church should choose its staff exclusively among the fourth caste, the caste of consecrated people. The developed soul from the fourth caste is capable of and adjusted to spiritual leadership and spiritual education of the believers. Some churches would probably be a failure in any society due to their political and secret operation if they respected this natural and correct system for spiritually-responsible human resources policy. It would also be more appropriate for secret societies and similar organisations to choose their leaders among spiritually developed individuals, and not let their wealth be a condition for membership, as it is customarily.



1. The child's soul chooses the parents. It cooperates with the chosen souls of the mother and the father by controlling their pureness at the spiritual level, assessing their sins and allowing the future parents to conceive the child. The man and the woman decide equally if they want a child or not, so, understandably, they must both be sin-free at the

level of souls. The partners' souls might not be synchronised and have problems agreeing at the spiritual level. Consequently, the partners are infertile, they do not have children. According to our legislation, infertile partners have the right to get divorced. Practice shows that they have children with other partners.

2. The physical joining of the ovum and the sperm is conducted by the child's soul in cooperation with the souls of the parents: it enables them to give their genes for the formation of twenty-three genetic chains in the DNA structure. These gradually form the programmes for the development and birth of the child, his or her life and death.

3. Through the division system, the fertilised ovum and all the new cells form all the programmes needed for their development and life under the influence of life-cosmic energy. The latter gets into the fertilised cells through the organism of the pregnant woman. In this way, the future mother enables the child's soul to conduct all the process of the creation of the new organism.

4. The body responds to the reception of life-cosmic energy by creating a protective energy field around itself. This field is called bioenergy. Bioenergy is the product of any bio-system as its secondary energy obtained through the conversion of life-cosmic energy. The intensity of this energy depends on the state of the organs in the body. It is an entire field of information on the organism's health.

5. A person's soul can be compared to the function of a computer system operator: in this case the brain is similar to the computer processor, and genetic programmes can be compared to the programmes for the basic functioning of the computer and other programmes used. The soul expresses the qualities of the person through his or her response to the environment. It shows its ability to use the genetic programmes for certain human functions if they are activated. The soul can be enriched with knowledge. Its ability to use the genetic programmes can be increased until the age of seven. Thus we enable it to reincarnate – on the basis of the knowledge gained – several times during a single lifetime and enhance its ability to function at a higher level of consciousness.



5. FUNCTIONING OF THE ORGANISM

It is difficult to find a consensus on the eternal question of how the human organism functions between realists, scientists, classical medicine and idealists, religion and alternative disciplines. Both realists and idealists stubbornly stick to their principles and standpoints concerning the functioning of the organism. Therefore, they cannot find satisfactory solutions and comprehensive views of our bodies. There is no all-embracing solution on either side. Consequently, it is probably a step forward if we consider both and thus form a new view of life on Earth. Here, I do not attempt to defend either, as is often the case in our society, where the realistic perception is exclusively accepted. Based on the latter, medicine usurps the right to take decisions by itself and to dominate the fields of alternative disciplines, spiritual principles and energies. It is necessary to find common interest and well-reasoned position on these issues, take into account all the discoveries on the functioning of the organism, and use this to make logical conclusions and new findings about the functioning of our body. This is the only way to learn how human body functions in its environment to be able to use this knowledge for healing, for the maintenance of health.

5.1. Life-cosmic Energy

Life-cosmic energy is everywhere around us. We are submerged in it and part of all possible creatures on Earth that depend on its influence. The examination of its influence on organisms and assessment of its characteristic show that life-cosmic energy is not only energy, but a comprehensive complex of multidimensional influences and different forms of energies and their powers. This makes us aware that the energy needed for life cannot be put side by side to physically-defined energies or some simple perception explained by vectors, like with the mechanical aspects of energies. We must define new views and concepts of life energies based on their multidimensional influence on the organism and response of human body to them.

The organism is made of cells which form body organs and systems on the basis of genetic programmes. Considering the different functioning of the organs and their functions in the body, it is logical that each organ requires the appropriate energy. Consequently, life-cosmic energy must contain a whole spectrum of different energies needed to body organs. It can be defined as the

universal energy, because it consists of all known and unknown energies of different potentials and sources. To understand the universality of this energy needed for life, we can use the whole spectrum of electromagnetic waves for comparison. The universality is shown in the fact that electromagnetic energy has all the waves measured by impulse in one second (Hz), from zero to infinity, as well as from zero to minus eternity. Such electromagnetic energy would activate all the receivers of different wavelengths on all channels: long, medium, ultra short, television, mobile, satellite and other frequencies. We would even see it as white light.

Life-cosmic energy is a collection of different energies and possibilities with extremely large energy potential, which is available to be used by all creatures on Earth. Each cell and thus each organ in the body takes the part of energy whose properties and quantity are required for its functioning and existence. Considered from the point of view of the energy needed, an individual body organ functions in harmony with its cells and the responding energy. Let us take as an example the energy needed to a kidney: it is different from the energy of other organs because each organ takes the energy suiting its role in the organism. Thus, the body requires a combination of energies for its organs, which it takes from the environment, from the atmosphere, through certain points in the body.

In terms of energy, each body or organism is tied to the reception of life-cosmic energy from the surroundings through points in different parts of the body. A simplified illustration of this would be a body connected to the source of energy with various cables distributed around the body. The flow of energy in the body is controlled by the soul, which activates the brain in the case of any irregularity or poor reception of energy in the organs, warning it that the flow of energy in the cells is not normal. The formation of these warnings is conducted by the soul in cooperation with the brain and ego, which has the right to decide in line with the natural laws. Undisturbed reception of energy in the cells and organs enables them to function correctly and smoothly, which means that the body is healthy and that there is no disease. Disturbances in the reception of energy or inability of organs to receive energy mean that there is an obstruction to the functioning and that this will result in illness and, in the end, in its physical manifestation.

Energy flow is an important factor in the functioning of an organism. Certain disturbances prevent organs from functioning optimally and from fulfilling

the collective tasks of the organism. Consequently, body organs or systems get sick. Considering the need for energy to be provided to the body, the same happens whether there is an external obstruction or whether an organ is sick: in both cases, it is not able to receive energy. These two forms of diminished ability to receive energy are the basis for us to be able to directly influence the diseased organs to remove the disturbances, channel energy and recover the organ's ability to function normally. All the operations needed to remove the disturbances and recover the organ's ability to function normally are realised by healing at the level of energies, by using life-cosmic energy therapy.

5.2. Bioenergy

A cell in the organism receives life-cosmic energy. It uses it for the needs of the relevant organ. It enables electrochemical processes in human body. Cells use part of this energy for their own defence and protection against the harmful impacts of other energies. The protective energy is found around the cells, representing the basis of the complete energy appearing around organs, body systems and the entire organism. This protective energy creates a strong energy field around the body. Its intensity is the highest next to the body and weakens with distance. The strongest protective field of a healthy human organism equals the length of a stretched arm.

The energy around living organism was already known to people in the ancient times. Some people can see it. In the East, in Asia, this field was named aura, while the West called it bioenergy, because it is radiated by bio-systems. People cannot create energy. Therefore, all those who believe and advocate the principle that people create this energy are wrong. However, sooner or later they will have to accept the reality that bioenergy is a secondary energy and that cells radiate bioenergy through conversion of life-cosmic energy. The latter is the basic energy for the body, the primary energy with constant characteristics. It can only be changed in the case there is a change in the universe, which in practice can freely be neglected. As bioenergy is radiated by the cells, organs and the whole body, this energy, logically, depends on the health status of the organism and its ability to protect itself. Thus, an aura of varied intensity appears around the body. Bioenergy or auras around different bodies of the same kind are similar, but vary visibly in many nuances. There are also differences in a single body, because the kidneys, for example, emanate energy that is not the same as

that of the liver, the energy of the liver is not the same as that of the hearth, and so on, although all these energies are similar. Comparing this similarity with the properties of electromagnetic waves, one can say that, for instance, the kidneys use energy at medium waves, the liver uses short waves, the heart uses television channels, the brain the frequency of light. And the common characteristic of these energies is that they are all from the spectrum of electromagnetic waves.

The bioenergies of all individuals have the common characteristic that they originate from life-cosmic energy, but are very different in different bodies, depending on the health status of the organs. For therapy it is important that the strength of energy emitted by cells, organs and the body as the aura, the bioenergy, is proportionate to the life-cosmic energy received. The strength of this bioenergy totally depends on life-cosmic energy: if the body receives life-cosmic energy, we detect bioenergy – the aura around the body, and if the body does not receive life-cosmic energy, there is no bioenergy or aura. Disturbances appearing in the flow of energy in the body, resulting in diminished intensity of bioenergy or poor aura, can emerge in two characteristic forms:

- if certain negative influences, such as spells, curses, magic and the like, prevent the passage of life-cosmic energy to the body, or
- if the cell or organ under the influence of disease is physically weakened, does not function healthily, and is therefore unable to receive energy and emit its protective secondary energy, bioenergy, in the surroundings.

In both cases, the passage of energy to the body is blocked. This results in disturbances in the energy or physical body. Consequently, the bioenergy, which depends on the received life-cosmic energy, is of lower or higher intensity. The field of aura is larger or smaller, stronger or weaker. Such disturbances which result in different intensity of the bioenergy field or aura are typical causes of illness of the energy and physical bodies.

As we can see, life-cosmic energy is a constant, stable and varied universal energy which must arrive to each cell to enable it to live by penetrating through the field of aura, through bioenergy. Although bioenergy is the result of the functioning of the cells under the influence of life-cosmic energy, the latter must penetrate through this protective field to enable life to each cell.

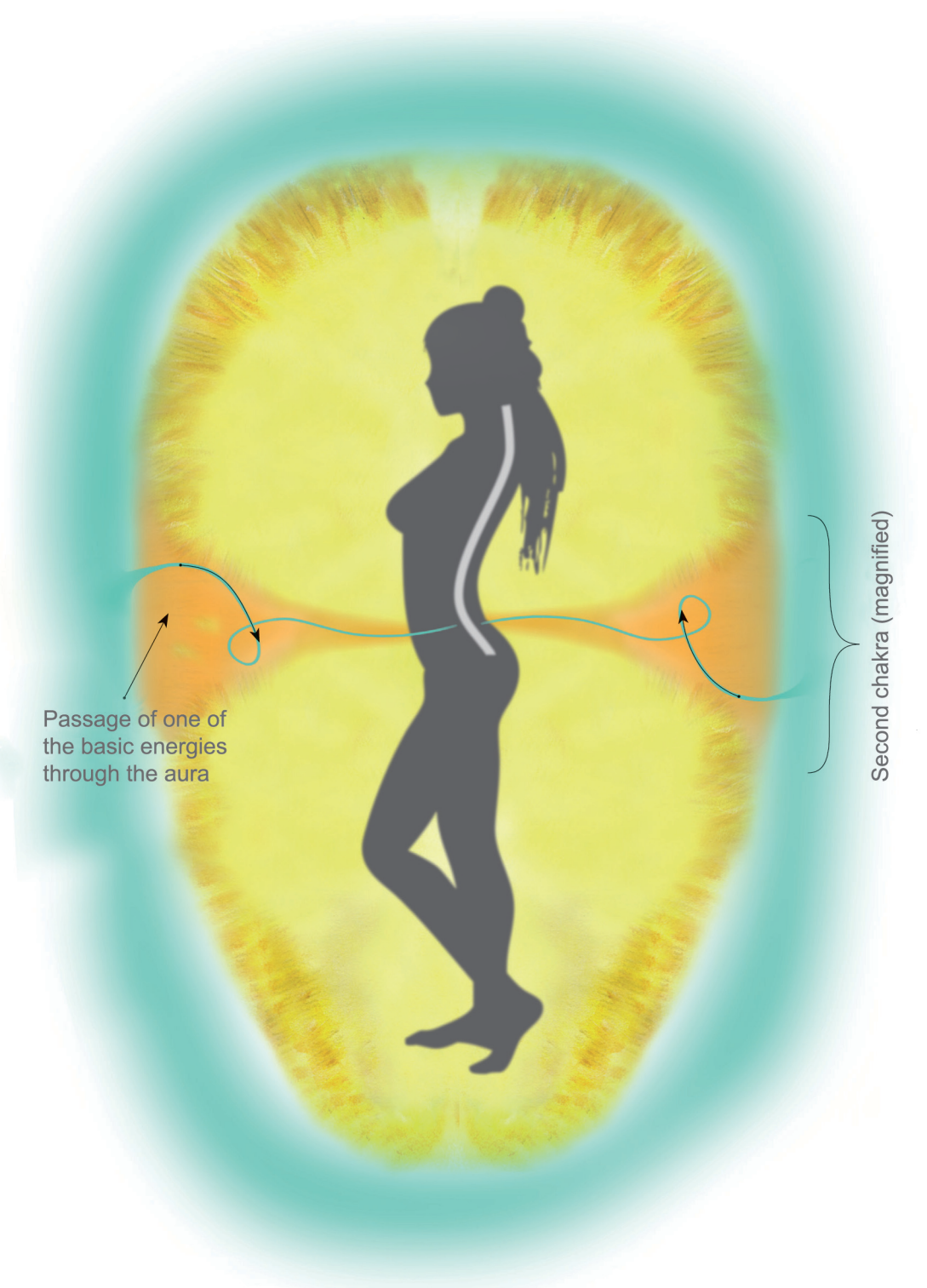
With its size and form, the changeable field of bioenergy indicates the health status of all organs, systems in the body and the entire organism. Thus it is possible to measure the intensity of the bioenergy field, the aura, and use the results to diagnose the state of the organism, to determine its health status. This field also enables us to determine and measure any obstructions to the flow of life-cosmic energy. This means that we can discover and define all causes and sources of individual diseases.

Practice has shown that it is not necessary to control the energy of cells to determine their health status; since organs are made of cells, it is enough to only measure and make diagnosis for body organs. The field of an individual cell is so small that therapeutic methods at the cell level do not provide significant results, although the field of a cell is very interesting for scientific research.

5.3. Chakras

Aura, the energy field around living organisms, can be detected outside the sensory systems. It can be photographed or seen on computer. With our limited sight which only recognises a small portion of electromagnetic waves, we can see it as an image in different colours. The aura around the body of a healthy person is egg-shaped and of golden colour. Nuances of yellow can also be observed. When the flow of energy is blocked or the organism is sick, the aura is of various shapes and of different colours. Organs that are sick and without energy are represented as black spots. Many different, but also worthless books and various theories have been written about aura. This is a narrow, one-sided understanding of aura, tied to our visual system which only perceives a small portion of the energy that a living being emits. Our bodies are surrounded by a whole spectrum of protective energies which are of a much greater range than just the light spectrum. Logically, the field around any organism must have protective properties for all harmful energies to be able to defend the organism: aura is much more than what is known from the literature and teachings of individual spiritual teachers.

By detecting the aura, therapists obtain an abstract vision of this field around our body, and the colourful images might satisfy our artistic needs. For therapeutic needs, this energy must be measured, not observed; one can only obtain the true picture of the health status of all organs in the human body by measurement. As I have already explained in my books



Passage of one of the basic energies through the aura

Second chakra (magnified)

Passage of life-cosmic energy through the aura and opening of the second chakra

The basic energies
of the second chakra

Second chakra

Energies flow into the body
clockwise and
counter-clockwise

**Six basic energies (six lotus leaves) penetrate through
the aura and create the second chakra**



on healing with life-cosmic energy, we measure the energy of body organs and systems or the energy of the entire organism to determine whether an organ is healthy or sick.

As I have already emphasised, the aura, this energy wrapping around the human body, resists to the passage of life-cosmic energy to the cells. Life-cosmic energy must break through the defence bioenergy wall, where it leaves a visible trace. The penetration of one energy through another creates vortexes which can be seen as spinning wheels. In the East, in India, this phenomenon was named chakra, while in the West it is called the point of opening. These vortexes or chakras can be observed on all parts of the aura. Some are small, others large. There are around seventy of them in the aura. There are ten principal chakras. They are tied to organs that are important for the functioning of the organism. Seven of them control organs without which the body cannot exist. In better words, if the seven main chakras do not appear, this means that the passage of energy to the vital organs is blocked and the organism's health is threatened.

In India, the seven chakras were drawn in many variants based on the vision of individuals who saw them, who were able to see this penetration of one energy through another. Visions of chakras appear in various colours and forms. In the ancient times, they draw them as lotus flowers or lotus leaves. The number of lotus leaves appearing in a chakra represents the number of the main types of energy received by the organs tied to the specific chakra.

Based on these images, one can conclude that the lower chakras have a small number of lotus leaves, from four to sixteen, and that few different energies are needed for the functioning of the lower part of the body. The seventh chakra or the crown chakra, appearing on top of the head, contains almost one thousand lotus leaves – different energies needed to the brain to function normally. The brain requires a full range of energies, the whole spectrum of life-cosmic energy, which colours the crown chakra light golden.

Thus, chakras are not significant in themselves. They do not have a constant and static form. In practice, we observe them to detect energy changes in connection with the obstruction of energy or state of body organs when

these do not receive energy because of illness, and nothing more. If life-cosmic energy does not flow or the cells of individual organs are dead, chakras do not appear as there is no flow of energy. Therefore, healing at the level of chakras is in fact a mistake. Therapeutically, it is not possible to achieve much by treating, healing or aligning the chakras as vortexes, unless we previously remove obstructions to the flow of energy in the body or enable the cells to heal, so that others can receive energy. Comparing this to water, we can say that it is useless to spin a hole in the riverbed if there is no water or there is no hole or the hole is blocked – in this case there will be no whirlpool even if there is water. Positive results and chakras appear when there is no obstruction to the flow of energy. In both cases, when energy is blocked or when an organ is sick, we remove the blockade or cure the diseased organ and chakras will again appear in their full intensity.

In therapy, we measure and assess the activity of the chakras to determine the overall state of organs connected with individual vortexes. This means that when a chakra does not function normally, we do not heal the chakra itself, as this would result in the obstruction of the flow of energy and unsuccessful therapy of the sick organs. The colouring and balancing of chakras does also not give visible results in healing, so we can conclude that healing of chakras and their coercion with energy is a mistake. In practice, therapeutic methods used on chakras only give short-term positive results, which misleads many therapists who naively believe that their therapy was successful.

5.4. Way to Healing

The nature did not plan the human organism to suffer from so many different diseases as we know today which forced the society to establish such vast medical institutions and develop so powerful pharmaceutical organisations. Today, the classical medicine and pharmaceutical industry are the only legally valid services for our health, so they have developed maximally. According to statistics, in some western countries they represent almost forty percent of all employees. The human organism has a very well organised defence system and can overcome any disease, so the question is raised whether the expenses for the needs of medicine and pharmacy are justified. Besides, medicine does not follow the appearance of disease from causes to the consequences for body organs. It treats the consequences appearing on the body, in the last stage of disease development,

and is very successful in this. This is why medical intervention is often late and unsuccessful. Medical institutions excuse themselves by saying that some diseases are for now incurable. Medicine still ignores the area of the energy body, and it is possible to say that its main failures are connected with the poor functioning at the energy level.

ILLNESS or consequences on the physical body develop in three stages. The first stage refers to the source of obstruction or cause of disease found in the energy body. Medicine does not operate in this field. The second stage is the development of the damage in the energy protection and influence on the physical body. The body feels this pressure, but the cause of illness does still not leave visible consequences. In this stage, medicine partially intervenes with preventive protection methods. The third stage is the moment when the disease is visibly manifested on the physical body, which is determined as illness and can be diagnosed medically. In this stage, medicine is very successful today.

The **first stage** in the development of disease is called the cause of disease. Our sense organs do not perceive such influences, so the brain is also not familiar with the cause or damage at the level of energy. We are not aware of it and do not react. The causes of disease are obstructions to the flow of life-cosmic energy, interruption of energy supply, regardless of the source and form of appearance. The physical body feels these obstructions and reacts to the reduced flow of energy with its defence system.

In the **second stage** the body feels the burden caused by damage at the energy level. It begins to defend itself. We feel this as exhaustion, possibly pains of unknown source and the like. The response of our body to the damage is a very important indicator and a call for aid to the organism, as the disease has not yet started to leave consequences on body organs. Based on ten years of testing and measurement, I determined that around eighty percent of all patients who seek medical aid are in this stage of disease.

The **third stage** in the development of disease is the moment when visible consequences are manifested on the physical body, when illness appears. This is the field of action of official medicine. There is no doubt in the ability of medical science and top skills of the experts, state-of-the-art medical technology and organisation of medical institutions in the society;

the question is why medicine does not prevent the appearance of illness earlier and more actively. Why medicine does not develop its potentials in the first and second stage of disease development to prevent the appearance of consequences on the physical body, to prevent illness.

Correct therapy with life-cosmic energy and successful healing comprises all three stages in the development of disease: from the cause for the obstructed flow of energy to the illness itself. The basis for good health is undisturbed flow of life-cosmic energy to each cell. This guarantees their healthy and optimal functioning. Any obstructions to this correct flow of life-cosmic energy to the organism or the organism's inability to receive this energy are characteristic causes of discomfort and health problems. Interestingly, the defence system of the organism is not successful on the energy part of the body. It is more successful in eliminating the damage caused to the physical body. In the energy field, the defence system of the body acts through the protective field, through the aura, and since this field is unstable, the organism's defence is also unstable. The aura is influenced by various damages and depends on the organism's ability to form it, so the organism's defence depends on the strength of the bioenergy field.

Because of this dependence on the health state of the cells and their damage, the bioenergy field around the organism is the true indicator of the status of the flow of life-cosmic energy to the cells and all disturbances on the way. The health state of the organism is shown in the aura, so this protective field is the right spot for measurement and diagnosing the state of all organs in the body.

By measuring the energy in the energy and the physical bodies, a therapist with life-cosmic energy diagnoses the damage and development of disease, assesses the state of the organism and determines the order in which the consequences of the disease should be eliminated. It is right to emphasise again that the energy around organs appearing as the secondary field, bioenergy or aura is emitted by all organs, body systems and the whole body, and that it is produced as a result of the reception of life-cosmic energy. In the point of measurement in the aura, in the energy body or around organs in the body, there is always sufficient energy if the organ is healthy and functions normally. In all other cases the measurement result shows that there has been a change in this area and that there is a cause of

disease. The appearance of insufficient or excessive energy in the energy body means that damage has been suffered, that illness will soon appear or has already emerged. Excessive energy may only appear in the energy body, while the measurement on the physical body always shows a lack of energy. Practice has shown that measurement gives excellent information on the health status of our organism. This information cannot be accurate if the body is under the influence of chemical substances or blocked by its own will. In such case, the measurement does not show the true state. Consequently, we must be very careful: we cannot obtain realistic measurement results unless such negative influences are removed.

5.5. Therapeutic System

The classical therapeutic method used by doctors is direct treatment of the diseased area in order to fight the disease, so that the organ is no longer ill and that the organism recovers. Such medical therapy requires that the patient first gets ill, so that doctors can make the diagnosis and fight the illness with established and proven methods, to cure the body. Medical examination and first therapies often result in inaccurate diagnoses, and the treatment of one organ can lead to the illness of another. This is especially the case when a patient suffers from several diseases, when more than one organ is ill, so the treatment of one organ can damage another organ or even destroy the body. Medicine does not pay much attention to the capacity of the defence system of the human body and its role in the overcoming of illness. Doctors are convinced that – with their proven therapeutic methods – they are indispensable, successful and irreplaceable. That is why they do not accept different views of the human body and alternative therapeutic methods. This attitude probably results from the fact that the society supports them and the legislation protects them. Doctors poison the patients' organisms with pills (overuse of pills), butcher the physical body with scalpels (incorrect cuts and unnecessary surgeries), make people disabled by amputations of certain organs (this is particularly obvious in breast amputation), burn organs with radiation, create spiritual invalids (inappropriate interventions) and much more, but do not bear responsibility for their possible mistakes. The society should protect patients with the legal system, enable supervision over the performance of medical therapies and enhance control over the behaviour of all those employed in medical institutions.

I am also convinced that the society should find the right attitude towards alternative medicine and its development. Although, on the other hand, different methods of alternative healing sometimes result in fatal consequences for the patient, causing more damage than they do good. To protect the patients from bad alternative methods, the society should cooperate with alternative experts, and not follow the advice of disinterested and uneducated doctors or psychologists who are not competent to make objective assessments in this area.

Medicine begins to treat at the end of the process, when illness has already developed, when there are consequences on the physical body. It influences the disease globally, so that the organism is saved and becomes able to function normally. This system of medical intervention, system of long therapies, is called healing, although we are never sure whether the illness will reappear, because the causes of disease have not been removed. Recovery where illness does not reappear after medical intervention means that the defence system of the body became capable to defend the organism. If it does not succeed to do so, the patient will die.

Through preventive interventions, medicine maintains the immune system to some extent, for instance with vaccination of children and adults. A good example of this positive engagement of medicine is vaccination against the flu. Healing with life-cosmic energy uses a totally different approach from that of the classical medicine. The main goal of therapy at the level of energy is to enable the defence system of the organism to fight problems and diseases. This is contrary to the approach of medicine which treats the disease, the consequences that have already appeared in the organism, to enable the defence system of the body to function. In the therapy with energy, we first remove the causes of disease, so that illness does not reappear. Secondly, all organs and systems in the body that are burdened with the poor state of the organism are fully enabled through the channelling of life-cosmic energy to defend themselves. And thirdly, when the whole body except the sick part is able to fight the disease, we influence the sick part with energy by using transformation rules and maintain a healthy energy state for as long as the body requires to overcome the disease by itself. This therapeutic procedure in which the body overcomes the disease by itself does not result in negative side effects for the organism. The patient recovers in a very short time. One to three therapies and some

check-ups by telephone suffice. To uneducated patients such quick recoveries seem as if a miracle has happened. They are delighted to be cured and believe the therapist to be a saint. I do not agree that therapists with life-cosmic energy or some others are saints, that they perform miracles, as conscious work with good intentions always gives good results: we must invest much effort, learn the therapeutic rules and methods, train and make spiritual progress, learn to perform therapies consistently and correctly, develop humane, ethical and legal principles, and then we become aware that no miracles happen on their own and that we are not saints. I believe that there have been no miracles or saints in the history: these were people who knew the transformation rules, who were highly spiritually developed and performed therapies quickly. To uneducated people this seemed as if they performed miracles, so they became famous and eternally idealised and worshipped. These persons were connected with people. The church managed to exploits their abilities and proclaimed them to be saints, god's messenger, god's sons.

5.6. Therapeutic Method

The therapeutic method of healing with life-cosmic energy is maximally harmonised with the functioning of the organism and takes into account all possible obstructions to the flow of energy through the body. Various influences, blockades and similar traumatic causes of obstructed passage of energy to organs are the main reason for damage to the energy body, the aura, bioenergy. On the other hand, the causes of illness of the physical body are mostly connected with genetic programmes, the programmes defining the functioning of the body organs and systems, or in other words, with irregularities, damage or harmful elements in the programmes of the DNA cell structure. These negative influences or damage to the energy and physical bodies are in direct mutual connection. The two bodies depend on each other, so any disturbances in one body are automatically manifested in the other.

When we assess the health of the physical body, which is the subject of observation and the basis for our understanding of its existence, it is clear that it only exists because of the energy received from the surroundings, from outside the physical body. Therefore, the therapist must always first focus its therapy on the energy body. The energy which flows into the

physical body, the life-cosmic energy, must not be blocked. Consequently, the energy body must be cleaned of all external influences, deformations and injuries, and a smooth flow of energy through the bioenergy field, the aura, the chakras must be enabled, so that the physical body is not burdened with any injuries to the energy body. When a blockade has been there for a long time, the body can adjust to such damage to the energy body and get used to it. Such adjustment no longer represents an obstruction that is life threatening, but if the body gets sick, such old disturbances become one of the visible reasons for the body to give in and for illness to appear. Characteristic impacts of the environment on our body or influences of the climate where we live act as burdens, so I again highlight my finding: life-cosmic energy is pure and unburdened with such additional influences and enables us to live healthily. The therapist directs attention to such external impacts and invests maximum efforts in their removal. In this way, he or she fulfils the obligation to first cure the energy body, where the causes of disease lie, and only then treat the physical body.

The physical body is inert, reacts slowly and it is difficult for it to adapt to certain changes in energy. This must be taken into account in therapy. The energy body, on the contrary, reacts immediately to changes and influences. Since our therapies are conducted at the energy level, we can establish the results of our work immediately after a therapeutic session. Such cured, corrected energy body, which now has a healthy and strong aura, puts pressure on the inert physical body to adapt and accept the new energy state. I made my conclusion on the poor response of the physical body to energy changes after long years of studying and practicing. Practice also confirms that one day should be skipped between the energy therapy and the physical therapy. The following order should be followed in therapy: do the energy therapy on the first day, skip the second day, and do the physical therapy on the third day.

After long years of analysing the functioning of the organs in the body, I found that the genetic programmes in each cell are programmed so that all organs in a certain body system operate synchronically and with the aim to fulfil the common task of the system. The organism requires each its organ and system to function in harmony to fulfil the common goals of the body. According to mathematical calculations, the soul – which conducts the processes defined by the genetic programmes – has a multidimensional

character. It can have over sixty different dimensions according to the mathematical models known today. The complexity of the soul may confuse us in therapy. Therefore, we only take into account the dimensions that are closely connected with the treated organs, body systems and the needs of the entire organism.

The primary role in the management and transmission of information in the organism is held by the brain with the entire infrastructure of nerves, sensors and sense organs. The brain is not only a well-designed computer. Although it is still a mystery to us today, like the soul, we can assume that the brain has incredible abilities to conduct operations in the body, similarly to the soul in the universe and nature. For therapeutic needs, it is sufficient for us to be aware that the soul manages the entire organism through commands executed through the brain. It should also be emphasised that the brain also has the right and ability to conduct the organism on the basis of its own knowledge and experience, which we defined as ego. In both cases, when executing the commands, the brain first identifies the DNA programmes in the cells based on their energy forms. The DNA of all cells in the organism has the energy form of a spiral, and all programmes executed via the brain are implemented through the registration of this energy state. This means that the brain identifies the cells through their spiral form of energy. As regards the brain, all genetic programmes are only detected through the spiral form of energy of the DNA programmes, no matter if they are related to cells, organs, functional body systems, parts of the body or the entire organism.

Let us take for instance cancerous cells, which are formed in the large intestine and travel through the organism. With the method of marking, they can be found in all circulatory systems of water, lymph and blood. This disease that medicine considers incurable is not caused by deformations in the chemical or biological processes – the appearance and development of cancerous cells is connected with the change in the energy form of the DNA cell. Cancerous cells do not have the energy form of a spiral, like healthy cells: the energy of these cells has the form of a flower with four petals. Consequently, the brain does not recognise them and they stay outside its control. Although these harmful cells are, unfortunately, produced in the organism itself, they travel through the entire organism, through the water, lymph and blood systems without control. They find the weakest spot in

the body, settle down and begin to multiply. They form metastases, feed themselves on the organism, and slowly but surely exhaust the organism and destroy it in the end. Since the energy of cancerous cells changes from four-petal to two-petal forms through division, the life-cosmic energy therapist can establish the state of disease based on measurement. In medicine, the undeveloped cancerous cells whose energy has the form of four petals and which travel through the liquid part of the body are cured with the poisons of chemotherapy, while metastases, composed of two-petal cells and visible as lumps which can appear in all parts of the body, are treated by removing by surgery or radiation. Both medical approaches to the treatment of cancer result in severe consequences for the organism. Surgeries and radiation destroy the surrounding healthy parts of the body, while chemotherapy poisons the entire organism with cytostatics. Cancerous patients can only survive the medical therapeutic method if their organisms recover quickly, heal the damaged part or the wound appearing due to cutting or radiation, and if they remove the poisons entered in the organism during chemotherapy on time. In other words, if they overcome the consequences of therapy.

In practice, through healing of cancerous patients, I have not fully discovered why the brain does not detect cells that do not have a spiral form, why the defence system does not get activated against all deformed cells, and why the brain allows them to destroy the organism in the end. The finding that the brain controls cells based on the spiral form of DNA energy is by itself a great discovery for energy therapy. The diseases that medicine considers incurable are the diseases of cells at the energy level, so we can also cure them by applying energy rules. Through transformation rules, we reinstate the spiral form of energy of the diseased cells. The brain automatically reacts to this form, detects these cells based on the restored, cured spiral form of energy, directs its commands in the right way, and charges the cells to perform the relevant functions in the organism. With the use of the energy rules, the cells that are already permanently damaged and incurable – the medicine detects them through marking – are removed from the organism through the excretion system.

If the energy appearance of the cells is changed or the genetic programmes are damaged in any way, such as in the case of viruses and the like, this results in disturbances in the genetic programmes, incorrect functioning

of the body organs, and activation of illness. The soul fails to maintain the organism because, due to the disease, the brain failed to give correct commands. Therefore, a way to healing can be found if the patient's brain accepts successful therapies with life-cosmic energy. Emotional acceptance of energy therapy which gives divine results enables the patient's soul and brain to function successfully at the cell level. The soul obtains a free passage for the flow of life-cosmic energy to the sick areas in the body, and influences the healing of the damaged programme structure of the diseased cells. Life-cosmic energy is part of the soul, so in therapy the sick organs accept it wholeheartedly as aid, because it was this energy that they lost when they got sick and began to function incorrectly. The correction of the destroyed genetic programme involves the following process: through the acceptance of our therapy and channelling of life-cosmic energy, the soul helps the diseased cells and organs to function healthily for so long that the brain corrects the genetic DNA programmes of the sick cells. As I have already explained, the genetic programmes for individual functions of organs have forty to two hundred equal sequences, doubled, which serve as protection against damage and can also replace the damaged programmes. The brain has all these protective programmes under control. If the working programme is damaged and an organ gets sick, the brain replaces the damaged programme with a healthy one. Damaged working programmes result in poor functioning of organs, which are therefore lacking energy. Influencing the brain with life-cosmic energy, the therapist directs the functioning of the brain to force the cells to follow the back-up healthy programme sequence. The moment when the damaged programme is replaced by a new one, when cells without energy receive energy, is the key moment in therapy: in this way the diseased organ begins to function normally and thus the therapy with life-cosmic energy is concluded. This is followed by a check up of the cured organ by measurement, which in most cases shows that the healing was quick and successful.

5.7. Incorrect Approaches to Therapy

The described procedures of the functioning of body organs and the method of energy healing show why it is not appropriate to heal with bioenergy. The bioenergy field is not clean like the life-cosmic energy, so with an unclean energy the brain cannot force the cells to replace the damaged programmes in the diseased organ. Besides, the bioenergy field

of any person, including therapists, contains all causes of diseases that the person suffers from. Through bioenergy therapy, therapists infect with their causes of diseases affecting their organs the programme structure of the genes that is found in a health organ of the patient and destroy it. At the same time bioenergy therapists are not sufficiently protected at the energy level from the influences of a sick patient, so the aura can be damaged and the disease can be transmitted to the therapist's own bioenergy field, where the characteristic causes of the disease affecting the patient appear. Due to these energy damages, which bioenergy therapists do not notice at first because of their fitness, they become addicts. After a certain period, they gather sufficient damage to the aura and causes of disease to produce fatal damage and sickness, which mostly result in quick death.

In the end let us repeat that a life-cosmic energy therapist must pay attention to the causes of the disease and its characteristics, so that they can prevent reappearance of disease by removing such causes. The decision to approach to treatment by using life-cosmic energy is correct as practice has shown that this energy is divine and very successful in healing. It does not leave any consequences for the patient's organism. This is the energy of the soul and the fuel for our lives, so the cells accept it to get rid of their sick state. When the organism receives life-cosmic energy, its health improves. If it does not accept it for a certain reason, nothing happens to the organs and the organism remains the same as before the therapy.



1. The correct functioning of cells is enabled by life-cosmic energy, which the organism draws from the environment for its needs and which enables the functioning of all organs, body systems and the entire organism.

2. The body responds to the reception of life-cosmic energy by emitting energy in the space around itself. The transformed energy in the space around the body acts as a protective coat defending the body from all harmful energies: this energy is called bioenergy because it is emitted by all biosystems, or bioenergy field, which is known as aura.

3. Life-cosmic energy must penetrate from the surroundings of the body through the protective bioenergy field of aura to arrive to the cells in the body. During this penetration, it creates vortexes in the aura, called the points of opening or chakras. Chakras are vortexes that appear when one energy penetrates through another. They depend on the flow volume and the organism's need for life-cosmic energy, and nothing else.

4. The brain is part of the human body which takes care of the execution of all commands needed to the organism. It enables all connections and decisions required for our existence in nature. The soul acts as a system operator. Through the brain, it conducts all activities in the body, known as the commands of the inner self or the guardian angel. The brain, on the other hand, is capable of independent decision-making based on education and experience: this is realised as commands of ego.

5. The realisation of the commands of the brain and the correct functioning of the organism is based on the genetic programmes of the DNA system, which take care of the correct functioning of all organs and the optimal functioning of the entire body. Any damage to the genetic programmes results in disturbances and incorrect functioning of the organs. The reception of life-cosmic energy is obstructed and sickness is activated.

6. The cause of disease lies in the blocked flow of life-cosmic energy in the organism or in the sick cells which are not able to receive this energy.

7. In therapy, we first remove the causes of disease and obstructions to the flow of energy. By channelling life-cosmic energy, we enable the diseased organ to receive energy and recover. We first treat the energy body, where there are the causes of disease. Because of the inertia of the body in relation to energy changes, the therapy on the physical body is performed one or two days later.

8. After the first and the second therapy, when the immune system of the organism is fully enabled, we facilitate the organism to overcome the disease by channelling life-cosmic energy. The disease no longer appears when we remove all the causes for its appearance. By maintaining a healthy energy state, we help the body to fight the negative influences or states and to recover.



6. REALISATION OF THE PROGRAMME

The basis for the realisation of a certain idea, such as transformation by means of life-cosmic energy, achievement of a certain goal in spiritual progress, healing of human body, healing at the level of souls and the like, is a very exact analysis and studying of all elements in the functioning of an organism. This is the only way to understand the state of mind in which our ideas can be realised. We must accept systematic work and relive this state through the energy invested. An idea such as a wish that we do not endeavour to realise, in which we do not invest energy, is impossible to realise. It gets lost. In India, such a wish is called maya or illusion. Correct following of the functioning of the brain and systemic work, effort, investment of energy through meditation guarantee that the idea obtains its energy basis, its energy which enables its successful realisation.

6.1. Energy Needed to the Organism

The energy which enables the realisation of all creatures on Earth, such as ourselves, is life-cosmic energy. It depends on two factors: the conditions set by Earth and the influence of the universe on each individual creature. Life-cosmic energy is very stable. It is rarely subject to any changes. These can only appear in the case of significant changes in the universe or on Earth. Such a case appeared in the beginning of the 21st century, when there was a visible change in the universe, influencing the central DNA of newborns. Children born with right-turning spirals prior to these events in the universe had a damaged spiral form, while after these events children began to be born with a complete and undamaged right-turning energy system of the spiral of the central DNA. This means that after the year 2000 children are born with a right-turning or left-turning energy system without an error, without deformation in the central DNA. I described this case of energy spirals in detail in my first book on healing with life-cosmic energy, presenting the left-turning system with seven spirals. These seven spirals each have nine smaller ones, and these nine smaller one each have another three spirals, which is the normal energy state of the central DNA. A right-turning energy system of the central DNA with one to four main spirals, with only three smaller spirals on each of them, shows irregularities in the development of the child's character. The universe corrected this

deformation, so after these events in the universe, children are born on Earth with a right-turning energy system and undamaged number of spirals.

Considering the changes in the universe, human life is too short for a person to be able to notice such changes in the universe during one lifetime. A person's life is a tiny spark in the events going on in the universe. People find it much easier to notice changes on Earth. A special case is the climatic influence and its impact on the society. I know a case where a person born in Dubrovnik found it difficult to bear the climatic conditions in Vojvodina. As a result, he fell ill, but immediately after returning to the place of birth, he recovered. There are many cases where individuals born in warm place cannot stand cold weather. Medical data confirm this: many people who are born in the southern areas on Earth, but live in northern areas suffer from lung diseases.

Any changes in life-cosmic energy are very rare. During one lifetime, this energy may be considered constant and invariable. Over a longer period, longer than one lifetime or a period of several generations, changes in the universe are detected by all creatures on our planet. In therapy, we can freely consider life-cosmic energy unchangeable, and we will not make a mistake. This means that we neglect any possible changes influencing everything around us, because this energy is very important for various therapies. It does not cause any harmful consequences for the functioning of the organism. This is understandable. This energy is our food and, logically, this energy cannot harm others.

6.2. The Soul

Any discussion about the soul represents a risk that its name and influence might be understood incorrectly, that we might make a mistake regarding its characteristics, and that we might imagine the soul in our minds in an abstract and probably incorrect way, or that we might get lost in religious debates and find no way out. Today, humans are in the beginning, in the first stage of learning about the soul. A conclusion has been made that the soul is some smart energy guide that is still not comprehensible to humans, and the human brain still needs to get to understand its own operator. Of all characteristics of the soul, two are significant for now: its sacrosanct

connection with the unknown world of energies in the universe and its task in the functioning of the human organism. Realistically, we can only handle the soul and use its properties in the part which relates to our bodies and the processes that the soul conducts from conception to death.

Conception appears when the soul chooses a woman as the mother and a man as the father of the child. It cooperates with the souls of the parents, which physically create the basic genetic parameters for the physical body, whose external characteristics can only be observed after birth. During the alignment of the three souls, it can happen that the soul of the woman or the man is not pure at the level of souls, that they are under the influence of sins, and such a couple usually does not get approval for conception. The pair is not fertile. Partners may also have problems in conception at the physical level. When the DNA is formed, bad combinations can be formed from their genes, resulting in incomplete genetic programmes, which later cause poor functioning of the organism. These are the reasons for the so-called genetic diseases, known as hereditary genetic deformation. In such cases we can preventively, through the influence of life-cosmic energy at the level of souls before conception, cure the sin of the woman or the man. In this way the child forms undamaged genetic programmes, without the transmission of hereditary genetic deformation. In this process, the child obtains pure, cured genetic programmes without deformations, so we can say that the child's soul obtains undamaged programmes for its life and correct functioning of the body.

After conception, the soul retains the principal role in the conduct of the development of the foetus, completed with various influences experienced by the pregnant woman. If during the pregnancy the woman's soul changes its parameters and obtains parameters that do not suit the soul of the child, the latter triggers a spontaneous abortion, disables the development of the foetus into a child and terminates the pregnancy. The child's soul is responsible for the death of the embryo and has the exclusive right to terminate the pregnancy. It is responsible for the entire period from conception, birth, life and to the natural death. Its role in a human organism is its mission, its task on Earth, to learn as much as possible through its life in the body and enable itself to pass from a lower level to a higher level of consciousness. Therefore, it is understandable that if the conditions do not enable this, the soul terminates the development of a new life itself and provokes its death.

Remember Buddha's words that his soul has reincarnated thirty-six times and that it would no longer return, incarnate, because it learned everything that was possible on Earth. The Indian society is divided to four castes: the first caste includes people with a poorly developed soul, reincarnated one to nine times. People from this caste are only capable of manual work or to serve as ordinary soldiers. The second caste includes people with slightly better developed souls, reincarnated nine to eighteen times. They are able to do the work of merchants, since they have not yet activated certain programmes and developed moral principles. The third caste consists of very capable people, whose souls have reincarnated nineteen to twenty-seven times. They are able to lead and manage human communities as leaders, such as presidents of societies and all to presidents of states. And in the end, the highest caste includes people that Indians know as Brahmins, Bodhisattvas, gurus and the like, with twenty-eight to thirty reincarnations of the soul. These are able to consecrate their lives to spiritual values. The transition from one caste to another is not possible during a single physical lifetime. It is also not possible for someone from a lower caste to become a Brahmin. In our Christian civilisation, it is possible for someone with a low number of reincarnations of the soul to become a priest and to conduct rituals in the church, which has lately become general practice. Today, most of church officials come from lower castes with few incarnations of the soul, so it is no surprise that they include many bloodthirsty commanders, that rare individuals emanate humanity, and that rare of them have high reincarnated souls.

The level of development of a person's soul and his/her function in the society may lead to a conflict of personality, which finally manifests as the cause of disease. Such individuals must be treated with the aim for them to assume functions in the society that suit the level of development of their souls, usually positions that demand lower responsibility. In the long years of my practice, I encountered several such cases, where the energy system of the patients was totally destroyed, although their energy and physical bodies were entirely healthy. This is a specific situation where the soul is getting ready to leave the physical body: it realises this by causing a fatal accident, such as traffic accidents or accidents at work, suicides, incurable diseases and the like. Afterwards, the soul leaves the physical body. When the physical body of the patient is healthy, like in the above case, we perform therapies at the level of souls. We cure or replace the patient's soul, enable

normal functioning of the organism and prevent its planned death. Souls may be exchanged spontaneously: this can be observed in accidents with severe physical injuries and critical conditions, where a medical miracle happens and the patient suddenly begins to recover. After recovering, such a patient begins to act in a different way. If before the accident he had an explosive and quarrelsome character, meaning that his soul was low incarnated, after the accident he becomes peace-loving, calm, understanding and showing good personal traits, which means that his soul is at a higher level of incarnation. In India, they say that he obtained a developed soul of a higher spiritual level.

Based on many experiments and successful healings through many years of my therapeutic practice, I can confirm that it is possible to correctly cooperate with the patient's soul. One can treat it and replaced it, if necessary, without committing an offence or spiritual sin at the level of souls. I can also emphasise that any procedures and operations of the therapist at the level of souls only become successful if the therapist is at a high level of spiritual development or consciousness. Replacement and therapy at the level of souls does not cause any disturbance in the physical body of the patient. There is no reason for illness. Certain changes in the character appear, improving the personality. Any operation at the level of the soul is enabled by the brain. The brain has the exclusive capacity to establish contact at a higher level of consciousness.

The soul of a newborn is what it is. It has a certain degree of abilities depending on the level of incarnation. It has conducted the process of the child's development and is pure, without a sin. With adults, the soul experiences various cases of weakening due to the impact of ego, and it does no longer appear to be pure. For instance, any fixed, tenacious conviction, such as religious, political, exclusively one-sided acceptance of the principles of others, like the views of demagogues, beliefs of writers, teachings of spiritual leaders, blind following of various spiritual paths and the like, makes the brain add to the soul another part which is responsible for the functioning of the organism during the discussions on such convictions. This procedure of the ego adding an appendage to the soul is not mentioned in the literature of the East nor in the literature of the West. The literature only refers to the soul's progress as its mission on Earth.

The soul truly progresses in time and obtains various additions, additional souls, for them to act in concert, or decides to refuse them, rejecting additional tutors. The soul decides by itself to progress on its own and not to accept other souls. In this way, the soul makes conclusions through personal experience, learning, practice and spiritual progress. The two cases, adding of souls or rejection of new souls or independent creation, are equal, only that the environment superficially defines them as the negative and the positive direction of spiritual progress. The brain can only attach other souls or additions to the soul if the latter is still undeveloped, if it has few incarnations. In the first case, where the soul obtains additions, the additions make the personal traits of the individual become bad. The society sees such people as negative persons who in the end become doers of black magic because of the acceptance of other souls. In the second case, the soul does not accept the principles of other philosophies. It analyses their teachings and learns on its own, develops its abilities. This is a characteristic of highly developed souls.

This independent path leads to a spiritually developed person, capable to appreciate humane, ethical and legal principles, and to possess other positive qualities. Such individuals are desired in the society and defined as positive people, as their actions point to a positive direction.

Based on the healing of several thousand different patients, I established that a pure soul of a newborn can later accept up to twelve additions or souls in one lifetime. It is very rare for an individual to only have one soul. Accordingly, on this basis and in the interest of spiritual development, I divided all patients to three groups with regard to the number of souls. A characteristic of the first group of individuals, who possess one to four souls, is that they are able to directly take up spiritual learning and can become spiritually developed persons in a very short time. Spiritually developed persons only have one soul, without any additions. The second group includes individuals with five to eight souls. They can progress spiritually by training and investing energy, or keep the additions to the soul and direct their development towards negative traits. The third group of people, with nine to twelve additional souls, assumed negative characteristics, such as dominance, malice, vampirism, subordination of others, enjoying torturing, crimes and the like. We can conclude that individuals from this group directed their development in doing black magic. Based on the

treatment of patients from the third group, I can responsibly confirm that doers of black magic have twelve different souls and that such persons cannot be healed by treating the energy or the physical body, or by another therapeutic method. Such evil persons can only be healed if the therapy is conducted at the level of souls, where we deal with them.

6.3. The Brain

To analyse the brain and its capacities is still a total absurdity, because humans who try to find the ultimate answers and resolve the question of its structure are not yet qualified to achieve that. This organ of the human organism is unknown and the least examined. Consequently, the question is raised how it is at all possible for the brain to ask itself a question and simultaneously receive a valid answer from itself. There is also a risk for the brain and the entire body, since we do not know what will happen when we get familiar with the structure of the brain. Will we automatically continue to increase its capacities all the way until destruction, or will we accept life at a higher level, with the possibility of life at another place in the universe? All this confuses us and makes us uncertain. Therefore, we will limit the discussion on the brain to its properties connected with its energy and physical bodies at different levels of consciousness with the aim to usefully employ life-cosmic energy for therapeutic needs and maintenance of health.

It is very possible that God did not create humans after his image, as some religions claim. If he did that, he would be truly ridiculous and comical. He made the brain in his likeness: with the properties needed to humans. Owing to the ability of abstract thinking and useful hands, humans have thus become god in nature. They learned and subdued virtually everything on Earth, and have also had a glimpse in the universe. The brain acts as an absolute ruler in our body. In the case of hunger, the brain takes the maximum amount of food, no matter if an organ or the entire body gets destroyed together with it. All events in the energy and physical bodies are under control of the brain. It is responsible for everything that happens around us. It is able to give answers and explanations to events in the universe. Therefore, it is no surprise that the brain behaves as an absolutist at the level of the body.

By now, science has discovered many capacities and properties of the brain. These findings enabled us to change our conservative views of it and its abilities in the achievement of our desires to find answers to a large number of mysteries in ourselves and around us. One of the important mysteries is by all means the memory system and reading of data from parts of the brain. The holographic memory system can open our views and we can create presumptions about how our brain memorises. However, we must be aware of many traps, since we are only in the initial stage of discovering the brain, and mistakes that we can do in our conclusions can be large. Practice and measurements at the spiritual level showed that the brain detects energy forms and in this way carries out commands and influences on the organism. Thus it is possible to conclude that the brain has a multilayered memory system, that it has a multidimensional structure and various forms of memorising.

If we accept the presumption that God created the brain or humans in his likeness, we will gain an insight and ability of human action at the level of energies and the universe. This very thesis enabled me to get to the level of energies, the level of souls, with my experiments, and to thus succeed in transformations used in practice and cure a large number of patients from, medically speaking, incurable diseases.

First, the brain receives information from the environment and makes conclusions based on experience and education. It forms its ego for the needs of assessing and independent decision-making. The result is suffering of the inner self, which gets pushed aside and subdued as regards control over the organism. The functioning of the organism under the command of the ego is an unsurpassable obstruction to the spiritual development of an individual. The brain must first realise that its ego is creating problems for work with spiritual components. Only through agreement with the ego or its exclusion from the system of operating the organism is it possible to enable smooth work on spiritual progress, to obtain spiritual power and to heal at the level of energy. The brain has all the capacity to learn about the nature, to memorise, to take independent decisions and to keep a direct contact with the environment through the sense organs. It enables the soul to smoothly operate the entire body. For energy therapy, it is very important that the brain can create therapeutic programmes and realise these programmes, and that in critical situations,

when it does not seem to be able to defend the organism, it uses the feeling of pain to ask for help from the outside, and thus preserves life and health. The brain is not a computer, although it is very similar to it in many functions. It is a multi-purpose and creative organ which is in alignment with the natural laws. The brain enables us to understand nature, the universe and much more, so it is no wonder that the nature protected it from injuries by the skull and other bones, like the marrow.

The brain is in charge of the management and operation of organs. Consequently, any injuries to it are manifested visibly in the physical and energy bodies. The greatness or nature of the brain is also shown in its ability to restore lost organs and parts of the body through orders given to genetic programmes, although people think that is not possible. The brain is also able to create a new plant or animal species in nature, we only need to point it in the right direction and activate it. We can conclude that the brain is a door which enables us to enter another world. It enables us to use all possibilities and advantages at various levels of consciousness. It also enables personal affirmation in all areas and in all creatures on Earth and in the universe.

6.4. The Soul and the Brain

The soul fulfils all its commitments to the human exclusively through the brain. Their alignment gives good results and enables healthy functioning of the organism. The soul is only a poor system operator if it is not sufficiently developed, if it has few incarnations, little experience, and cannot activate most of the important genetic programmes with this level of knowledge. It is also for the brain to have little experience or an undeveloped ego. Such persons will not show any special talent. In most cases, they are even limited in their behaviour. Only a highly developed soul and diverse experience of the brain give an individual the basis for outstanding work and philosophical thinking. The brain conducts the processes needed for the functioning of the organism, no matter if that involves the soul, the inner self, or the ego, the person's own system of assessing and managing.

The brain is the organ in the organism which, based on knowledge and experience, creates the matrix for the realisation of a certain idea, for individual abstract ideas that are characteristic of humans. The brain

forms the action programme for the realisation of these ideas. In its concept, the entire system of our thoughts has the ability to create ideas as well as a system for their realisation at the level of the organism and outside it. The whole procedure is conducted by the ego with the approval of the inner self. The brain can only realise its ideas if it includes the inner self, the soul, which is a mediator between the body and the creator – nature. Our wishes cannot come true if this law is not followed. This explains why wishes stay unrealised if the idea is not given life at the energy level. Meditation serves as the system for bringing ideas to life. It makes the brain operate at the energy level, at the level of souls. The creator immediately answers and makes the wish or idea true. The correct procedure of realisation is that the brain forms a programme, a matrix or an algorithm for our idea, and then enables the soul to realise this at the level of existence through the system of meditation.

Unrealised ideas or, in our case, failed transformations in therapy with life-cosmic energy result from deficient functioning of the brain. During meditation, the brain did not experience or enter the spiritual state needed for guaranteed success. Failure to perform transformations is almost always present with beginners in classes for life-cosmic energy therapists, because the brain realises their ideas erroneously due to uneducated and inexperienced ego. It creates presumptions and realisations of its own that cannot give good results. Only through constant practicing, investing energy, training, consistent repeating of transformations in the state of meditation, a beginner can expect success. One must convince the brain and its ego to accept – during the performance of transformations, during meditation – the spiritual level, which is under command of the soul, the inner self, and that it will only be guaranteed success in this way. Practice has shown that if we experience the state of meditation once and remember this state, we can always be successful. That is, if we achieve this state again, re-experience it and thus perform transformations. This system of brief meditation is equally successful in healing and use of transformation rules as the system of long meditation states. When all factors are aligned, the brain is able to do a lot for healthy functioning of the organism. Moreover, we must be aware that the brain is capable of much more, of things that we do not know yet. Let us take as example stigmas: the brain – supported by suitable prayers and re-experiencing of pain in an imagined crucifixion of Jesus – forms large wounds in the spots where the nails supposedly

penetrated the hands and the feet. The truth is that it is not known where Jesus was nailed to the cross and whether he was indeed crucified in the way presented by artists in paintings. In any case, the meditating persons obtain wounds – stigmas – in the spots where they imagine them, and nowhere else.

In the case of failure to heal with life-cosmic energy, the problem lies in an unadjusted therapist, who did not manage to bring himself/herself in an appropriate spiritual state, the state of meditation, the alpha-theta area of brainwaves, during transformations. The therapist did not manage to pass from the system governed by ego to the spiritual level governed by the soul or inner self. We have no choice but to accept the fact that human thoughts can create wonders, that they are responsible for any idea if its realisation goes through an open door of our creator, through the level of the soul, the inner self, through the energy body. This means that humans simultaneously live at several levels and that some of these levels are very important, particularly if we want to know why transformations in therapy fail, why we are not successful and in what state of mind can we perform therapies at the energy level and what happens in healing at the level of souls.

6.5. DNA Programmes

At conception, a DNA programme is formed in the fertilised cell. Through multiplication of cells, the same DNA programmes are formed in the new cells. At the end of the development of the embryo, each cell in its body has the same genetic programme. Each cell knows everything that happens at the physical level. The genetic programmes are programmed to conduct all the processes in the physical body from conception to death. I have already mentioned that the conception and development of the embryo, of the child, are conducted by its soul and that after birth two commands are formed: that of the soul as the principal one, and that of the ego which is formed by the brain based on knowledge and experience. The operation of genetic programmes which are responsible for the functioning of the physical body and the person's relations with the environment takes place exclusively through the brain, controlled by the instructions of the ego, formed on the basis of personal assessment. The ego assesses whether it can benefit from the instructions of the soul, the inner self, or not, and consequently allows the activation of genetic programmes or not. It almost

always lets the inner self take control if it finds that it can benefit from this. Otherwise, it always rules and commands, even in critical situations where its commands are wrong and dangerous, all to the destruction of the organism and ego itself.

The ego's dominance in the conduct of the processes in the organism is an obstacle to any realisation of the instructions of the inner self and possibilities provided by the genetic programmes. Let us see the following examples: first, when different wounds on the physical body heal quickly and the tissue lost is renewed, and second, when the body does not renew the lost part, which is thus lost forever. The difference between the two cases is only that in the first case the brain allowed the activation of the programmes of the part of the body that was lost and the tissue was renewed, while in the second case it did not allow the activation of the programme for the renewal of the part lost and the organs are lost forever. Everything is recorded in our DNA structure, including the renewal of lost organs. After conception, these same programmes formed all body organs. Therefore, one can freely say that they are still written down in the genetic code, that they are not lost and that genetic programmes still hold many secrets. The problem of realisation through genes is not whether there is a genetic programme for a certain requirement or not – there are too many from our point of view –, the problem is whether the brain allows these programmes to activate or not.

Through hundreds and thousands of years, the fixed conviction, limited idea of humans that lost organs cannot be renewed created the presumption and belief that it is truly impossible to renew the lost parts of the body. The brain formed the order “this is not possible”, blocked the programmes and put them aside. For the organism, these programmes are useless, inactive, and the body does not renew the lost parts of the body. Let us remind ourselves again that after conception these programmes emerged in the formed DNA structure and that organs grew on the basis of these programmes. The activation of the programmes blocked by the brain is quite a complicated meditation procedure. I am convinced that the time will soon come when we will be able to open these programmes and use them for the renewal of organs. The prospects are not in the replacement of the destroyed organ by surgery, but in the activation of the genetic programmes, so that the body can renew the organ by itself. It is inhumane that we now have trading

in internal organs needed for surgeries, but it is even more inhumane of certain medical experts to consider farms for the production of parts of human organism. A case where a body lost his legs in a traffic accident, and new legs began to grow immediately after the accident, although for a short time, is indisputable evidence of the capacity of the human body to renew the parts lost.

If we are aware of the fact that the programmes for the growth of all organs are formed at conception, that these programmes are still found in each cell of the organism, and that the brain has blocked some programmes, made them inactive and transferred them to its memory store, we can also be aware that the blocked programmes can be activated by using the right command and through a suitable mantric meditation transformation.

Any damage to the genetic programmes results in an incorrect functioning of organs. This damage was defined as the consequences on the organ, as the appearance of sickness. Such a case is when viruses damage the genetic structure of the programme, trigger incorrect functioning of the organism and cause illness. In the damaged and sick areas, the cells lose the capacity to receive life-cosmic energy, as the damaged genetic programmes are now not in alignment with the functioning of the physical body and the needs for this energy. We can compare this to a radio device which we set to the channel where there is no radio station that we want to listen to. Thus, our wish is not fulfilled, we remain empty-handed, as we cannot hear the radio station, which emits its signal at another channel. The same happens to cells when the genes are damaged: they are set to another channel, the channel causing the disease. In therapy with life-cosmic energy, we use transformations to provide the lost energy to the sick areas and thus convince the brain to activate the back-up programme for the healthy functioning of the cells, so that they abandon the damaged programme.

The programme structure of DNA includes forty to two hundred back-up sequences for the whole body. Therefore, the body can easily replace the damaged programmes with healthy ones, and enable resuming of the reception of life-cosmic energy and healthy functioning of all organs. The therapy by channelling life-cosmic energy to the sick area takes as long as needed for the brain to realise that a certain genetic programme is damaged and that the organ functions incorrectly, that it is sick, and

to replace the damaged programme with a healthy one from the back-up location. Through meditation and transformation rules and with the use of life-cosmic energy, the therapist creates the conditions to which the brain reacts – it understands the critical state and realises that it must replace the action programme of the cells in the organ. After the programme is replaced, the cells become able to receive life-cosmic energy, and they begin to function normally and smoothly. The sickness disappears, the brain controls the functioning of the undamaged programme, and therapy is no longer necessary. This convincing to replace the damaged programme is necessary because the diseased organ changed its energy form due to the damaged programme. Consequently, the brain does not detect these damaged programmes. It is not familiar with the new energy forms. It seems to be blind for them. And thus it allows the diseased organ to remain without protection and get destroyed. The channelled life-cosmic energy warns the brain that this is the right energy, useful for it, so the brain adjusts quickly and activates the healthy programme sequence. Recovery means that, by channelling healthy energy, the therapist transmitted a healthy energy form to the diseased area. The brain accepted this and the result was recovery of health.

For our therapeutic work it is important that the sick organ loses the capacity to receive life-cosmic energy. Thus it becomes functionally unaligned with the functioning of other organs. Since it does not receive life-cosmic energy, it does not emit protective energy in the space around it and has no aura, no bioenergy, which can easily be measured to determine the disease.

6.6. The Protective Field

Bioenergy is the energy field which, with its form and intensity, represents the state of our organism. It shows all changes in the functioning of organs or systems in the body, manifested adequately in the field of aura. If the organism, the human body, is healthy, it is surrounded by an undamaged egg-shaped aura of golden colour. As soon as an organ begins to function incorrectly and gets sick, a black spot appears in the aura next to the sick area. This means that this organ does not emit protective energy and does not receive the indispensable life-cosmic energy through the chakras, the points of opening. When an organ in the body does not receive the energy

needed for life, the cause is blocked inflow of life-cosmic energy from the environment. It often seems to us that the sick organ does not receive the necessary energy due to a cause in the body, but this is not true, since viruses, for instance, are not successful in a healthy organism, in an organism with a healthy and strong bioenergy protection, undamaged aura around it, constituting a solid protection against the influences of negative energies.

Various external influences on the defence system of the organism, on the bioenergy field of aura, such as dominance, malice, vampirism and the like, may obstruct the flow of energy and weaken the defence capacity of the organism. The body receives insufficient energy and the organs function poorly. In such an aura which is influenced by adverse energies, we detect the cause and consequence of this influence. For instance, we can identify the way in which a dominant person affects the aura and what are the consequences in the protective field of the organism. Not only that the organism is affected by adverse energies of human source, this field is also sensitive to and under the influence of energies of other origins, such as energies of animals, plants or unknown sources. In most cases, the influences of harmful energies of unknown origin affecting the defence system are the result of a combination of several different energies. In such cases, we detect damage and blocked passage of energy through the aura, but cannot find the right reason for this damage. The strongest blow for the protective energy system originates in known protocols of spells, curses and black magic. Their action is constant and destructive, similar to the principle of a pump. They do not allow the energy field to restore. In addition to these protocols, the list of harmful energies also includes various prayers, combinations of different objects, combinations of various protocols joined with voodoo dolls, use of energy souls, energy or living objects, and much more. The use of these protocols and aids is closely connected with the geographical area where the victims live or where the protocols are performed.

The bioenergy field is proportionate to the reception of life-cosmic energy. Bioenergy is a secondary energy and its field is the reflection of the health state of the organism. This field includes all external influences, damage at the level of energy as well as weakness, sickness of individual organs. Although the bioenergies of healthy organisms are similar to human eyes,

they are far from being identical. Bioenergy is therefore not suitable for therapies. When healing with bioenergy, the therapist transmits to the energy system of the patient all damages existing in the therapist's aura. When removing excessive energy from the patient, they receive in their aura all patient's energy damage, all the diseases found in his or her bioenergy coat. The energy field of the patient presents the complete health status of the organism. It thus constitutes an irreplaceable basis for assessment and measurement in the therapy with life-cosmic energy.

6.7. Measurement Field

Aura is an energy field containing the indicators for all diseases and injuries suffered currently by an individual organism. As I have already mentioned, this field includes all causes of illness, all influences on the energy system of the organism, all recordings from the past and damage suffered by the ancestors, as well as orientations for the future. The basis for the measurement of the health state is the discovery of injuries to the energy system obstructing the flow of energy. By using energy measurement devices, such as the intuitive sensor, the eye sensor or a pendulum, injuries can be located precisely and their intensity can be measured. The discovery of certain energy obstructions in the aura enables us to make the diagnosis and use the right transformation rules for their removal. It is very important that with the measurement system we can classify different causes of the damage to the aura and obstruction of the normal flow of energy into the body. If these causes of obstructions in the energy field are discovered on time, therapy can prevent the illness from appearing and the patient does not get sick.

In the way we determined all the obstructions in the energy body, we can locate in the physical body all the causes why the body, the organs do not receive energy. This usually happens when an organ is sick or its functioning is limited by the inherited damage caused to the genetic programmes. Likewise, it is possible with certain magic protocols focused on a certain organ to block the flow of energy and cause the organ to function with a reduced intensity, and finally to get sick. It is interesting that by repairing the damage in the energy field of the ancestors, who normally no longer have a physical body as they are dead, we remove the genetic damage from all descendants at the same time. We can also locate the influences

of the sick organs on the functioning of the whole body and weakened healthy organs. By channelling energy, we make them stronger and enable the body to overcome the disease by itself in the end.

The location of the damage, accuracy of measurement and recovery depend on the accuracy of the measurement instrument. Therefore, it is reasonable to perform measurements with several measurement devices one after another. Practice has shown that all instruments function under the influence of intuition and that accuracy of measurement is guaranteed when the intuitive sensor is used. In all measurements, it is also appropriate to use the eye sensor. In the case of black magic, one should also use the pendulum. When measuring at the highest level of consciousness, at the spiritual level, one should, after approval, use the intuitive sensor, but also obligatorily all known measurement sensors. With the use of all three instruments, we will never make a wrong diagnosis. Therefore, therapy with life-cosmic energy is successful even though the number of therapeutic sessions is minimal. Thus, we can conclude the therapy after one to three sessions and a few telephone check-ups to determine whether all causes of disease have been removed. A systematic approach to the measurement and discovering of the reasons for damage to the energy field is even more important when searching for the causes of diseases that medicine considers incurable, such as cancer and similar “incurable diseases”. Correct performance of therapy at the level of source energies does not have an alternative. Consequently, systematic work is needed and transformations must be carried out exactly as prescribed, whether we like it or not.

6.8. Therapeutic System

Now it is clear why life-cosmic energy therapy is systematic and defined by rules. The goal is to bring energy to the damaged and diseased areas in the body and to recover a healthy energy state. This is possible and successful only when we exactly follow the functional connections and dependence of all factors involved in the process of a correct functioning of the organism. The organism needs life-cosmic energy as food, as fuel. If this energy does not flow, there is no life. The cells, organs and the entire body only receive this energy if the genetic programmes of the DNA structure are not damaged, as each organ, each part of the body, depends on its own genetic programme found in each cell in the body. Governed by the soul, the brain,

this divine structure, conducts the operation of all genetic programmes of each body part. Without our consciousness and powerful influence of the ego, the brain controls the whole body and cares for its smooth functioning – for the correct functioning of the entire living organism. In the state when the genetic programmes function smoothly, when the flow of life-cosmic energy is normal and when it can pass through the points of opening or chakras, we say that the organism is healthy, and the person with such state of the organism is “bursting with health”.

Obstructed flow of life-cosmic energy or the organism’s incapacity to receive energy causes incorrect functioning of the body and then the appearance of disease. The brain immediately detects that something is not right and tries to establish a normal flow of energy and enable correct functioning of the organs by activating and using all protection mechanisms. The brain eliminates such or similar damage to the energy body from the aura and covers it with the healthy energy of other organs or, in some cases, gets used to the state that is not critical to the organism. The brain removes obstructions to the flow of energy. It fights and removes any damaged genetic programmes in each cell to maintain the healthy state of the organism. In most cases in the work process of the body, the brain maintains the healthy state of the organism, and it is possible to say that we are only healthy because the organism is able to remove most of the damage obstructing the flow of energy into the body.

Not all damage to the energy and physical bodies is removed, so it is manifested as disease. Although it activated all defence potentials and failed, the organism ensures working processes to take place. It does not give up. Through the feeling of pain, it guides the brain to seek help outside the body. A direct aid to the energy part of the organism without consequences can only be provided through therapy with the energy of life – life-cosmic energy. All other known alternative methods, especially medical therapy, leave minor or severe consequences due to partial therapy or partial approach to therapy. Therapeutic success depends on the damage suffered by the diseased organ. Recovery can only be expected if the disease has not yet irreversibly destroyed the part of the body. Medical therapeutic procedure is opposite from the energy therapy: medicine treats the diseased part of the body or the body, so that the cured organ or body can establish a stable state in the organism. Medicine does not remove

damage at the level of the energy body which obstructs the flow of energy in the body. It does not search for the causes of the disease. Consequently, medical therapy is often long and painful, and frequently unsuccessful.

The right approach to and realisation of the therapeutic system using life-cosmic energy takes place in three steps:

First, we measure any damage to the energy body and remove it, neutralise it. By using transformation rules, we cure this part of the damaged aura in order to establish a smooth flow of life-cosmic energy to the physical body, to each organ and to each cell.

Second, we measure the energy state of each functional system of the physical body to determine whether any of them is without energy. For each system and organ of the body with insufficient energy, which would lead to sickness, we establish the healthy state – inflow of energy – by using transformation rules. At this moment, all body organs and systems that were weakened by sickness receive therapy and retain a healthy energy state, as the sickness prevented them from receiving the energy needed. By receiving the therapy, all body organs and systems become maximally healthy. This disburdens the defence system of the body, and the latter knows that it has recovered its full capacity for an optimal functioning of the organism.

Third, we must be aware that, despite the aid offered, the brain is not yet able to successfully remove damage. Therefore, it must be helped at the energy level. The therapist does so by continuously channelling life-cosmic energy to the sick area or area without energy, using transformation rules. By channelling energy to the sick area, we help the brain for so long as it takes for it to take control, repair the damaged genetic programme and ensure smooth flow of energy to the crisis area in the body. Treatment of the energy and physical bodies enables the organism to fight the disease, recover health to the entire body, and not to only cure the sick part. Therefore, we can freely say that therapy with life-cosmic energy is not just therapy, but leads to full recovery.

6.9. Levels of Consciousness

Everyday life is a stress state where ego rules. Ego subdued the inner self for the daily needs in the society and the environment. The state of stress is not suitable for meditation and spiritual events, especially therapy. As

a result, transformations fail. Any attempt of a therapist to heal in a stress state results in guaranteed failure. Therefore, we must always be aware that meditation is the only way for the realisation of the ideas of the brain. Any other state, particularly a stress state where ego rules, leads us to a wrong path, and energy therapy is not successful.

Universal love

By investing energy, through practice, we can achieve the state where the inner self is in command. It is now an equal to ego. They begin to cooperate and transformations become successful. Ego and the brain design a programme for realisation. The inner self, the soul, connects us with the creator and realises the idea. All three, ego, the brain and the soul, work in coordination. They complement each other and do the job. This state of consciousness when all ideas of the brain are realised brings individuals into a special emotional state. This human quality that we appreciate everything around us is called universal love. The emotional state of universal love is the basis and the first level of consciousness that must be achieved by any therapist with life-cosmic energy if they want to progress spiritually and be successful in energy therapy. To see light in meditation is the first step towards spiritual development and a sign that we are on the right way. However, it does not mean that, by experiencing that, we fulfilled the condition for healing, that we achieved universal love.

Consecration

A higher level in spiritual consciousness is the state of enlightenment or consecration, when the inner self takes control and makes decisions, and ego stands aside and fully helps and cooperates, if necessary. Consecration is a high degree of spiritual development. It is at a level where the brain is able to directly affect the therapeutic process. A therapist at this level of spiritual development can see the internal organs, heal by using mental surgery, and directly use the possibilities at the astral level. The spiritual observation of the internal organs is the normal state at the spiritual level of consecration, where the abilities to foretell and read events from the past are open to us, which is part of the spontaneous experience. Fake experiencing of consecration, enlightenment, or inappropriate naming of certain persons “consecrated” creates a cause of brain disease. In most

cases, this means commitment of a sin at the level of souls, and there is risk that we have invested our energy in a wrong direction. Consecrated people are usually miracle persons. Their therapies are very successful. They are good teachers of spiritual contents. Some are good authors of books on spiritual issues. However, the society and the environment do not understand these people and do usually not accept them. In India, consecrated people live in ashrams, monasteries, isolated, in high mountains. As their souls are highly developed, they do not expose themselves to the unsympathetic society and the possibilities of malicious maltreatment by people with low incarnated souls.

Spiritual state

There is another level of consciousness accessible to us that we should understand. This is a state when all events in a person, inside and outside, are exclusively conducted by the inner self, the soul. In this state, ego has completely lost its value. It has become inactive. The whole physical body lost its meaning. It is no longer necessary. Such individuals in India live on meditation. They are taken care of by the citizens. If they decide to go among people, they walk naked, look starved and intoxicated. They are confused by the looks of the environment. There are also very rare individuals who do not neglect their physical lives. They dedicate their knowledge to forming certain rules for life, found spiritual philosophies and schools, organise ashrams, set the foundations for new spiritual paths, or create the basis for new religions.



- 1. Life-cosmic energy is food for each living organism on Earth.**
- 2. The soul is a helping hand of our creator. It has the function of a system operator conducting – with the aid of life-cosmic energy – the entire life process, from conception and birth to death.**
- 3. The brain, this divine and simultaneously operational part of the organism which enables full functioning of the body, connects us with the environment and is aligned with nature.**

4. The soul, as a divine operator in the human machine, conducts all processes the brain is capable of through the brain and in alignment with ego.

5. The DNA programmes found in each cell and responsible for the correct functioning of the organism are commanded by the soul in alignment with ego through the processor or the brain.

6. Bioenergy is a secondary energy which the organism – by transforming life-cosmic energy – emits into the space around the body as a protective coat against all influences of harmful energy combinations.

The aura is an energy field whose shape and size are proportionate to the health state of the organism. It indicates the capacity of the organism to receive life-cosmic energy. It keeps all recordings on the harmful obstructions of life-cosmic energy, energy influences from nature and biosystems of known and unknown origin, as well as everything that happened in the past and will happen in the future.

7. The area where it is possible to precisely diagnose the health state of the organism by measurement and which is used as an indicator of the state of energy during therapy is the bioenergy wrapping around the body, the only appropriate field, the aura.

8. The method of healing with life-cosmic energy involves establishment of the normal flow of energy in the organism and aid to the defence system of the organism to be able to remove all obstructions of energy and diseases by itself. This aid is provided through a systematic healing of the energy and physical bodies, and channelling of energy to the diseased area in the body. The disburdened and strengthened defence system of the body successfully cures the sick area and establishes a normal flow of energy in the body.

9. The spiritual growth of a person, enabling him or her to understand the ability of the soul and the brain, can be divided to three levels of consciousness: first, achievement of the level of universal love and therapeutic ability to heal; second, achievement of enlightenment and ability to heal by mental surgery; and third, achievement of the state of consciousness above consecration and approval to work at the level of souls.



7. RESISTANCE TO THERAPY

A healthy defence system of the body can overcome any disease, even those that medicine declares incurable. This fact is known to scientists and doctors. We can often hear a doctor say that the patient can recover if he or she has the willpower to do so. Practical experiments conducted in therapy with life-cosmic energy show that the organism has an incredible capacity to defend the body, unlimited possibilities of recovery and a continued protection system. The body gets sick if the defence system is blocked or overloaded. The aim of life-cosmic energy therapy is to enable the patient's defence mechanism, which will then surely manage to overcome the disease. Obstacles appearing in the flow of energy, weakening the defence system of the body, mainly appear in the sphere of various factors affecting the genetic action programmes – unconscious programmes conducting the functioning of the entire body. The obstacles injure these programmes, misleading or forcing the brain to poorly manage the organism's defence. These obstacles, adversely affecting the body's defence, can be classified into two characteristic groups, namely:

1. obstacles obstructing all body systems, when the whole body is exposed to these influences, and
2. causes of damage to the organism, causes of illness.

In the first group of obstacles, the body is blocked, addicted to certain external substances. Because of their influence, it has a changed energy form, which is not in alignment with therapies and which creates resistance to energy healing. In such cases, to succeed in energy healing one must first remove, cure this addiction of the patient and his or her organs. Procedures must be performed in the same way as in the case of treating the causes from the second group, where there are no such obstructions. These patients, addicted to various factors, can be divided to five groups as follows:

- drug abuse;
- excessive consumption of alcohol;
- the habit of constantly using pharmaceutical products;

- religious, national, political or any other fanaticism; and
- incapacity of the patient's brain to comprehend therapy.

Alternative healing is a term characteristic of the Western world, where classical European medicine is accepted as the only, legal and right form of therapy. However, this is not the only way to recovery of health. For instance, in China, the situation is reverse: they use alternative methods in 82% of the cases, and the classical medicine in merely 18% of the cases. The society integrated medical therapy in its laws, thus preventing other forms of therapy to get established and to develop appropriately. This enabled an enormous organisational structure, gigantic development of medical institutions and countless pharmaceutical plants for the production of drugs. Different societal systems, such as communism, transition and the present form of government in the post-communist countries, did not bring anything new for alternative forms of therapy and acceptance of new energy views of the organism. All these factors result in the privileged position of the medical staff, who abundantly exploit their advantages. There are known cases where the patient did not tolerate incorrect or unnecessary medical treatment and died, but no doctor or institution was held responsible. And this is no surprise, as they fill out the official documents on the cause of death themselves. This happens especially often when the family of a deceased person is in mourning and cannot report its suspicion, or does not request expert opinions on the causes of death. The benefits that the society accorded based on the doctor's diagnosis, such as sick leave, forced the patients to totally submit themselves to the medical staff and to wait as slaves for hours for aid provided by the doctor whom they pay themselves.

Most patients are in the position of poor wretches with no way out who are not entitled to make comments or criticize, as they would automatically lose medical assistance. A characteristic example is the signature as approval of chemotherapeutic poisoning of the organisms of the patients suffering from cancer. A citizen who gets sick must uncritically follow the doctor's orders, suffer the incorrect attitude of the staff in the medical institutions, get poisoned with a large and sometimes unnecessary amount of drugs if he or she wants to "get well". Similarly, all citizens must suffer the guidelines and decisions of the executive authority which, based on rigid and outdated beliefs, considers everything in connection with therapy to be the matter

of medicine, as if there is no alternative in the society. Based on their statements in the public media, it can easily be concluded that neither the educational system nor the legal system of the society has managed to teach them about different alternative views of healing and maintenance of health. The expression “alternative healing” is an insult for most people in the West and is not acceptable. This is confirmed by the fact that in many multimillion nations in the East our medical approaches are far behind other forms of therapy.

It is not the intention of my critical views to give a poor assessment to the organisation of medicine. There is not enough room here to describe all the good and bad properties of the medical service. I mentioned these deficiencies to warn about the possible causes of illness, the deception of and violence against the citizens appearing during medical therapies, and to point to the possibility of a different way of healing and maintaining health. These causes, arising from the fact that citizens are forced by the society and the medical system to be in a subordinated and humiliating position, can also be added by the preaching of priests who anathematised all alternative forms of healing and defined them as the work of devil, although in the past the Christian priests and monks mostly knew how to heal according to alternative methods and were sanctified by the church owing to their successful therapies. Moreover, the communist attitude towards healing and governing used repressive means to act against any non-medical form of therapy and to humiliate anyone who knew a different system for maintenance of health. The society did not yet have sufficient knowledge to be able to entrust the management of the alternative healing system to successful alternative healers renowned for their work results. Consequently, alternative healing is still unrecognised today and often in a humiliating position. All these deficiencies and beliefs described create obstructions to the flow of life-cosmic energy into the human body for the people living in such environments. I can confirm that such convictions and mistakes are the most frequent cause of the most known and unknown diseases.

7.1. Influence of the Brain

The question is which are the causes of disease and its consequences for the organism created by the negative influences of social control and obligations, various convictions, enforced codes of conduct in the society and blind

acceptance of medical instructions. All enforced ways of acting imposed on humans are realistic and potential causes of irregular functioning of their organisms. Therefore, one can expect damage to the energy and physical bodies. In the organism, consisting of these two bodies, consequences can be expected in one or the other body, but most often in both. The way of life and the prescribed systems of services, such as the health care service, force the brain of each citizen to form an efficient matrix with the conviction that this is how it is and that there is no other form of therapy. In this way, from fear that the body would not recover, the brain – through the system of a priority command of ego which is dominant at that moment and above the inner self – rejects any other system of therapy than medical aid. Men are more inclined to such convictions and negative attitude towards other forms of therapy. Men stubbornly defend their standpoints, try to persuade others of their own convictions, and they almost all believe that they will be laughed at if they use alternative therapy.

The reasons for such convictions lie in the human brain. We have created obstructions to the flow of energy and allowed ego to take decisions in favour of imposed convictions. All systems of governing are in a way forcing the brain. The planned goal is to enter in the memory of most of the population the accepted social principles in order to facilitate the organisation of ruling the masses. The system of enforcement is based on training or breaking in, where physical torture is used to impose a certain form of response and achieve obedience of the animal. The brain of a trained person obeys commands out of fear of pain that the organism will feel if the orders are not executed. Sadly, some people, some parents, still raise children by force: by physical torture, prohibitions, penalties and the like. The society and the church cherish the conviction that “scourge is god-sent”. They have not tried much to change these erroneous forms of education that children do not understand, and to use instead a system of education through examples and by showing how to resolve problems, which all children understand well and react positively. Children raised by physical punishment are left with lasting and ill consequences. Therefore, it is no surprise that persons who were raised by punishment raise their children with the same methods, convinced that this is the only right way to achieve obedience. Sadly, this conviction makes the parents feel satisfied and they enjoy torturing their children in such educational practices.

In human brain, force creates obstructions to the genetic programmes for the relevant contents, and these programmes become inactive. The brain does not allow the cells to use or activate them. In the end, people feel as if they have never even had these programmes prohibited by force. If we want to reactivate such programmes, we need to invest much energy and effort in their reactivation and in enabling them to be of use. The programmes blocked at the level of energies lose the need for life-cosmic energy and no longer draw it, no longer receive it from the environment. Likewise, if the reception of energy is obstructed, if the natural flow of energy is interrupted, this always results in troubles for the body which can freely be classified under the causes of mental as well as physical diseases. Such obstructions are visible in the aura: in spots where the flow of energy is interrupted, various deformations of the aura appear. Its colour also changes in these areas. All such changes in energy in the aura can be detected, located and measured by means of sensors – the intuition and the eye sensor.

In practice, such damage to the aura and obstructions to energy are removed by healing with life-cosmic energy. Obstructions are treated as the cause of disease and successfully removed by using transformation rules, as explained in the first book on healing with life-cosmic energy.

7.2. Drug Addiction

Drug addiction or the “modern plague” is one of the strongest influences on human organism. The impact of drugs on human organism results in a totally changed energy form of the body. The intoxicated person loses the basic forms of behaviour and becomes a completely different person.

These are energy changes in the organism tied to the consequences of drug abuse, the damaged physical body. Therapy with life-cosmic energy leads to quick recovery. However, addiction to drug is hard to overcome, so this normally extends therapy, possibly forever, as drugs often cause permanent damage to the organism. Today, there is sufficient specialised literature on these issues and various systems of medical treatment of such patients. Therefore, it is sufficient for me to describe some of my experience in healing with life-cosmic energy.

Patients addicted to drugs need comprehensive aid. Usually, these are young people or even children, whose worried parents first try everything they can

to help their misled and addicted children. In most cases, the parents do not manage to help their children. With their good intentions and care for their children, they create an obstruction to therapy, to the flow of energy. In this way, they also form obstacles to the classical medical therapy. The parents must first be instructed – although they find it hard to believe – that their child changed his or her character under the influence of drugs, that this is no longer the child that they raised. In most cases, the parents do not accept the fact that their child changed the character, and they rather reject therapy than face this fact or fate. The environment and friends of the addicts made them addicted to drugs, so it is advisable to heal them in some other environment, send them to therapy to another town, another environment, another society. Likewise, the overcoming of the crisis during the therapy on the addict by replacing the drug with synthetic drugs does not give good results; among other, one must be very careful not to cause addiction to these new drugs.

Drug addiction is not cured directly with life-cosmic energy; we use energy therapy to assist all who participate in the healing to overcome addiction. Energy therapies help resolve various conflicts and make it easier to endure explosive behaviour in the moments of crisis. The therapist participates in the coordination of all forms of aid and diminishes the consequences of the classical therapeutic method. Practice has shown that if the classical therapeutic system is added by therapy with life-cosmic energy, drug addicts are helped to overcome the critical states faster. In almost all cases of such parallel therapy, the result is positive. Somewhat poorer results are obtained if drug abuse has already caused permanent damage to the organism.

7.3. Influence of Alcohol

Alcoholism is a milder form of addiction. However, many lovers of wine claim that alcohol helps to overcome troubles in life and that it is good for digestion. It is difficult to make a distinction between those who enjoy alcohol and those who have become alcohol addicts. Medical experts consider that anyone who drinks one glass of an alcoholic beverage a day is an alcoholic. The habits of alcohol drinking in our society are so expanded that it is truly difficult to distinguish between those who are just in a good mood and those who cannot live without alcohol. Alcohol actually controls the human organism and leaves it with severe consequences which are a large burden for the body, the family and the society. The latter fights with the severe consequences of alcoholism and invests large funds. A characteristic disease related to this addiction is liver cirrhosis.

Most patients who more or less regularly consume alcohol can be directly treated with life-cosmic energy. In the last stage of this addiction, the therapist must work in coordination with medical therapy. The classical systems of alcohol detoxification and alcoholism treatment give good results: one should be careful that, after recovery, the old habits do not reappear due to the impact of medications. The healing of the organism to recover from the effects of alcohol by energy therapy always gives good results, no matter to what extent alcohol was abused. Understandably, in extreme cases, when the organs are already severely damaged, the results of therapy are poorer. The brain of alcoholics has formed a matrix which contains the need for alcohol required by cells. It blocks ego and does not allow other solutions. Consequently, such a member of the society is a problem for the family and the society. In therapy with energy, the therapist must be aware that an alcoholic's aura is changed and gives a false picture of a healthy aura. Therefore, life-cosmic energy transformations can take more time and we must use more therapies than normally needed.

7.4. Pills Abuse

Several factors led to the appearance of the causes of this modern disease of addiction to pharmaceutical products, medications, which doctors prescribe and patients use. The question is whether the doctors made mistakes in diagnosing diseases and prescribed a large number of various pills, or the hyperproduction of medications resulted in the present lavish use of pills. They stimulate each other and thus poison the patients with a huge amount of unnecessary chemical substances. These produce countless problems and deformations in the organism, finally leading to pills addiction. Based on information received from friends employed in medical institutions and doctors I know and by counting the medications prescribed to patients, I discovered that one patient is prescribed seven different medications on the average. The patients cooperate with the doctors and they cause pills addiction themselves because they live in fear that they will not recover their health without pills and that doctors are incompetent if they do not prescribe a large amount of various medications. Patients do not believe the doctor if their bags are not packed with medications. They believe that they will not be cured unless they use all these medications.

Pills addiction appears as a result of fear. In most cases, this is an unconscious state, fear that your life is at risk if you do not consume everything that

the doctor, a friend or a relative, a newspaper, books or other media recommended, prescribed and advised. The fear that they will not be cured most often resides in educated people who are blinded with their professional orientation and blind faith in medical services. In their brain, they create a matrix which is subconsciously dictating that they will not be cured unless they eat all the pills. We can further classify this population and mention those who develop this fear from their ignorance of health maintenance and functioning of the human body, negative effects of the elitist behaviour of the medical staff and administration, which requires through the national legislation the financing of medical services in advance. The human organism consists of all the elements known in nature. The body produces various substances needed for the normal functioning of organs and body systems. When medications are taken, different substances exert influences, so that obstructions in the functioning of organs appear. The cells get saturated with medications and it is no longer necessary for the organism to produce certain substances itself. As a result, the cells become dependent on medications, and the functioning of the relevant glands and organs diminishes or stops. All this results in the appearance of pills addiction.

Addiction to unnecessary drugs does not obstruct the process of treatment of other diseases with life-cosmic energy to such an extent that pills addiction would require special additional therapies. The energy treatment of pills addiction itself takes a longer time. It is good to cooperate with medicine and send the patient to the doctor who prescribed the medications, proposing a reduction in the daily use of medications or simply their abolishment. Only the doctor who prescribed a medication to a patient has the right to cancel it. In energy therapy, patients must be informed that the therapy is successful if the amount of medications used is not excessive, and that they can alleviate this addiction and reduce the dose to minimum with the aid of energy therapy.

7.5. Forms of Fanaticism

Similar damage to the organism is caused by religious, political or any other fanaticism. Any organisation, although a humane one, has precise and fixed principles of operation which cannot be changed. Their founders and leaders have good knowledge of the results brought by the well-designed persuasion programmes. No matter if we are addicted to daily politics or

imposed religion, or we passionately support the local football club, we show these convictions, we are convinced that we are right and insensitive to any other views. The organisers of these organisations supervise the behaviour of the members with great care. They offer them various discounts, prepare lectures each week, and distribute propaganda materials with pictures and symbols of the organisation in all variants, from stickers to flags. Their activities intended to homogenise the members include systems of coercion and manipulation. They are also no stranger to black magic protocols. They do all this with the aim to bring the members under their influence. I can say on the basis of experience from my own practice that the members of such organisations who have been convinced, educated and raised by such methods and who have accepted the principles imposed are even greater and more persistent advocates of such doctrines.

The influence of religious or political convictions has severe consequences for the society and individuals, and often causes diseases characteristic of a nation. Such a case also exists in the countries of the former Yugoslavia, where we witnessed the fall of the communist regime, liberated ourselves from its chains, but retained many of the old habits and behaviours. In that period, our society followed the mean way in the single-party political system, and there were no severe consequences of these extreme principles. In the countries with extreme communist regimes, there was a general espionage of citizens, fatal for the communist system. One can see that the children of political, military and intelligence structures were privileged. They had to bring the best results from the school and teachers were not allowed to give them poor grades. The dominant principle of the communist society was the espionage system. Even children were taught to spy on their parents. In both cases, children raised in such manner became fanatics who, sadly, assumed all the leading positions in the society. Therefore, it is no wonder that such a system ended in a sad way, committing a political suicide. Such political fanaticism lasted the longest in the Russian society, where it totally deformed the society over four generations – if we take 20 active years by generation –, and finally came to a miserable end. This system created the feeling that the structures in power were pursuing the working and honest citizens to exclude them from the society through secret systems of ruling. In therapeutic terms, it is difficult and thankless to assess or criticize a foreign country and society such as the Russian. However, we can easily analyse the expatriates with university degrees, even with three doctor's degrees, who

travel around Europe and do not do the work for which they are supposedly qualified. They mostly get involved in work processes as advisers. Some of them even declare themselves to be psychologists or alternative healers, which is the saddest thing. Most of these experts were trained for the needs of intelligence organisations, espionage and defence services, so, logically, they were trained to obey and imposed fear from physical punishment. The narrowly-oriented education system deformed their character. Through such education and privileges in the society, they were persuaded that they were doing a great thing for the country and that they were honest. It is almost impossible to convince them of democratic principles or cure them from twisted ideas and deformations.

The brain of all fanatics is blocked and ego does not allow the inner self to get activated. It is therefore logical that such individuals will not accept therapy with life-cosmic energy or any other alternative method of health maintenance. No fast recovery of such patients can be expected, if it is at all possible. Therapy with life-cosmic energy is successful with all patients, even fanatics, if we convince them to analyse the results of energy therapy. This means that we must use different methods appropriate for the individual fanatic in order to diminish the obstructions caused by fanaticism, so that the brain can comprehend and find the benefits of life-cosmic energy therapy. In this way, we enable the brain to form a new matrix and accept energy therapy.

7.6. Personal Convictions

There is a certain small part of the human population who does not accept any principles or advice, including energy therapy. This occurs due to obstructions in the brain appearing at birth, during bringing up or as a result of the decision to lead a special way of life. Such patients carefully listen to the therapist, but do not believe anything. They often ask whether the therapist knows such and such renowned person who is a successful healer. They praise journalistic information on modern diagnostic devices, glorify individual medical experts and the like. Their negative attitude towards energy therapy will not change even when you straightforwardly point out that it was not you who invited them and that they came asking for help themselves. I was surprised that some people have a low degree of intellectual capacity despite solid education. This means that their souls are

at a low level of incarnation and that in the society they hide behind their good clothes and the level of education achieved. The easiest way to cure such patients is to surprise them with unexpected questions, verbally distract their thoughts and divert their attention to some other topics, and perform therapy while they are not yet aware of it. The therapist achieves good results when treating the patient via a third person. In all cases, we are only successful if the patient is not in direct contact with the therapeutic process; when such patients find out that they are being treated, they spontaneously and subconsciously create obstructions to the flow of energy and inhibit the channelling of energy, thus preventing successful therapy.

Lately, I have had the opportunity to also meet participants in courses for life-cosmic energy therapists who hold a medical degree. There are several reasons for that. Mostly, these are doctors who have been disappointed with the failure of their colleagues to adequately heal their severe disease. Although one can notice their subconscious resistance to non-medical alternative treatment or, better said, activities prohibited to medical experts, they force themselves to learn alternative therapeutic techniques. Their doubts in alternative healing still exist even when they have been cured with alternative techniques. Their professional colleagues follow the golden rule that they must not accept other ways of healing except medical methods. Thus they become limited in their options and blind to non-medical knowledge. The medical staff who are aware of the possibility of a different way of healing as well as those who are not aware of that can only be successfully treated with life-cosmic energy if they are not aware of the energy therapy performed on their organism. The easiest way to do so is via a third person who follows the patient, cooperates with the life-cosmic energy therapist and coordinates the timing of therapeutic procedures.

7.7. Obstructions by Alternative Healing

A special case of addiction involves some of the so-called “alternative healers” who are not sufficiently familiar with the energy laws and the laws of nature and thereby cause damage to their own and the patients’ organisms. These are normally people who improvise alternative therapeutic techniques. They are led by their sick ego which falsely satisfies them with the thought that they will become famous and get rich. Various therapeutic techniques, such as colour therapies, balancing of chakras, crystal therapy, aura-soma,

herbal therapy, production of ointments, massage systems, acupuncture, pranothrapy, reiki and similar techniques from the wide range of alternative therapeutic methods, are partially successful in influencing the organism and are only successful in the treatment of individual body organs. The users of these techniques unjustifiably declare their techniques to be universal. By persuasion through half-truths and lies, they mislead the patients and people in their environment. They include bioenergy therapists who obtain or buy graduation certificates abroad and declare themselves to be the only and true alternative healers. By techniques based on hypnosis and suggestion, bioenergy therapists exert energy shocks on the physical bodies of the patients and convince them that this is the result of healing with cosmic energy, that only their therapy does not produce adverse consequences for the organism, that they are the only ones with success in alternative healing, and that they are the true god's messengers. I wrote in my three books on therapy with life-cosmic energy on the energy infections and consequences of therapy as well as deception by bioenergy therapists. Sadly, in most European countries these unhealthy procedures of "alternative healers" are defended by the mass media, newspapers, radio and television, which do not yet have educated staff who could correctly and objectively inform the citizens on alternative methods of healing and maintaining of health. Owing to certain editors of mass media, their subjective information causes an inappropriate attitude of the society towards alternative therapy, thus hindering the development of alternative science.

In my practice, I have had several cases where my patients were cured by life-cosmic energy therapy, but they ascribed their recovery to some other effect. Their comments after therapy are amusing statements about how they drank tee advised by their friends and all their problems disappeared, or took pills produced in Switzerland and got healthy as a whistle, and the like. I must say that the patients who – due to personal convictions – do not have the strength to publicly declare that they have been healed by alternative methods are very nice. They did not believe in alternative healing before coming to therapy, nor during energy treatment. They consider this to be shameful. It is no wonder that they are defeated in their convictions and that in the end they do not even have the strength to confirm that they have been cured by an alternative technique. Such patients consciously block treatment with life-cosmic energy. We can only successfully heal their organisms if, during the therapeutic session, we talk to them about some other subjects,

such as football. By talking about another topic, the therapist diverts their thoughts and negative convictions about energy therapy. Thus, the patients are practically prevented from concentrating on the disease and from obstructing the therapeutic procedures with their own energy potential.

Males find it harder to undergo energy therapy. Men simply reject it. I got the feeling that they are afraid that people would laugh at them if they advocated such therapy and praised the successes of therapists. I had the opportunity to listen to a man who – during therapy and after it – praised the successes of the classical medicine. My pointing out that medicine is a top science in its field of operation and that alternative therapy is something else did not stop him in his assessment that energy healing is something ridiculous.

There have been several cases of men coming to energy therapy in secret. They were careful not to be seen by anyone, as they believed that people would laugh at them if they found out that they went to alternative therapy. In almost all such cases we can help the patients by healing them through a family member or by distance therapy. Interestingly, the reactions of such people can also be the opposite: if they are cured from a severe disease by alternative therapy, they become fierce advocates of energy healing.

An even more destructive group in the whole range of defective alternative methods is bad alternative healers who mostly try to prove the quality of their therapeutic methods by criticising other methods. One could write tons of books on their erroneous and evil statements, false proofs and the like, as they are not aware that their statements harm themselves. With their statements they throw a bad light on alternative healing and also diminish the chances of renowned alternative healers to succeed in the society. Typically, bad alternative healers, especially bioenergy therapists, fight with each other for prestige and privilege in the society with all possible means, most often black magic. Based on information that no bioenergy therapist lives a long life, my analyses of their lifespan showed that most of them die under a strong influence of magic protocols set by their colleagues. The inhumane and evil fighting between alternative healers has been largely contributed to by the immigrants from former communist countries who do not choose means of destroying others. I know several cases where they – as alternative healers and consultants to families, associations, parties or companies – destroyed potential competitors by black magic, sending them to hospital or morgue.

The healing of such sick people is only possible through therapy at the level of souls, where the therapist influences the additions to the soul, enabling deactivation of these evil and sick principles.

7.8. Gaining of Therapeutic Knowledge

Most participants in the first and the second courses on healing with life-cosmic energy who can use the knowledge gained to measure spiritual energy, are able to perform transformation rules and therapeutic procedures. A beginner can use this therapeutic knowledge to maintain his or her personal health. Some people are already able to help their family members. Quickly gained knowledge and success in healing resulting from their own work easily mislead individuals and they lose interest in training and investing of energy in spiritual progress. Moreover, ego cleverly uses everyday duties and care for children and family to convince the brain to stop training, so the candidate quickly forgets the hard-gained therapeutic knowledge. Ego convinces the beginner that it is not difficult to gain this knowledge and that he or she can easily regain it when necessary. There are books on healing with life-cosmic energy, so they can read about it again. In this way, everything is left to chance, but knowledge gets lost and is forgotten. These people are not aware of their own responsibility. If they do not train, if they do not achieve higher levels of consciousness, they slowly but surely forget therapeutic knowledge, lose the ability to meditate and become unsuccessful in healing with energy. There are also some who are not aware that, in the past, the gaining of therapeutic knowledge was a secret science of the privileged, reserved for saints and secret societies. Due to erroneous ideas about miracle persons, they expect to get a magic wand at the course and that they do not have to train.

Ego sets countless traps to each candidate therapist. It deceives anyone, thus preventing them from achieving spiritual qualities, such as universal love, enlightenment and opening of the door for work at the level of souls, through work, study and training. Healing, the work of any therapist, is an individual ability which only comes as a reward for the energy invested, for the training and comprehension of the procedures used in therapy. In the case of any of the mentioned troubles in the development and education of a life-cosmic energy therapist, the candidate must always be helped, but only if they seek aid themselves. With their requests they must admit that they are stagnating in their development, that they need explanation. They receive an

answer and aid immediately. The solution cannot be found anywhere else, no one else can assume this obligation. Therapists must themselves become aware, get to understand spiritual development and the fact that they can only ask for explanation and support from the course instructor. Course instructors immediately understand where the spiritual development of the candidate has been obstructed and what must be done and learned: they have themselves taken this thorny path and know how to assist the student, candidate therapist, to enter a higher state of consciousness.

Let me highlight the system of gurus in India, who do not let individuals to progress with their exercises unless they first learn and master all the previous exercises. It is the teacher, the guru, who assesses and allows the candidate to progress. The guru guides the student from one exercise to another, so that the student can master the knowledge indispensable for spiritual growth precisely and quickly. Students lose the right to education if they oppose the teacher. According to gurus, their education system is a method of fast spiritual progress without many mistakes, while independent work requires at least twenty years of regular training. Let us take as an example the introduction to Tibetan monasteries: when a new student is received, he is given a broom without a word. When the beginner grasps that he can use it for sweeping, he begins to sweep. Everybody in the monastery respects his work. They nod to him with respect and encourage him. Thus, he sweeps one day after another. He continues to sweep for as long as he needs to discover that he is able to assume another job. It can happen that a person, depending on his capacity to learn and assess, sweeps away in the monastery for his entire life. Although he sweeps for his entire life, he is equally respected and encouraged by all the members of the monastery.

And what is it like here?

Beginners – we call them “course participants” not to insult them – come to courses totally introverted. They are ashamed to ask any question. They hope you do not ask them anything, as they must know everything. They listen to the lecture with reservation, as they believe that they will study everything at home and prove to everybody that they master the subject perfectly. This introverted, reserved and incomprehensible attitude of candidate therapists with life-cosmic energy does not even change later when they sufficiently master transformations to begin to heal. It is more likely that candidates will

repeat the courses and read the books on healing with life-cosmic energy several times, than that they will ask for help, for explanation of the contents that they do not understand. In the western hemisphere, this upbringing at home and at school, the influence of the church and the society created such obstructions in the brains of the citizens that candidate therapists only work in secret and mostly invest energy incorrectly. They use the energy wastefully, often illogically and in the opposite direction, under the control of ego and black magic. Practice has shown that in the West spiritual progress and education is very hard to achieve, difficult to understand and unsuccessful. Therefore, it is no surprise that the Hindu consider us to be a stupid nation, incapable of conducting spiritual processes.

Each candidate therapist requires individual aid. Regular discussions with candidates are needed to identify the obstructions appearing and determine additional training necessary. It is helpful to use practical cases and resolving of certain tasks, which enables the candidates to find solutions themselves and to test themselves. I am not really convinced that repetition of courses, listening again to beginner discussions and meditation can aid beginners in crisis and bring them something useful. On the contrary, work such as preparation of courses, preparation of the material for lectures and organisation of therapies can bring much useful knowledge and experience to any beginner. From the beginning, candidates are encouraged to make individual decisions and to do independent work, which enables therapists to quickly make final decisions. They decide to maintain their health themselves and aid their family members, participate in courses, use this knowledge in their profession, begin to heal, or to abandon the knowledge gained and, in an extreme case, to get disappointed and leave everything to oblivion. All therapists' decisions, even to forget the knowledge gained, result from their energy state or the decision of their souls that they do not wish to perform therapies, as that it not their mission on Earth.

7.9. Patients

All patients who ask for help and accept therapy have suffered damage to the energy state of their organism. They are forced to seek help to recover their health at any price. Whoever loses health has the right to use any possible means that are available in the world, and no one has the right to prevent them from doing so, and even less so to exploit their suffering. Aid must be provided to anyone who asks for it. No patient must be rejected. All humane

and ethical principles must be considered and the patient's personality must be maximally respected. Therapists with life-cosmic energy do not have problems in their relations with patients. This is enabled by the state of universal love, respect for all creatures on Earth and, last but not least, their work with the energy of life, life-cosmic energy, which only brings good to any organism.

This is not the case of other alternative healing techniques, especially when the patient is alone with the therapist or undressed due to the therapeutic method used. Consequently, the patient is in a subordinated position and often humiliated and sexually abused. The revolt of such patients is justified. Their trauma can be cured with life-cosmic energy therapies if they open up and seek our help. Frequently, the patient is exploited in two ways, namely subject to physical and financial abuse. One must fight with all means against such "therapists", "white magicians", "self-declared prophets" and similar vocations to preserve the status of and respect for alternative therapeutic methods.

According to statistical data, the response of the patients to healing with life-cosmic energy is very diverse and depends on the patients' experience with therapies in the past, the width of their views and the capacity to accept alternative therapeutic methods, the influences of their environment, and the official and professional attitude towards non-medical therapy. A large majority of the patients are thankful for their recovered health, especially those who are cured of a disease that the medicine has declared to be "incurable". Based on my keeping of records over long years, I can confirm that over eighty percent of the patients have a positive opinion about healing with life-cosmic energy and the advice obtained at lectures and courses for therapists with life-cosmic energy. A minor portion of negative responses of patients can be divided into three groups: the first group includes those who try to exploit alternative and medical offer; the second group includes those who do not know anything about energy therapy; and the third includes those patients who do not believe in energy, alternative healing. Regardless of the response of the patients or their negative attitude towards therapy, we can conclude that all patients with a negative attitude have been successfully cured with life-cosmic energy, although their reaction to therapy is not positive.



1. The human organism has an excellent defence system which can protect the organism in everyday situations. In the case of illness, it can cure any known or yet unknown disease. During the emergence of disease, this system was overloaded, it possibly failed, was blocked from inside or outside, and did therefore not manage to protect the organism and do its job.

2. In the influence and healing with life-cosmic energy, there are no obstacles to therapy and no negative consequences for the organism resulting from such therapy. The organism might only not accept such therapy if it is under strong influence of certain chemical substances or if aura changed under the influence of various energy factors. In such a case, such influences must first be removed and then the organism can be treated normally.

3. Drugs completely block the energy state of the organism. They assume the role of the ruler of the entire body. Consequently, it is difficult to heal such an organism. When treating addiction, we use energy therapy to help the classical medicine do its job.

4. Chronic alcoholism causes problems to healing with life-cosmic energy and it is difficult to fight the addiction, although the harmful effect of alcohol is smaller than in the case of drugs. Nevertheless, persons with this problem become permanent patients. We help them to overcome this addiction, and then perform the usual therapies.

5. Pills addiction is a rare case of addiction to medications. We cure it with the above described energy therapy and procedures. Pills addiction causes disorder in the organism: the organs no longer function normally, do not function with full capacity, especially the glands, which stop to function because – through pills – the body receives sufficient chemical substances that they normally generate.

6. Obstruction to the flow of energy and obstacles to energy therapy appear with people with certain fixed convictions typical of religious, political or any other fanaticism.

7. Permanent or momentary incapacity to assess, genetic damage, mental diseases and the like result in disbelief and resistance to healing with life-cosmic therapy.

8. Participants in the courses for therapists with life-cosmic energy have a wrong attitude if they are excessively afraid that they do not know the subject, if they postpone learning and training, saying that they will study the skipped lesson later, if they feel guilty in the case of poor progress in learning, or have feelings that are also known in traditional learning in schools. The aid of course instructors is irreplaceable and useful. It reduces the period needed to learn, exercise and train to the minimum. At the courses, the students' mastering of the topic is assessed and they are given instructions for further spiritual progress. Independent work is an arduous and time-consuming studying of spiritual disciplines, continuous and demanding meditation one year after another, because individuals cannot themselves assess and know whether experiences in their meditation are true or just their illusion.



8. CAUSES OF DISEASE

A therapist with life-cosmic energy must get to know all the factors influencing the normal functioning of the organism, since this is the only way to find the main reasons for the disease that appeared. By all means, this knowledge must be based on the teachings about the functioning of the human organism, organs and systems in the body at the energy level in connection with the discoveries at the physical level. As I have mentioned in the preceding chapter, the cause of disease lies in the disharmony of the organism with the natural laws, no matter if this disharmony is visible in the energy and physical bodies or not. In practice, it can happen to beginners that they are not able to find the true cause of the disease, although disharmony with the natural laws is right in front of their noses. Therefore, it is necessary to respect the rule that successful therapy requires knowledge of a wide range of possible causes of disease. Any therapy must be conducted in a systematic way, according to an order, by using measurement, transformations and checking of the results of therapy. Only consistent work can lead to success in energy healing and quick recoveries of the entire body.

The causes of obstructions to the flow of energy to the organism in the energy field of the body are diverse, of various origins and with different times of appearance. Principally, all causes of diseases are based in the energy field, no matter whether they were detected in one or another body. Some therapists consider that therapeutic methods for identifying the causes of diseases are difficult to use; however, practice shows very quickly that the reasons for problems are poor systematic approach and imprecise measurement. Obstacles in the search for the causes of disease appear due to insufficient knowledge, inexperience and imprecise work of the therapist.

In the physical body, the causes of disease are hidden, but not as diverse as in the energy body. The therapist can get the feeling that they are all the same. Therefore, additional attention is needed in the identification of such obstructions. By analysing the history of the patient and his or her family, we can very often find that the causes originate in the energy level and that there are causes in the physical body. In many cases, we are helped by

intuition, knowledge of the mental level and the ability to see and observe the internal organs. It is more difficult to discover the causes of disease in the physical body, since the disease can damage or destroy a certain organ, which is a special and alarming state for the organism. Various therapies often result in a poor state of the patient, as almost all therapies leave adverse consequences, especially counterproductive techniques, as I have already mentioned in the case of healing with bioenergy. With chemistry, scalpels and radiation, medicine also causes side effects to the organism, traumas and doubts, which we later identify as the causes of many new diseases.

In my first three books on healing and maintenance of health with the use of life-cosmic energy, I described most of the characteristic causes of disease. No special instruction is therefore needed. Attention must now be paid to certain explanations of the causes of disease, the method of identifying the origin of these phenomena and practical advice on their removal. The subject matter described in the previous book, explanations given at my lectures and courses, and the principles and rules which have given good results in therapeutic practice remain a guarantee of the successful system for the maintenance of health by using life-cosmic energy. In all known systems and procedures used for identifying the causes of disease, it has been practically proven that the organism is constantly bombarded with known and unknown harmful energies, contaminating the organism from all sides and directions. The defence system of the organism can therefore weaken, the immune system fails, and sickness appears.

The causes of disease can be divided into two groups:

- the first group includes the causes of disease of unknown origin and influences of other forms of life;
- the second group includes the causes of disease connected with interpersonal influences, influences of people on other people. These are the main and most frequent reasons for the appearance of disease.

8.1. Energy Damage of Unknown Origin

In therapy, the causes of disease from the first group are nothing special. These are usual injuries appearing in the aura, manifested as states without energy or vacuums and areas with excessive energy, damage of irregular forms. These phenomena are treated with the use of the first and second transformation rules, described in the first book on healing with life-cosmic energy. With the first rule, we correct the states without energy or vacuums, and with the second rule, we remove excessive energy stuck to the bioenergy field of the patient. For good analysts and therapists, the searching for the origin of unknown injuries which are the most frequent causes of disease is a very interesting field for conducting experiments. Various and detailed discoveries provide insight into the way nature and its organisms impact human lives. We can discover how the energy of animals and trees affects our body, how a combination of energies creates protocols of unknown origin, how our inappropriate attitude towards nature is reflected in our organism, and what obstructs our connection with the higher energy level, the level of souls.

To remove unknown causes of damage to the aura, it is not necessary to individually search for their origins, since these injuries are similar, almost equal, although they are of different origins. Accordingly, therapies are simple. It is also not important, except in special cases, to know which animal, tree or another combination of energies caused the poor state of the organism. Practice has shown that damage to the aura from such origins never reappears. The sickness does not recur. Almost all damage of unknown origin appears due to a special influence on the momentary stress state of the organism that a person experiences when working in nature. Today, people have lost their contact with nature. Logically, these influences from nature are now much smaller than they used to be in the period when humans directly depended on nature and were at a low level of technical development.

An instructive example is the construction of a boat in some African tribes, where all village people go to the forest to ask the tree which is to be cut down so that they can make the boat to forgive them as they must kill it. In practice, it has been confirmed that boats made in such way almost never turn over and are safe, while boats made without the ceremony with

prayers are unstable, they turn over quickly and the passengers are attacked by crocodiles. This example clearly shows the state of life where people live in close connection with nature and cooperate with it, when the energy influence of humans on trees and the influence of the trees on humans are in harmony.

8.2. Interpersonal Influences

Most causes of disease lie in humans themselves, in their behaviour, relations with other people, interpersonal relations, intentional or unintentional impact of one person on another through planned protocols performed by individuals or groups of people. During the development of a disease, people harm themselves the most with their decisions, when they oppose nature in their everyday activities, thus weakening their defence systems. A weakened immune system of the organism is sensitive to external influences. Adverse energies penetrate to the organism, and the organism is in danger. Generally, people are not sick. Most of them are healthy persons in harmony with nature. They thus live a healthy life until the end, with only some mild diseases. On the other side, there are those who do not sufficiently respect the natural laws and thus constantly seek medical aid. Among all these groups, there are also those who are aware that they can get sick if they do not regularly take care of their health. These are mostly people with a highly sensitive organism, using various methods for healthy life as prevention. They also include those who have been treated or who have attended courses for therapists with life-cosmic energy. They became aware of the positive influences of energy therapies and learned how to maintain their health by using transformation rules. A healthy energy system, a large and clean aura is the indicator that the defence system of the body is functioning excellently. This guarantees us that we can live a life without illness.

A healthy organism does not react to a single cause of disease, since the aura successfully removes it by itself. In the case of a weakened protection, such a cause would lead to disease. This is no problem for the defence system of a healthy organism, although there are numerous such energies in everyday life. If an energy is too strong and begins to harm the energy body, the organism activates its defence system and defeats it. Any disease therefore appears when several different causes influence the organism at

the same time. We remove the strongest causes by therapy, and leave the others to the organism to deal with them. There are instances where in the case of a flu virus only one member of the family gets sick, while the others stay healthy. Why? The healthy bodies resisted the flu virus, while the weakened body with an exhausted organism got sick. Interestingly, the set of causes of a disease always includes fear produced by ego, which does not allow someone else to control the organism. In short, with various bad decisions in relation to their bodies, people themselves weaken their defence systems and become the target of attacks by adverse energies, energy food for other energy forms. An incapable defence system of the organism allows harmful energies to affect the body at such intensity that there is automatic appearance of energy damage and influences on the physical body, resulting in the emergence of disease.

Disease always appears in a weak protective coat of the energy body, the aura or bioenergy field, which spreads around any biosystem. Due to this fact, in the treatment of a patient, special attention is paid to the energy part of the body, which is in the first line of defence against influences of harmful energies. Thus we first control the patient's energy field around the body to determine the extent to which this field has been damaged or weakened, and to be able to assess the chances that evil energies penetrate to the physical body. When there are consequences on the physical body and sickness appears, this means that the energy system is not strong enough and capable of defence, and that damage characteristic of the final stage of disease development has been suffered. Nevertheless, the organism fiercely fights against the consequences appearing on the physical body. In most cases, it loses. It does not manage to establish a healthy relationship between energies. Through the brain it warns about the poor condition by causing pain. As I have already mentioned, with an integral approach to therapy, treating the causes of disease and the consequences appearing on the organs, we successfully heal with life-cosmic energy, while medicine only treats the disease itself, only the consequences appearing in the body.

It is therefore totally clear why therapists with life-cosmic energy must first pay attention to the energy body and first cure this part. By transformations, they heal energy injuries, create powerful energy protection, strong defence, and prevent penetration of harmful energies to the physical body. Through measurement, they control therapeutic

procedures, and use life-cosmic energy to strengthen the patient's aura to the size that is ten times larger compared to the state of the patient's aura before the therapy. The goal of this procedure is to isolate the patient's body from external influences during the time when therapy is performed on the physical body. This is achieved by channelling life-cosmic energy. By curing the energy body, we practically unburden the body's defence system and create the conditions for good protection and recovery of the physical body. The next step is the therapy performed on the physical body with the aim to strengthen all organs and systems weakened by the disease and burdening the defence system. Practice has shown that at least one whole day must pass between the energy therapy and the therapy on the physical body. This is the time needed for the inert physical body to adapt to the new energy situation after therapy and strengthening of the patient's aura. Such disburdened defence system of the organism can focus all its potentials on the disease, on the sick part of the body. It can now overcome any disease, known or unknown.

Following the therapeutic procedures from the first session to the second and to dealing with the consequences on the patient's physical body, the therapist must check all the energy states of organs and systems of the physical body to determine the level of damage, the amount of energy lost and whether they have passed into a sick state, so that the appropriate therapy can be used. After therapy with life-cosmic energy, all previously weakened body organs and systems must remain in a healthy energy state, showing level three or more on the orgone scale. Like he or she did two days before on the energy body, the therapist now treats the weakened organs of the physical body to disburden the defence system and focus all its potentials on the sick organs. A healthy defence system of the body and the therapist's assistance enable the body to overcome any disease. As I have mentioned, it can also overcome diseases that medicine considers incurable. The best doctor is the patient himself or herself. Their defence system must be respected and used to overcome any disease, except getting old, which was defined by the soul at the moment of conception.

In short, after the treatment of the energy and the physical bodies, only the sick part of the organism remains without energy. The therapist finds the causes of such state, removes them and channels life-cosmic energy to the diseased area in the body. The brain detects the new energy state in

the disease area, begins to adapt to the new situation and – since orders are executed through genetic programmes – replaces the damaged programmes with healthy programmes from the back-up location. Thus, it enables repairing of the damaged organ and formation of a healthy energy state. The organ functions normally again and is cured. The physical body is rather inert in following these changes, which forces the therapist to perform check-ups every two days. If the diseased area does not keep the channelled energy, this means that not all major causes for the poor state have been identified. The therapist must find them and reinstate the energy lost. When after two check-ups it is determined that there is a stable energy state in the sick area, the therapy is completed and check-ups on the patient's body are no longer necessary, as the patient is cured.

Healthy persons have a strong defence system which does not allow adverse energies to harm the body. By maintaining this system, people protect their own organisms by themselves. With knowledge of the functioning of life-cosmic energy and its use for therapy involving the channelling of this energy and transformation, any individual can help the defence system of the body to be continuously successful and can live without illness and have a happy life.

8.3. Characteristic Interpersonal Influences

The aura of an organism influences the aura of another when the bodies are close enough to each other and when the strongest parts of the energy body overlap. At the points of contact, the auras bend, influence each other, resembling the contact of two balloons: if one of the balloons is more inflated, it gets impressed deeper into the other. Since energy is not static like the contents of balloons, the energy spectrums of the two bodies get mixed up in different combinations, depending on their energy intensities. In all cases, the energy of the stronger body influences the energy of the weaker one. In the weaker body, such an influence always manifests as damage and cause of disease of the physical body. The law of nature is that the stronger representative of the species survives, which is fully understandable from the point of view of energy. The damage to the weaker energy body has the form of vacuums in different shapes and sizes. In the opposite case, when excessive energy appears on the damaged spot, this means that another energy body got stuck to the aura, living on its energy.

Due to the properties of energy, injuries to the aura of various origins are similar or, I can say, identical. This enables the therapist to use universal rules when treating the energy body of the organism. There are also similarities in the case of the physical body. For instance, a wound appearing on the skin where the skin and muscular tissues are destroyed can originate from many reasons, such as a blow, heat, chemical substances and the like, but all wounds are cured with the same medications, without searching for the reason for damage. The reasons for the damage to the organism are searched for systematically and individually in order to remove them, heal them, so that the disease does not recur. However, the damage both to the energy body and the physical body is treated with the use of universal rules, since the consequences are identical or at least similar, although of different origins. Since the influences and consequences of interpersonal influences of energies are similar, the causes of damage to the organism must be known well. We must learn to distinguish between them, to diagnose them, so that we can find them more easily and remove them. Almost all cases of harmful and intentionally imposed energies originate from a sick person who provokes an energy attack or penetration through the energy field of another person. Therefore, such a person must be healed.

Dominance: People achieve a dominant energy potential owing to their personal interest, sick thoughts and opinions about other persons. The energy of dominance, of ruling, is almost always directed against other energies which the sick person wants to subdue. Its potential, which is directed against a certain person, also influences all energies in the environment, subdues them and begins to control them. Dominant persons are usually not aware of their dominance. They believe they have a status position in the society. They are very happy when other people are around them, as they can thus fill themselves up with energy. On the other hand, those who they take the energy from feel very bad. It is not rare that, in a waiting room, people say that they finally managed to get some air when a certain person leaves the room. For many energy systems, a dominant person is a cause of disease. This can best be seen when such persons influence their own family members. In such cases, everybody in the family often seeks medical aid, while the dominant person is bursting with health. Similar cases are also found at work: a dominant person subdues the energies of others, who feel bad. Most of them do not discover that they feel much better when this person is not among them. If we know the system of healing with life-cosmic energy, we can cure such a person.

Vampirism: The phenomenon where a person takes life energy from another person can be called vampirism and the former person a vampire. In the artistic presentations of vampirism in fine arts and literature, one can see how vampires suck the blood of their victims, thus killing them, but there is no solid proof of that. Vampires most probably suck the energy of the victims, thus gradually destroying them and killing them in the end. Examples where certain patients were treated at the level of energies show that it is possible for some people to have such properties that they can take energy away from other people, destroy their energy bodies. As a result, the victims get sick and die. Vampire people are born with such properties or became vampires after an accident. As regards energy, they live on account of the victims chosen, whom they destroy. Examples from my practice of healing such patients show that, essentially, such persons do not have a complementary partner, although their physical body is healthy, but without an aura, without a protective wrapping. These persons compensate for this lack of energy by getting stuck to the energy body of another human being like a leech. To survive and to stay healthy, vampires must find an energy body. Being threatened by death, they must learn how to create their own energy field based on the energy of others. Individual vampires are not dangerous for the environment, because the organisms from which they take energy quickly renew their energy. A problem appears when a vampire uses the same person for a long time, continuously destroying his or her energy protection. The victim slowly weakens, gets sick and his or her life is in danger. His or her energy field cannot get renewed since the vampire is constantly exhausting it. This leads to death. Such a case is obvious when it happens in the family.

A severe case of vampirism is intentional vampirism, where the vampire chooses victims or their organs in advance and sucks energy from them. In most cases these are people who have developed their ego during their life. They are also no stranger to black magic. They decided or were perhaps forced to use the energy of other organisms for their own needs and, in extreme cases, to use their knowledge for evil intentions. Practice shows that vampires do not suck blood, but take the energy of blood. The blood cells therefore lose the strength to do their job and become inactive. The blood cells that are now without energy get glued to the blood vessels. The cells in the organism remain without the necessary components, without

food. The body thus begins to die, and death brings various visions, hallucinations. If such a state of disease is identified on time, therapy with life-cosmic energy can aid the victim who is otherwise helpless. The victim recovers quickly, but the therapist must simultaneously cure the vampire. My therapeutic results have been successful on both sides.

Evil: Evil ordinarily appears in a person under the influence of ego, as a result of various unrealised desires, frustration in the society and the family, and too high goals in life. This is very obvious with people who gather material goods, crave for high positions in the society, important roles in work processes and management of companies or the society. Evil and envy are present in all structure of society. There are visible energy consequences on all organisms in the environment as well as on the targeted people. It is a known fact that evil people are sick and that they must be healed. Their reactions and methods of dealing with the opponents are mostly dreadful. It is exactly because of these severe consequences why the society should respond with determination and through law. It is difficult to define the causes and consequences of the actions of evil people due to the slow and lasting influencing of the victims and especially because each individual evil person is a case of its own kind. Therefore, each case must be treated individually and therapeutic methods must be adapted to individuals.

Spells: Like in the case of evil, the intention of a spell is to destroy the energy system of the victim, only that spells are made according to exact protocols and exert direct influence. Consequently, it is not necessary to constantly negatively influence the energy body of the victim. In general history, we can find most cases of the use of spells in influences on domestic animals with the intention to make animals of others disobedient, for instance to make a cow infertile, to ruin the crops of a neighbour or to prevent sheep from giving milk. A spell can be made in several ways, but two of them are the most typical:

- the spell is made directly with the personal energy system through the sense organs, or
- various protocols, known in the system of black magic, are used.

In the case of direct action, the spell is cast by eyes, by looking with a certain intention in the state of meditation. Examples of protection against spells were visible in times when horses were the main driving force. Various objects were hanged next to the eyes of the horse to redirect the looks and the spells to these objects, thus protecting the eyes of the horse. In short, the influence of a spell is the strongest at first look, so these objects were used so that the spell caster would see them first and lose concentration.

For the second method of making spells, one must know the relevant protocols. Spell makers used different combinations of objects and materials and made certain prayers. The intention of such action was to influence a large number of animals or to operate from distance.

Today, spells are used to influence people through special protocols, similar to black magic, with the aim to disable a certain organ of the victim. The spell targets a certain part of the body, although I know a case where the spell affected the entire organism. In the past, a spell was removed according to a procedure that was similar to the one used to cast the spell. However, I believe that this procedure was imperfect and that the removal of spells by neutralising the harmful effect is much better, as it always gives excellent results. The procedure of spell removal by neutralisation can be very dangerous for the therapist. Therefore, I propose a systemic approach and good protection. When using this method, therapists take the negative energies on themselves to neutralise them with their own energy potential.

Curse: In the way they function, curses are similar to spells. They are made under the influence of a revolt as revenge, as the result of destroyed interpersonal relations. People who are professionally tied to certain professions in security, police, army, inspection and the like can provoke a revolt of individuals in connection with their decisions. Some people cannot stand to be humiliated and desire revenge to satisfy themselves. Although they are not right or have not proof, they use the protocol of a curse to satisfy themselves, to alleviate their humiliation through foreign misery. Police services and similar organisations have always used repressive means to establish order, used force against people and the whole nation. Social systems approve this, accept violence, and it is no wonder that the response

is such that individuals are cursed. Interpersonal conflicts, such as disputes on the ownership of land, disputes between neighbours and the like, made individuals revolt, which resulted in the use of curse protocols. In most cases, those who believed they were victims of injustice found satisfaction in making a curse and alleviated their suffering. On the other side, they created causes of severe diseases.

There are cases where a curse was cast on individuals although their work was humane and they did not deserve that. As described in my books on healing with life-cosmic energy, this most often happened in villages, where a villager helped at birth at which the child died. Particularly when a male child died, the villagers unjustly condemned the midwife, proclaimed her guilty and punished her with a curse. As can be concluded from many cases, a curse is cast spontaneously and no special expertise is needed. However, this is not true of an intentional curse – here, one must know a protocol similar to those used when doing magic, as I have already mentioned.

A combination of a spell and a curse causes genetic changes, damage to the genes which is transmitted to the descendants. A therapist with life-cosmic energy must take that into account. In practice, one sometimes gets the impression that someone on whom spells and curses have been cast got away with this punishment, as if it does not exist and as if the protocol does not influence them. This does not mean that their genes are not damaged; the punishment will be felt by their descendants, most often those of the second generation, the grandchildren. Spells and curses accompany each other. They act with a joint energy. Consequently, this combination is very dangerous for the victims and their descendants. The two protocols act in synchrony, and professional users of harmful energies also add a magic protocol. The resulting combination causes the worst damage to the energy part of the organism. No patient with combined influences of a spell, curse and magic can be cured, neither by medicine nor with energy, unless all three destructive energies are first neutralised. I know many cases where the methods of classical medicine failed to find the reason for the poor health state of the patient. Some of these patients die, and it is not known that the cause of their death was spell, curse and black magic protocols.



1. The cause of disease is disharmony of an individual with the natural laws. It appears in the energy body, whether the consequences are detected in the energy body or the physical body.

2. The energy body of each of us is bombarded by various energies of unknown origins found in nature and the universe. Almost all causes of diseases are based on the influences of animals, plants and interpersonal relations.

3. In almost all cases, damage to the energy body, which leads to disease, is the fault of people themselves, because they allow their defence systems to weaken, which enables harmful energies to attack them.

4. When the damage to the energy body is of unknown origin, we do not search for the cause during therapy with life-cosmic energy. Since the damage resulted from the impact of plants, animals or some other unknown combinations, it is unlikely for it to reappear.

5. The most and the major reasons for the weakening of the energy protection of the body are based on interpersonal relations. Damage appears spontaneously or is programmed, depending on the activity and character of the chosen individual.

6. Intentional damage to the energy body is caused by persons who are under strong influence of their egos. These are sick individuals. Characteristic causes of disease, such as dominance, vampirism and evil, mostly appear spontaneously, while spells, curses and black magic are certainly intentional and result from organised malicious activities.



9. BLACK MAGIC

Today, the expression black magic signifies something bad, some dangerous activity that must be feared. Criticism and ignorance led to certain conclusions and fear from negative influences, and thus black magic obtained an overall negative connotation. Throughout centuries, discussions about these undefined procedures caused uneasiness and opposition among people. They were not able to define its functioning. This was hidden knowledge, and thus black magic had the status of something dangerous, so dangerous that one should not even talk about it. Certain social structures surely used propaganda to intentionally create such feeling, which is still felt today. This is all very sad, as black magic was also used to do good to people, to chase away enemies, to protect domestic animals from thieves, wolfs or foxes, and the like. Although these were useful thing, black magic got a bad name. The church was in the lead of such thinking. Many analysts claim that its members used these means to keep the believers obedient. They prohibited any discussion on black magic and created the belief that this was the work of the devil, evil people, and that talking about it was the same as calling Satan. Nevertheless, they themselves did that on daily basis. In the Middle Ages, the feudal society and the church exploited this man-made belief that there is something terrible in black magic and that the society must be “cleansed” of people who do such things.

This was a dreadful period of our history, when many citizens were killed in a terrible way, on the stake, under the slogan “witch hunting”. This primarily included women who were considered to be enemies of the church, aristocracy and the governing structures of the state. Thus, the church mechanism headed by the inquisition topped it all: with public and dreadful torturing of “witches” it put fear into the heads of people that any thought or talk about black magic is life-threatening.

In the period after witch hunting, rare authors tried to write something about black magic. Their works give us a partial insight in the beliefs existing at the time and reveal their fears in relation to this taboo. Such attitude to and thinking about black magic still exist, especially among uneducated social structures, although many books have been written on this subject in the last centuries, explaining how the misconception of black magic emerged.

Nevertheless, ignorance and fear are still here, which is also proven by the following case: an acquaintance of mine told me how everything had gone wrong in his life after he bought a prohibited book on devil's business. Since I had always been fond of books, I believed that he found something valuable and secret, and I asked him to give me the book. He did so with a great relief. I was really surprised when he brought me a photocopy of a book or, better said, notes on talisman magic. The original book "Talisman Magic" by the same author was available at almost all bookshops. "Fear of inquisition is still alive," was my comment when I was thanking him for the gift.

9.1. What is Black Magic

A definition of black magic as a special and generally accepted phenomenon does not exist, since it is not possible to describe its action and separate black magic protocols from the systems of other similar programmes. There is a laic belief that there are white magic and black magic, and that they are done by white and black magicians, respectively.

The title of a "white magician" is used by individuals. It serves them as a mask for their dishonest activities. This title by no means stands for a spiritual ability achieved.

The expression "black magician" is so loathed among people that it is an insult to anyone who is called that.

There is thus a parallel between a black magician and a white one, the only difference is in the intention with which protocols are used. Let us take a gun as an example: if the gun is used for defence, we do good; if we use the same gun to kill people, friends, without a reason or with a special intention, we do bad things. When a person uses a gun to do good things, he can be called a white magician, and when he uses it to do bad things, he can be called a black magician. The gun is the same in both cases, as well as the protocols of the white magic and the black magic.

The methods of doing black or white magic are identical, the only difference is in the intention with which energy is directed. When intentions are good, the doer directs energy to good things with spiritual component and uses white magic. When energy is directed to bad things under the influence of

ego and evil intentions, the doer uses black magic. A typical example is reiki, which can be used both for healing and destroying of an organism. It can be used both as white or black magic. The protocol procedure is totally the same in both cases. We still hear of the existence of voodoo magic, a kind of magic against which there is no defence. It uses dolls which destroy human bodies with their energy influence. The truth is that there is no voodoo magic. However, there is voodoo religion which, under the influence of white people, changed its original form. Because it was used to hurt people, it lost some of its forms of mythological tradition. This only proves that one and the same programme can be used for good and bad intentions. In the case of voodoo religion, which can help people in spiritual studies and progress, the fact is, sadly, that this religion has remained a big unknown for the white people. Most scientists who have tried to analyse this religion stayed empty handed. They were not able to understand the system of initiation. The third stage of initiation has thus remained unknown and unrevealed until today.

Although there is almost no difference in the procedures used by white and black magic, over the time the protocols in the case of good and bad intentions in the use of energy potentials have developed and formed in different ways. Today, the protocols are totally different as regards their structure and use. It is difficult to understand that these protocols have the same origin, but with consistent analysis we find that the performance of white and black magic is identical. As I have described in my books on healing with life-cosmic energy, any idea of the brain, which creates the programme for the realisation of the idea, is realised through the process of mantras and meditation. Through the doing of white magic and black magic, the mantric programme developed in different ways, but both procedures are realised in the same state of meditation. In the doing of both kinds of magic, mantras are not crucial. They serve the doer to be able to stay in the state of meditation. Therefore, it is not decisive what text we use. The persons who use white or black magic are not different; the difference is in the fact that white magicians achieve their abilities under the leadership of the inner self, the soul, the state of universal love, a joyful contact with everything in nature, and out of the inner need to help another. The doers of black magic, on the other hand, are guided by ego. They have the need to destroy. Because their soul is undeveloped, they have the desire to lead people and control them. They believe that they are god's messengers who may judge others and the like.

In the truly comprehensive literature about magic, one can find good advice for using magic programmes and texts of mantras. However, one can unfortunately not find descriptions of the state of meditation or how to practice meditation, which is mostly connected to certain actions or body movements. There are many descriptions of procedures used for doing magic, involving dance, numbers, symbols and the like. Today, we know books on Gypsy, talisman, Slovenian, folk and other magic, which describe the mantric part, the prayer, and only partly understandable system of certain actions involved in meditation procedures. The state of meditation is not described anywhere. In particular, there is a lack of explanation how to arrive to the state of consciousness where all magic programmes function successfully. Such descriptions are missing in all the literature on magic or, better said, black magic, which provides information on the protocols of this energy system. I can say that the existing descriptions of actions sooner mislead the readers, so that we no longer know whether the authors wrote the texts in order to satisfy their inner needs, or they actually wanted to discover the secret ways of how to destroy the energy body of an organism.

9.2. Doing Magic

Doing of black magic has always been undercover, hidden and only known to individuals. The knowledge was passed from mouth to mouth, and I can freely say that that is still true in most cases. Magicians perform their protocols in hidden places, at locations equipped for their activities, most frequently in private houses or distant apartments. Black magic procedures are also hidden from family members. The aids used in doing magic are protected and hidden especially well. Talking about this subject is not allowed at any price. These people hide from the society. Their basic characteristics are that they are showing a calm character to others, they are quiet, and they almost always begin conversations with the subject of health problems and their resolving. They avoid quarrels. This is especially visible at work, where the company management appreciates them as good and diligent workers, although they use secret magic protocols to harm and finally destroy the company. This is all partially written in the books on their behaviour, prayers, victims, astral meetings, Black Sabbath and the like, so I do not have to add much.

It is also hidden that the doers of black magic are members of the best developed secret organisation in the world, known as Satanists. Their organisation and members are not known in the public. It is rare to find information on its organisation, management structure, network scheme, initiations or local organisation system anywhere in the world. I treated a very sick woman who was brought to therapy by her sister. The latter said that she knew well that her sister was attacked by black magicians or, in her words, Satanists, and that after two years of research she discovered that, in her municipality, half of those employed in municipal administration, court and police were members of this secret organisation. Through a joke, I advised her not to wrestle with such powerful organisation, as she will lose.

Based on the testimonies of different patients about this secret organisation, one can arrive to two different conclusions: that everything is true or that everything is an invention. I know for sure from my long years of practice that harmful energy forms can be produced by individuals who are capable of that, that the latter often work in an organised manner and that it is impossible to cure patients attacked by magic, unless all negative protocols used on them have previously been neutralised.

This simplest magic programme can be formed by means of a certain object chosen for that, such as an ordinary piece of thread put in a certain spot, sewn in the clothes of the targeted person and the like. With its energy, this object intentionally harms the victim. Often, the goal of such actions is to achieve an activity or fulfil a desire. For instance, to prevent clients from stealing articles from the shop; the magic object redirects their attention and they lose the desire to steal. More complex forms of magic are done by using various objects that are made for that purpose and that are put on the worktable in a certain order. During this activity, the relevant prayers – mantras – are made in the state of meditation. The aids for doing magic resemble amulets and talismans, which produce certain energy states. By means of mantras and in the state of meditation, these energies are directed to the targeted person. A very frequent form of such activities or rituals involves combinations of different objects, tied up in cloth and put in the vicinity of the targeted persons, their homes or workplaces. Today, after so many books have been written, there is no need to doubt such magic procedures. Therefore, I surely do not have to repeat them here. Cases are known where the same method that is used for the destruction of the

energy body of the victim can be used to help a sick person. This proves that there is similarity between the white magic and the black magic which are believed to be in opposition.

Most of the black magic methods are impossible to describe precisely, since their users have developed authentic methods on every continent, in any country, in each nation, religion, social system, company and organisation. Countless “schools” in different parts of the world all differ from each other, although the energy potentials and influences on the victims are identical. In therapy, the suitable method of neutralisation must be prepared for each individual black magic protocol. The therapist must take care not to get lost in the mass of different systems of removal. Long years of studying and analysing of the known protocols led me to the conclusion that it is not necessary to know black magic methods and schools in order to undo magic and help the patient. For therapy, it is necessary to know their influences on the energy and physical bodies and the form and level of damage caused. Let me repeat: like in the case of a wound on the body resulting from a mechanical blow, a chemical substance, high temperature, burning and the like, when the therapist with life-cosmic energy does not have to know the origin of damage, but must only know how to heal the wound, in the case of the influence of magic, the therapist must also only know how to cure its consequences.

9.3. Definition of Magic Influence

The consequences caused by a magic attack, this intentional and destructive protocol, to the human body can be analysed and classified systematically to groups and subgroups with regard to their level. For therapy, it does not matter whether the damage to the body results from the magic of numbers, shaman magic, Gypsy magic or any other similar activity. What matters is to know what is the damage like, what is its intensity and what is the energy potential of the magic causing these effects. To determine the type of magic action, we take as the basis its power of action on each organism from which individuals cannot be protected by their defence systems, except in extraordinary cases. Such rare cases where individuals are able to defend themselves from the influence of magic can occur if the person is healthy, “bursting with health”, and has a strong aura potential achieved by training. Nevertheless, the defence of these individuals is not successful



The core star is visible in healthy persons at the spiritual level

in the case of all protocols, as they are also vulnerable to the action of professional attacks or influences produced by a group, especially when such attacks begin to repeat periodically.

Analysis of magic action on the energy body of the organism shows that a magic protocol continuously destroys the aura, the bioenergy protective field, and is one of the main reasons for a poor state and appearance of a disease. Acting as a pump, black magic destroys the energy field of the victim and leaves severe consequences on the physical body. With time, its intensity falls at a negligibly slow rate. Over decades of study and practical investigation of the consequences of magic action on human organism, I arrived to the conclusion that any consequence of magic action can be defined, precisely measured and classified in a certain group and subgroup, regardless of the type and method used in doing magic. Thought measurements performed with several measurement instruments and daily control, I discovered that the consequences of magic – their energy potential – can be classified into groups which I marked with the following numbers: 1, 2, 4, 6, 8, 10, 12, 18 and 24. With regard to the system in which magic is done, realisation of magic protocols or repetition processes, these consequences can be classified into subgroups marked: A-1, B-2, C-6 to the power of 6. Thus, there are nine times three different states or consequences of magic action. In therapy, this classification of the consequences helps us as a list of all main energy states or consequences appearing as the result of the influence of magic, no matter who used the magic, where it was used, and which and what kind of magic was used.

Each of the groups of consequences of magic action marked by numbers includes the original group of black magic procedures. Let us take as an example the group with number 18: in this group, magic is done by those who say evil prayers, healers with their own energy fields, insufficiently educated users of esoteric techniques and disciplines, bad or ill-intended use of reiki technique and the like. The discovery of how it is possible to find the origin of the magic programme enables one to search for the persons who do black magic, and allows the victims to create defence against these persons for their personal protection. In an extreme case, it also helps the therapist to heal such sick people. In the discovery, classification and healing of magic action, we can discover and analyse different magic procedures, the places where they were produced, even the name of magic

and the names and surnames of the persons doing it, but in therapeutic practice this is very rare, since there is no need for such investigation and classification.

One of the strongest effects caused by energy action with the severest consequences for the victim is produced by the joint use of a spell, curse and black magic. This combination damages genetic programmes which are transmitted to the descendants. The consequences for their physical bodies are mostly so severe that they do not survive (unless they manage to remove this combination, destroying their energy system). If such a victim whose genes are damaged by the combination of a spell, curse and black magic survives, which is relatively often, and has descendants, genetic damage is passed to them. Thus, sickness most often appears in the second generation, in grandchildren. A characteristic disease appearing as the result of genetic damage by such a combination kills the male population, while women have poor immune systems. In our coastal towns, this hereditary disease is known as the “white plague”.

9.4. Removal of Black Magic

Roughly, there are two characteristic systems for the removal of black magic: the first involves neutralisation of the programme, for each magic system individually; the second is neutralisation of the negative energy influence, neutralisation at the place of influence, on objects, in the rooms, buildings or on the victim’s body where disease appears.

The first, now already traditional system of magic removal, is used very often, knows many forms and depends on the system used for doing magic characteristic of the place where it is done. Let us take for example the shaman magic, where the procedure of removal used in Siberia differs from the procedure used by people living in South America, although both are actually the same: it does not matter whether we use the Russian or the South American system of removal. Having a look at the first method, neutralisation of magic protocols, we see that the protocol for doing magic is the same as the protocol for undoing it. This is similar to poison and antidote: both systems use chemical components as the basis. It is the same with the methods for doing and undoing magic, movements and mantras which only differ in the combination of the words and movements.

The traditional system of magic removal or, as we have already said, the first method of neutralising magic protocols, most frequently involves very complex procedures and activities. In practice, it often fails. I had the opportunity to heal a merchant marine captain who had tried for several times to find the cause of his sickness and poor state of the organism by visiting doctors and alternative healers in different parts of the world. I quickly established that the main reason for his state and unsuccessful therapies was black magic. I asked him to write down for me how he was treated by alternative healers, how they performed the protocols for removing black magic, and what various “white magicians” required from him when they were removing black magic. I can say that I was surprised at his answer. He wrote four A4 pages of different rules, mostly texts of black magic procedures used for good mood and reduction of pain felt by a sick person. One of these magicians gave him a bottle of water adapted to his therapy. He was supposed to take a sip at ten in the evening, step out of the house with the right foot and take a sip of water again, then spray the water around the tree in the yard, return home by stepping in with the left foot, and take a sip of water again.

This was a small part of the nonsense from different “systems” of how to recover health to a sick person, which had such severe consequences for the patient’s body that his health state became worse instead of improving. Essentially, such procedures for removing black magic give the patient the feeling of relief, which lasts for a few days, and hope that health is improving. However, after a short time, the patient’s condition is even worse than before the therapy. This case shows how such procedures for removal of black magic are incomprehensively complicated, that they are not performed systemically, integrally and responsibly. A true therapist must also observe other causes for the poor state of the patient. Despite all this, removal of black magic by this traditional method can be successful, but it is necessary to also remove other harmful influences on the patient and to follow the response to therapy. I have often seen how individual “therapists” remove black magic by shocking the patients with bioenergy. The patients are surprised with their new energy, so after such attacks they are convinced that they got rid of black magic.

The method of removing black magic by neutralising the energy potential is not publicly known, so “white magicians” do also not use it. In my experience, they are not spiritually qualified for that and are not able to

perform neutralisation. The basic principle of removing the action of black magic by using energy neutralisation system is the use of opposing energies to exert action on the energy of magic. In this way, we destroy it or, in other words, block and neutralise it. This procedure is very dangerous for therapists, as they must first determine the type of magic energy, its origin, assess the level of its intensity and the consequence of its action on the energy system of the victim. The removal procedure requires a direct contact with the dangerous energy of magic. Consequently, therapists must be protected maximally, and their work must be systematic and very precise. Finally, therapists must be totally sure that their work system is correct. In the beginning of my therapeutic work, when I was still discovering different ways of how to neutralise magic energy, I was unintentionally negligent and inattentive, insufficiently educated, unaware of the danger and poorly protected, so I experienced an attack on my own energy system. Once, I thus lost my protective energy. I could not even detect my aura next to my body. I had the feeling that I was without a soul. I did not feel like doing anything. I just vegetated. I lied motionless for three days. It was difficult for me to move my arms or legs. I was overwhelmed with the feeling of powerlessness. Not only that I could not move my fingers, I did not even have the will to do so. I rejected food, sweated day and night. My family did not know what to do with me. They believed that I was dying, although I was convincing them with great efforts that I would get better. I knew that in such crisis situations, when not even medicine can make a diagnosis, you certainly die if the people around you think that you will. The opposite happened: one person of those who helped me, who was not even related to me by blood, not connected with me genetically, cried silently and unrestrictedly, from all her heart, prayed for me to get well and not to die. I intuitively read her thoughts, the sincere wish that I should not die. This impulse gave me such strength that I turned around in my bed and sat on the edge of the bed. Everybody was surprised with my coming back from the world of the dead, but I was the one who was surprised the most when I saw my face of a dead man in the mirror. I asked those present to give me some water, drank it and got up from the bed.

Conclusion: if it were not for this woman whose convincing prayer created a strong energy directed against evil and who thus spontaneously neutralised the deadly attack I suffered when removing magic, I would certainly not be

writing the lines of this book today. This example is typical of spontaneous removal of black magic, which can often be noticed in the cases of sudden recovery, when patients very quickly pass from a critical state to a healthy state. They are, so to speak, brought back to life, although medicine does not have a cure, nor an explanation for this “miracle”. A sudden turn from a state close to death to recovery is experienced by people around the patient when black magic is removed by neutralising the harmful energies with the method of distant healing. As I have described in detail in my third book on healing with life-cosmic energy, this was the case of a young mother of two children treated at a military hospital in Belgrade. While she was in intensive care, I removed from her various black magic protocols at the request of her mother. After the successful neutralisation of the harmful black magic energies from the patient’s body and head and her quick recovery, the doctors present said that it was only god who was able to rescue her. In “primitive” nations, many people felt and understood very well the spontaneous system for removing health-threatening energies produced through black magic protocols. On the basis of this knowledge, they formed diverse methods for neutralising these energies. It is also true that, in different nations and on different continents, these methods for neutralisation of harmful energies differ in the protocols and methods used. However, close examination shows that they all have a common basis and that they arise from the principle of spontaneous removal of black magic.

The carefulness in removing black magic energies by using the method of neutralisation must be developed to the highest level of safety. It is good to have an assistant, who can, at the moment the therapist is exhausted, participate with his or her energy to alleviate the sudden strong energy attack on the therapist, organise transport and accommodation, ensure peaceful resting, create the conditions for the recovery of the lost energy of the therapist, and protect the therapist from possible dangerous consequences. Dealing with black magic with the method of neutralisation gives excellent results; practice has shown that the evil energies never return. One can only get the feeling that they came back, if the doers of black magic did it again, which is frequent nowadays. The direct method of removing magic energy requires the following: the therapist must discover its origin, type of energy, intensity with which it influences the victim, the consequences appearing in the energy field of the victim; the therapist must accept all

this in his or her energy body, and use the method determined on the basis of the above data to neutralise the harmful action of black magic on the victim. After neutralising the magic energy on the patient, the therapist must check and measure the results of neutralisation, assess the successfulness of neutralisation and establish whether several harmful energies arising from various protocols exist on the same spot, so that he or she can remove them one at a time.

9.5. Combined Magic Attacks

The expression combined magic attacks stands for the joint influence of different black magic protocols exerted on the patient. Most frequently, such a combination appears when black magicians perform protocols periodically or when an entire group of magicians performs protocols on the victim in a certain order. These combined harmful energies are not pure. They are composed of several protocols and constitute a dangerous cause of disease. They also require the therapist to have a high level of knowledge and experience to be able to neutralise them. The evil of the black magicians is in the fact that they are ready to perform black magic protocols on daily basis in order to destroy the victim. By repeating the attacks, they disable successful neutralisation of harmful energies. They attack the defence system of the victim until its destruction. Once, the traditional magic attacks took place through the second chakra. Today, this is no longer the practice, and there is no principal rule where and how to do black magic. In my practice, I have seen black magic set against the whole organism, against a certain place in the body, a chosen organ or a certain vital system of the body in order to disable them. All this constitutes a heavy burden for the body and a strong cause of disease and expected death. In practice, one can encounter the consequences of the influences of six black magicians on the victim. Today, twelve black magicians do that. They block the whole energy system of the victim, prevent the correct functioning of the physical body, which struggles to survive without energy. In this way, the unaware victim is sure to die. The longest possible period in which a victim with a healthy organism can survive or stand such torture is one year. In all other cases, the energy torture makes the victim's organism succumb faster, and death occurs much earlier, in less than one year.

The strongest and deadliest system of energy destruction, when the victim has no chance of recovery through the classical medical therapy and dies in most cases, is a joint action of the spell, curse and black magic protocols. This is mostly used by professionally trained individuals who know exactly which organs to attack to provoke a crisis in the organism or death, such as attack on the lungs and heart to provoke a heart attack. It is not uncommon to find a combination of a spell, curse and black magic on objects, in apartments, on the furniture, even on toys, which proves that it is used universally. I had such a case a few years ago when I had to remove strong black magic protocols from a toy hanged in a pram, preventing the baby from breathing normally.

When the mother brought the baby to therapy, she thought that the child would not survive, as doctors were no able to help him. I quickly established the main reason for the poor condition, removed the obstacles and neutralised all adverse energies. The baby's health improved considerably, but the next day the mother called again. This meant that the magic protocol was also set in another place besides those that I had already neutralised, and the sickness reappeared. I asked the mother to bring the child for examination, to bring the objects and toys connected with the child. She immediately did so, although she lived over one hundred kilometres away. She brought me two bags full of different objects, clothes and toys, on which there were no harmful protocols. I asked her whether that was all and she said that everything was there. Through systematic research or procedure of elimination, I discovered that the deadly object was something hanging in the pram, in the bed, held by the mother when holding the baby in her hands. Intuitive measurement showed that the mother also took this object to the doctor, when asking for help for her child. I explained this to the mother and asked her to bring this object which she always has on herself when she was with the child. The mother's face became red. Revolted, she said that she did not have anything but a plastic rattle bought by her mother.

At my unbending demand that she bring this object if she wished her child to get well, she furiously went out, removed the toy from the pram and brought it to me. She was truly hurt: how could I be so rude to be able to suspect her mother that she was the reason for her child's sickness. This object was what I was searching for. I neutralised the harmful energies set

on it and explained to the mother that her mother, although she bought the toy and brought it to her grandchild, was not responsible for the child's sickness. It is sufficient to black magicians to hear about such an object – it is the easiest for them to see it – and they can already set on it protocols of harmful energies which destroy the energy body of the victim. I put the toy on my desk and explained to the mother that she would get it back when I am sure that it can no longer affect the child's health, when I am sure that I neutralised the harmful energies, and that this can take a week, a month or even a whole year. She should not burden herself with that. What mattered was that the child was healthy.

The baby got well quickly. The mother still does not even want to hear about this toy today, and so the toy is waiting among other similar objects, now without negative energy, for the owner to take it away. Some objects cannot be fully neutralised during the first cleaning and keep on acting slowly. Therefore, I keep them blocked and virtually daily neutralise their negative charge. It can happen that an object gets recharged. In such cases, the therapist must intervene at the level of souls, cure those who set the protocols and block the elements connected with the consequences on the victim.

Any strong magic protocol causes genetic damage, which remains written in the victim's genes. This is also true in the cases where the victim is not healed sufficiently or spontaneously overcomes the difficulties with the help of medicine. Damage resulting by the combination of a spell, curse and magic leaves consequences for the physical body and in the DNA structure, which are passed on to the descendants. At conception, when the DNA programmes of the woman and the man are combined, the damage arising from one or the other partner is also transmitted. The child receives a programme with damage contributed by the father or the mother. Such damage constitutes severe causes of disease for the child.

Genetic damage resulting from a combination of a spell, curse and magic and passed on to the descendants can be blocked by curing this deformation in the victim at the level of genes. Therapy on the energy body leads to the recovery of the physical body, and thus genetic damage becomes inactive. It is interesting that the genetic damage of the ancestors does not affect their children, but gets activated in the second generation, in their grandchildren.

At conception, genetic damage in the male line is far more severe than that brought by the female line. The result of this genetic damage in the male line is that male children are not born or that baby boys die very quickly. They may be infertile or do not get married. The family is disappearing as there are not male children. As I have already mentioned, in our coastal region this disease where there are no men in the family is called the “white plague”. It was already known in the times of sailboats, when many accidents happened due to poor conditions on board, hard life of the sailors, defective navigation devices, ignorance of weather conditions, fighting with pirates and the like. Consequently, the members of the crew died quickly. Damage to genes in the female line does not have such severe consequences for the health and life of the descendants. The children of both sexes get born normally, but are very sensitive. They are of poor health, often seek medical aid, and one can feel that they have obstacles both in the mental and the physical part of the body.

Through therapy with life-cosmic energy at the level of ancestors, therapists can heal all the descendants suffering from damage caused by the action of spells, curses and magic, both in the male and in the female lines. The healing of the ancestor, although physically dead, influences the energy of the descendants by blocking all causes of disease due to such damage. Therapeutic transformations used in therapy result in changes in the physical body and influence the brain, so that the latter replaces the damaged gene sequence by a healthy one in all descendants. The main cause of severe or medically incurable diseases lies in genes damaged in such a way. For instance: patients suffering from cancer cannot be healed with energy therapy, unless the influences of spells, curses and black magic have been removed from them or their ancestors. We must also find and neutralise any protocols in apartments or houses, on objects, furniture, jewellery, cars and the like, if we want the patient to recover health. In all cases of treating incurable diseases, practice showed that one can only succeed if all these activities are performed, and that we cannot expect recovery when the patient is too late for therapy, when the disease has already destroyed the vital organs of the body, and the patient cannot be helped. One also often discovers several causes accompanying this severe disease, such as fear of death, stress, consequences of wrong advice given by medical experts, various previous therapies and elimination of their consequences, for instance chemotherapy, radiation, unsuccessful alternative therapy and so on.



1. Through the history, many factors contributed to the formation of a negative opinion on black magic, with the period of inquisition attaching to it a gloomy connotation.

2. In the protocols and the system of their performance, there is no difference between black and white magic; the difference is in their intention and way in which they are performed. A gun may be used for good and bad purposes, depending on the intention of the user.

3. In different nations, in their histories and lands where they lived, black magic protocols developed in different ways. The goal of all protocols is to damage the energy body of the organism. Although they are different, they are the same in principle.

4. To remove black magic, two different systems can be used:

- programme system; we use a protocol similar to the protocol used for black magic action to neutralise the harmful energy; this system is very frequent, diverse and rather unreliable, or**
- system of energy neutralisation of the harmful action of magic; this system always gives good results, but therapists must be able to work with energies, as they risk their lives when removing magic.**

5. The severest cause of disease, especially incurable diseases and special health problems, is created by the energy combination of a spell, curse and magic. It results in permanent genetic damage which causes death in the male descendants, unless it is neutralised on time.



10. THE SOUL AND BLACK MAGIC

It is almost impossible to understand why individuals do such evil as black magic, unless we pay attention to the place where they live and the functioning of the soul in the body. The management of the functions of our organism is conducted by the soul in all stages of life. It is responsible for the functioning of all organs and of the whole body. Logically, it is also responsible for actions where black magic systems are used to cause harmful effects. The soul, the operator or driver of the organism, must be responsible for such activities; a person or the organism would not be able to do that by itself. On the other hand, people have genetic programmes enabling such negative activities at the physical level. They create satisfaction in killing others. This confirms the fact that, in their genetic structure, all people have programmes for good and bad activities, including activities that people have not yet discovered. Today, it is possible to discuss the genetic programmes, the soul and the natural command in us, and the functions planned by god, since the society began to accept new views of energies and the church has moderated its prohibitions. The scientific discoveries of the genetic possibilities and DNA structure enabled the society to recognise and accept this programme as the basis for the functioning of the organism in nature. The genetic programme structure is the basis for understanding the connection between the designer of the organism and the possibilities allowed by the society and the church, without us becoming a laughing stock or being isolated from the environment. Until thirty years ago, the society had a very negative attitude to spirituality and discussions on this subject. People were afraid that they would get hospitalised by force if the others would find out that they even thought about anathematised issues. Today, we are lucky that no one bothers us. I can even write these lines without any special fear.

10.1. The Soul and the Views of Different Civilisations of It

At conception, the divine soul assumes command over the management of the processes involved in the creation of a new organism. At birth, the soul of the child is pure, without external influences on its programme commanding capacities. To kill a newborn means to kill a person without sins against the environment and people around. Therefore, for the killer,

this is the greatest crime manifested at the level of souls. Likewise, abortion due to subjective reasons, such as opposition or revenge to the partner, creates a sin at the level of the soul. The woman loses the right to have children and becomes infertile. If the father coerces the woman to have an abortion, he also commits a sin at the level of the soul, although his sin is somewhat smaller. In such cases, medicine cannot find causes of infertility. Its findings show that such women are totally healthy. This should not surprise us. Although today we are witnessing how many medical and religious doctrines are falling down like card houses, these two institutions stubbornly stick to the old and outdated doctrines.

Mere discussion about the soul provokes a revolt in individual institutions and parts of the society. The attitudes of the society and individuals in leading positions are extremely negative. This is especially observable in the functioning of the leading information systems which, due to their ignorance about the issues of the soul, do not allow changes in the established and rigid views of the principle of god and the laws of nature. Therefore, I recommend to the reader to accept the following lines of the text about the soul without our established convictions, to exclude the present time and views, and to only focus on the work and thoughts of the researchers, which I sincerely describe in this text about divine principles and character of the soul from the aspect of the messenger.

Immediately after the birth of the child, the soul obtains a dominant co-driver, ego, which affects and also creates all basic principles, which were the exclusive domain of the pure soul until birth. These two commanders fulfil the law of duality, defining the existence of any creature on Earth and enabling the creature to function independently (ego) in line with the principles of the creator, the laws of nature (soul). The formation of ego in the body results in a change in command; ego receives virtually unlimited privileges in the conduct of our life in nature. Ego is formed on the basis of experience and education. The brain receives orders based on its own conclusions, and begins to respond under these conditions. Essentially, ego subdues the soul and forces it to allow that the management of the organism is conducted under ego's control, no matter whether the orders are good or bad for the organism. Understandably, ego, as a trained operator on the back of the body cannot fully and independently function above the divine principle of the soul. That would be absurd. Thus, in situations

critical for the organism one can see that that is not the case. Ego can only overrule the inner self when the soul allows it. In this case, the soul obtains an appendage formed by ego. This is a kind of a new soul, by which the ego obtains additional possibilities for the realisation of its requests and orders, in addition to the existing basic principles of commanding the organism. We get the feeling that with the appendage formed by ego, we obtain another soul which is poisoned and soiled by ego. For instance, if we opt for a negative human trait, such as stealing, lying, crime and the like, this happens through the formation of an appropriate appendage to the soul, a new soul which will be of use and functioning when we begin to use the new trait. In situations such as stealing, the organism switches command from the basic functions of the soul to the new soul that knows the commands for stealing. The basic soul, obtained at birth, is always in action and used when these negative traits are not active. This means that two souls are functioning in the organism: the basic, pure one, and the second one, deformed by ego. Thus, a thief uses the basic soul for everyday functioning, and does not differ from other citizens in his behaviour, but when he begins to steal, the other soul assumes command, no matter if that is good or bad for the person or the environment.

The formation of additional souls – appendages which can be many – and their use for special purposes enables good and bad people to live in the society and not to differ from each other. We simply cannot identify them, as in the society their basic pure soul is activated, and not the new soul, the appendage which is waiting and ready for special purposes. The traits obtained in this way, which become part of our personality, form a double character or a multi character, depending on the number of appendages or new souls created.

10.2. Formation of Character

Through upbringing, learning and experience, different souls are formed – appendages to the basic soul, constituting the basis for the commanding of our organism through life. Individuals hold all additional souls, whether they use them or not. Some persons hold in store the maximum number of souls, the maximum number of appendages to the basic soul. I have mentioned in previous chapters that, based on long years of experience,

I concluded that at this level of development a person can form twelve characteristic souls, appendages to his or her basic soul, with five different traits which I divided into three groups of four souls.

The first group includes those with one to four souls, which provide them the basis for the development of humane personal traits. The second group includes those with five to eight souls. Such persons show good and bad traits. And there is the third group, where individuals of bad character have nine to twelve souls. As we have seen, through independent decisions of ego, a person can essentially not directly influence the traits of the basic principles of the soul. However, with the influence of additional souls and on approval of the basic soul, people can very easily achieve their intentions.

The world of souls is composed of different combinations of one and the same principle, an intelligent programme which organises the basic traits of the species on Earth. They are universal. Out of this universality, the human species is adjusted to people. Different souls formed for plants and animals have the same fundamental characteristics, only that the programmes in their organisms are different and adjusted to their life and behaviour in nature. This common principle of soul universality determines the mutual influences. Based on this, people can understand why they have a positive or a negative attitude towards animals and plants.

A silent approval that ego may influence the newborn's body and soul and form up to twelve different appendages is only possible through the cooperation of all factors which enable and conduct the functioning of the organism. The brain activates the genetic programmes for activities at the physical level. It does so under command of ego which, in cooperation with the soul, created an appendage, a new soul for special purposes. In the case of stealing, when we are able to take things that belong to others, a programme for the realisation of this trait is formed at the level of the soul. The brain opens the channel for certain physical activities and enables additional commands of the soul of ego, which are manifested by the fact that the individual becomes capable of committing the crime of stealing. It is not problematic whether at the level of souls conducting the body there is one or more intelligent souls formed as an appendage for individual human activities and their programmes. It is easier to understand that there are several different intelligent souls, several independent souls, than that there is a

single soul responsible for all activities in our organism, although in nature that is actually so. It is the same at the level of the physical body. It does not matter whether the functions are conducted by one or more operators, the body only has one brain which commands it.

My experience of several years and measurement at the level of souls confirm the fact that there is no special world of different intelligences around us, but that there is only one programme, a single universal soul which generates different physical bodies on Earth. It generates them under the influence of the creator or god, and programmes certain forms and intentions for them. The soul for the formation of the physical form of a dolphin is the same soul as in a human or dog. The only difference is that individual sequences of the same programme are activated, defining the physical form of a dolphin, human or dog. The designer of our bodies created a certain safety programme, which does not allow mixing of individual species. However, humans with their divine brains changed this law anyway and created new creatures, new species and new bodies. Different ideas about many intelligent kinds around us, various souls, angels, devas, saints, Lucifers and the like are possible. However, this division is based on human reactions and by no means on the basis of the original principles of the soul. God or the designer of different bodies on Earth would be incompetent if he created different souls and limited the formation of many creatures. As regards the existence of angels and devil, it is clear to everyone that it was not god who created that, but humans based on their personal reactions to individual energy forms and commands of the soul.

Our designer or god could not be what it is if he needed so many assistants invented by believers. They also invented a special computer above Earth called akasha and similar esoteric presentations of the levels of life above our bodies. For an almighty god that would truly be nonsense. It would be as if a computer needed a different person for each programme, and as if a new processor would be needed for each new programme. As I have already mentioned, both interpretations – classification according to the properties of energy reactions or according to the origin of the soul – give the same effect. As regards the formation of souls based on the reaction of the body, in the present conditions we can have twelve souls in different combinations, based on five characteristic human traits.

10.3. Several Personalities in a Human

The souls with twelve appendages to the basic soul or twelve different souls activate twelve additional programmes under the influence of ego. Thus, it is possible to classify personalities based on different personal traits. For good understanding, we can – according to the procedure that is the same as the one we used for the explanation of the castes in India based on the level of incarnation according to the Buddha’s system – classify souls according to the appendages developed or new souls attached to the basic soul.

The first group

People who through their lives do not allow the formation of different convictions and inclinations to various activities keep an independent soul without appendages. They have one soul and one personality. Such individuals do not allow other people to convince them of their views of life. They analyse and check everything. The beliefs of others serve them as an enrichment of their own views. In the case of an idea that one should steal, they do not allow themselves to become dependent on this idea. They form resistance in them, and in most cases they are frontline fighters for the elimination of such bad ideas of other people. By preventing the persuasion of ego to form a bad human trait or a destructive inclination, such as stealing, and develop appendages to the soul, the soul of such person stays based on the inner self, the basic soul, and only develops humane principles of functioning. Through such decisive moments in life, individuals from this group only develop positive values. They function with a single soul, the one that they brought to the world at birth, and only have one personality.

These people have developed the principles of humanity, ethics and justice. They are always at hand to help others. They can be healers, spiritual leaders or founders of new movements. The basic soul of individuals from this group is highly incarnated. They show high productivity in the society. They are normally peaceful citizens. Unfortunately, they are rare, and blessed is a nation which includes individuals with such high qualities.

The second group

The second group includes individuals with one to six appendages to the basic soul or with one to six additional souls. They have one personality,

burdened with certain acquired characteristics managed by ego. These additional characteristics are not strongly impressed in the soul. Only the fifth and the sixth appendages have stronger bases and inclinations. By training and healing with life-cosmic energy, individuals from this group can get rid of the appendages to the soul, especially those loosely attached. These individuals can very easily deal with the evil properties of ego, because their ego has not yet fully subdued the inner self. Thus, by eliminating the appendages, they can become equal to the members of the first group, who have one soul and one personality. Spiritual progress is definitely easier for someone with two appendages to the soul. He or she needs less energy for spiritual progress than someone with six appendages, six activates souls. In nature, in any nation we find the most citizens from this group. This is the fundamental and healthy part of each nation, whose traits constitute the basis of the characteristics of each nation on Earth. This group is responsible for the humane, ethical and legal qualities of every nation. Individuals from this group achieved a high level of soul incarnation, and some of them are the holders of social and economic development of their respective countries.

The third group

Individuals with seven to twelve additional souls activated form five personalities for each of these souls. They represent an unexpectedly large portion of population in each nation. This group is not adjusted to social agreements and its members are responsible for the majority of crime. Thus, they force the society to set the rules of behaviour and obligations. This is the way laws are formed in any society. To influence the behaviour of people from this group is rather difficult or impossible, unless they are first healed at the level of the soul. The society has not done much with its methods of punishment and correction. This is confirmed by the fact that most prisoners return to prison after they are left out. They commit another offence and are again punished by imprisonment. These people are only conducted by ego which subdued the inner self and blocked the divine qualities conducted by the inner self. They form in themselves selfish and various negative personalities to be able to exploit the society and the possibilities in the environment for their selfish interests. Such individuals are spontaneous holders of evil, dominance, vampirism and

the like. This group is also the source of people who use spells, curses and black magic. They hide their feelings and evil actions very well. They use the advantages of their dual souls. When in company, they show quietness and are often nice. They try to be appreciated by the people around at any price. They do their bad things hidden from the eyes of the environment in which they live. This group of individuals is not very large in percent, but it is also not so small that the society would not clearly feel the consequences of their negative activities. Their evil actions are not only sick, they are also contagious. Therefore, we can assume that their number is rising constantly and that they constitute a large threat for the society which is not able to deal with them and a danger for the quality of the nation. In the history, we know several cases of downfalls of individual nations, countries or civilisations. I can freely claim that this group had the leading role in their downfall. The souls of those from this group are in the low and initial stages of soul development. They have few incarnations and show their physical characteristics in all fields, pursuing material wealth and high positions in the society.

The fourth group

Spiritually sick people are unrealistically proud of their work. They see themselves as god's messengers in charge of cleaning the society of "impure and weak persons". Individuals from this group operate in secret and they are difficult to detect in the society. They adapt to the environment excellently, work in shadow and excel in covering up their criminal business. This group of individuals is not large, but is very dangerous for any society. Each individual commits crimes, fosters discord in the family, causes companies to go bankrupt, ruins the society if he or she is in the position to do so, causes personal tragedies and so on. The society can intervene in the case of any evil individual based on their offences. However, these criminals work without evidence, without physical guilt. Therefore, the only option to deal with these evil persons is to heal them at the level of souls.

At the level of souls we can get approval to heal all combinations of the soul and its appendages, to diminish the negative personal traits of individuals, and to prevent them from harming others by using energy. However, we do not have the right to change their abilities obtained through education

and experience. The society must take care of such individuals in the community. It must help such individuals, since they have an undeveloped and uneducated soul. They work under the control of ego. Their soul is in a low development stage, with few incarnations.

Some individuals from this group begin to develop different techniques for destroying the energy potentials of others in order to exploit them, and they develop into professional black magicians. They specialise by forming – according to the existing knowledge – the largest number of appendages to the soul, or additional souls. An individual forms five characters, each with twelve souls, which can be multiplied by six. They use the souls of the deceased for their misdoings ordered. They form groups of twelve individuals who listen to them as slaves and help them in the realisation of their goals. In most cases, the helpers are not even aware of their slavery. These people cannot be healed, because they are mainly members of secret societies and help each other in solidarity, although they do not know each other. Nevertheless, they have not mercy for the victim.

10.4. Duties of the Brain

I have already mentioned and defined my assumption and conviction I gained through systematic work, long years of practice and good experience that god did not create humans after his image, but that the human brain is created in his likeness. The brain, this independent and creative designer, only differs from god in being built in the physical body and thus limited by its physical capacities. The sayings that people carry in them god's blessing and that all people are equal in god's eyes speak in favour of this thesis, which has constantly been confirmed through history and development and through religious views.

Today, it is much easier to contact people around the globe owing to technical development of communications and transport. Therefore, the beliefs of others and views of the organism are much more comparable and accurate than in times when nations did not know each other. One can very easily compare and understand events from the past by following the literature and analysing the authors who wrote "bestsellers" only because they wrote about the brain and its capacities. Of special interest are books which reveal the secrets and prohibitions of the society and church. Such

secrets and prohibited things were only inaccessible to the wide masses of citizens. People must thank the brain and its still unrevealed capacities for everything that they imagine, do and understand. Likewise, in therapy with life-cosmic energy, the brain is the factor which adds the final touch, like in the case of all other activities in our body.

The method of learning, gaining of experience, ability to assess, abstract thinking and the like are realised by means of the brain. The brain is the part of the organism that remembers and provides the possibility of using experience and knowledge, which means that it designs everything around us. The brain has created ego to keep connection with the soul, the inner self. Through the brain, the soul realises its programme orders. If a person has no brain, the soul cannot do anything in the body. It is the same in the case of brain damage; the soul cannot realise its commands through this part of the brain, and the physical part of the body is inactive, paralysed or blocked.

In the same way, the brain acquires certain abilities. If it becomes addicted to these properties, it creates the possibility to realise them. The brain aligns the acquired, for instance selfish, properties and the ego's need to realise them with the soul and creates an appendage (or a new soul) for commanding. Today, the brain can form twelve forms of appendages or new souls, which appear with five different characters. In the last stages of development of a bad character, when an individual becomes a professional black magician, he or she can multiply the entire set of souls or appendages by six.

The structure or, in better words, the possibility of activating the brain and the soul depends on the abilities of the soul obtained at conception. This can be explained by the system of soul incarnation. Souls with a low number of incarnations are subordinated to ego and bad traits. Their owners are potential black magicians. In the case of highly developed souls with a high number of incarnations, providing experience from previous lives, the soul does not allow the brain to form appendages or new souls. One can say that an inexperienced soul unconsciously gives over control to ego, the brain and its experience, which forms additional new commands. In this way, the soul assumes a subordinated position. Ego is clever and takes advantage of all opportunities. It develops in the person certain interests

and personal convictions, and prepares the functioning of the physical body for its orders. In the end, ego becomes god in the human being. It enables such individuals to manipulate people, envy, prestige and judging of others. These activities are known under the name of black magic, which is used for their intentions. Such people acquire the ability to use all material means for their harmful activities, such as evil and dominance. Besides, they know how to hide their sombre activities in which they enjoy, so that the society cannot recognise them and deal with them.

Highly developed, highly incarnated souls already have a certain consciousness, acquired through several lives, at birth. They enable better judgement to the brain. By activating additional and aligned programmes, such souls enrich the functions of the brain and do not form appendages or additional souls. The brain assesses ego's attack on the soul with its convictions; since it has memories from past lives, it makes the right assessment. Consequently, it always opts for good work, humane decisions, good characteristics of the soul, and never opts for any negative requests of ego, as the soul already knows well their consequences and ego's activities from past lives. The brain blocks any ego's attempt to form different appendages to the soul, a developed soul. It facilitates the soul to use the divine experience from past lives, enriched with the experience gained in the present body, and does not allow new souls to be formed. The brain opens the door to a developed soul, which allows the person to achieve high intellectual results, both at the spiritual and the physical levels of life. The brain accepts all the instructions of the developed soul and creates the basis for the people to positively function in their environment, to proudly show kindness, humanity, justice and the like. It enables personal progress and aid to others through alternative systems of healing, lecturing about spirituality and gaining of spiritual qualities.

10.5. Duties of Genetic Programmes

The brain creates additional commanding souls and forms the co-commanding ego, so that they jointly conduct the organism. In spiritually developed individuals, the soul makes assessments on the basis of experience gained in past lives and, in positive cases, enables ego to realise individual orders. The brain itself decides whether the commands of the soul and ego are useful. Some commands are realised spontaneously, regardless of the soul

and ego. This refers to orders that maintain the normal operation of all functions of a person. All programmes defining the functioning of the organism are formed at conception and are written in the DNA structure. Each cell has a set of all programmes for the whole organism, which take care that the organs and system of the body function correctly. The soul controls everything. It realises the commands by activating, through the brain, the genetic programmes for the functioning of our organs, systems and the whole organism.

The direct connection of the soul with genetic programmes via the brain allows correct realisation of all programmes, which guarantees a healthy functioning of the organism. Genetic programmes are similar to computer programmes which realise certain operations needed for the performance of certain activities. For example, a computer programme for writing texts is activated by typing on the keyboard. We write the text, save it in the memory and put it on paper by means of a printer. The programme for writing must include all operations and commands, clearly defined and transmitted via the processor, so that the whole process of writing and printing can be carried out correctly. In the same way, via the brain, the soul's commands activate the programmes for the functioning of all elements in the organism.

Let us take the kidneys as an example. Through the brain, the soul activates the genetic programme for the kidneys. It keeps control over its functioning throughout the life. Damage to the genetic programme of the kidneys which can be caused by viruses which destroy the genetic sequences and ruin the programme results in obstructions to their functioning and the kidneys begin to function incorrectly in proportion to the damage. In the physical body, this incorrect functioning of the kidneys due to damaged genes is manifested as disease. In the case of disease, the brain, which controls the functioning of the genetic programme, does not correct the damage. It does not recognise damage, and disease begins to develop. In the end, the kidneys are damaged or destroyed. When the working programme is damaged, the kidneys operate at another level, at some other frequency, and lose the supply of life-cosmic energy, and thus the disease also develops faster at the level of energy.

10.6. The Role of Life-Cosmic Energy

For their correct functioning, organs with undamaged genetic programmes use life-cosmic energy which they receive from the environment through the points of opening, through chakras. Healthy kidneys have a specific channel for the reception of life-cosmic energy. Damage to the kidneys makes this channel open somewhere else, at some other frequency, where there is not energy for the kidneys. Thus, the protective energy gets lost, bioenergy around the kidneys disappears. It is possible to say that the kidneys or any other organ are healthy if they receive sufficient life-cosmic energy for their functioning, and that a protective field, the aura, appears around them as a result of this supply of life-cosmic energy. In the case of kidney disease, the kidney functions at another level and does not receive life-cosmic energy, as there is no such energy at its new level. Its functions begin to weaken and there is no bioenergy field around it. One can expect sickness to appear in this spot, on the kidney.

The brain controls the energy state of the kidneys and all other parts of the body through the activated genetic programmes. When damage is suffered, the brain only detects it cursorily, and health problems appear. The inattentiveness of the brain in accepting a damaged programme as a healthy one also has far-reaching consequences during a virus attack, attack on genetic programmes. Organs begin to function incorrectly and sickness appears. A similar thing happens with computer programmes when an additional programme destroys the essential (genetic in humans) structure of the programme, and the programme becomes useless, not functioning in the way it is supposed to. The bit combination of the state one or zero, used by experts in computer programme structures, is very similar to the bit combination of genes, and thus information technology experts named the adverse programmes destroying the basic programmes “viruses”.

Despite tens of years of testing and measuring, I have not obtained precise results explaining why the brain controls the functioning of organs so cursorily and unreliably. It is not sufficient for the brain to only activate the immune system. The damaged genetic programmes operate on some other basis, through other channels, and thus the brain unconsciously allows the body to get sick. When genes are damaged by an attack of a virus, the brain should use the back-up location, where forty to two hundred identical programme sequences are stored, to replace the entire damaged combination with a healthy

programme. The brain probably does not listen to the commands of the soul, fully trusts the immune system, and thus fails to defend the organism. Through the therapist's use of transformations with life-cosmic energy, the brain is awakened, warned and convinced, so that it realises that organs are sick and orders the replacement of the damaged sequences of the genetic programmes with undamaged ones. As a result, the immune system of the organism immediately deals with the intruders. In our case of diseased kidneys, this means that they begin to function normally as soon as the brain replaces the damaged sequence of the working genetic programme under the influence of life-cosmic energy, when the immune system deals with the intruders in the body, and when the flow of life-cosmic energy through the chakras becomes normal and natural.

The reception of life-cosmic energy follows the damage suffered by organs and its intensity drops with the development of disease. This can easily be detected by measurements at the points of opening, at chakras, and in the sick areas. The kidneys consume the highest amount of life-cosmic energy when they are healthy. Accordingly, they form the strongest bioenergy protection around them. If the kidneys begin to get sick, their need for life-cosmic energy diminishes. Their bioenergy field, the aura, shrinks. Ultimately, when the kidneys fail, there is no need for life-cosmic energy any more and the aura disappears.

The size and shape of the aura, the protective bioenergy field, are proportionate to the health of individual parts of the body. This enables us to precisely determine the degree of disease by measuring this protective field, as it is manifested – as I have already mentioned – by diminished energy around individual organs, systems and the whole organism.

10.7. Therapeutic Possibilities

A therapist is an intermediary in the treatment of diseases. In the case of sick kidneys which do not have sufficient energy, the therapist channels the necessary energy and helps reinstate a healthy functioning of these organs. In doing so, the therapist's task is to convince the brain that a state without energy is a critical state and must be corrected, that the damaged genetic programme must be replaced with a healthy programme, so that the sick organ can normally receive energy and begin to function smoothly. By

channelling, adding life-cosmic energy by using the system of transformation rules described in my first book on healing with life-cosmic energy, the therapist maintains a healthy energy state in the sick organ for as long as it takes for the brain and the immune system to accept this enforced and healthy energy state, and for the brain to replace the damaged genetic programmes with healthy ones. Health is recovered when the sick organ retains the channelled energy, which means that the brain corrected the genetic damage to the programme and began to take care of the reception of life-cosmic energy, needed to any organ to live.

Practice has shown that the whole body reacts to the sick state of individual organs. All organs and body systems participate in dealing with the crisis situation as well as in healing. When the therapist channels energy to a sick organ and there is another sick organ next to it which also lacks life-cosmic energy for normal functioning, the body automatically opens the possibility for this organ to also receive energy, although we do not yet know that it is sick. The whole organism cooperates with the therapist. Therefore, therapists succeed because they cooperate with and help the immune system of the patient.

The therapist's cooperation with the functions in the body, channelling of the necessary energy to the sick organ, is in alignment with the needs of the soul which, through the brain and genetic programmes, creates the programme basis for life. A therapist with life-cosmic energy performs divine and pure therapy which does not leave adverse consequences on the organism. Thus, healing is quick and successful.

Individuals who, during the course of their lives, through education and personal experience, do not allow the formation of appendages or new souls, are left with a single soul and a single character. As such, they can progress spiritually and become good and successful therapists with life-cosmic energy.

10.8. The Reverse Process, the Path of Black Magic

When we help a sick organism to recover, overcome the disease according to the above-described procedure, by channelling life-cosmic energy to the sick area in the body, we can call it humane work. The reverse method,

when a healthy organism is prevented from receiving life-cosmic energy, when the organism is left without the food needed for its life, and the functioning of the organism is slowed down, which becomes the cause of disease, can be called evil doing. Any cause of disease obstructs the flow of energy. This disables the functioning of organs, body systems or the whole organism. Let us take as an example a state without energy, damage to the aura which we named vacuum. It blocks the flow of energy in the spot where it appears, and all organs next to the vacuum get sick. Likewise, excessive energy in the aura means that an energy organism got attached to this spot, for instance the soul of a deceased. In this way, it feeds on the energy of the victim and causes an obstruction to the flow of energy. Over time, all organs around this damaged area get sick.

Most causes of disease appearing in the case of a vacuum or excessive energy are normally unexpected obstructions to the flow of energy. They are healed with the first and the second rules of the method of healing with life-cosmic energy. The causes of disease resulting from the intentional influence of people defined as evil, dominant, vampires and the like produce damage to the aura that is almost identical to that resulting from the influences of vacuums and living energy organisms. Consequently, they are healed in the same way, with the same transformation rules. An intentional obstruction to the victim's flow of energy is only caused by people of bad character who perform spell, curse and black magic protocols. They intentionally damage the energy field, which continuously blocks the flow of energy. This is the basis for severe causes of organism destruction and threat to life. Spells and curses appear as revenge for an insult or humiliation from another person. In most cases, they are made spontaneously. That is why such causes of disease can be included in the above group of sick people. Adverse action of black magic on the energy system of the organism is professionally used by persons who decide on the degree of damage and form of attack on the victim's organism. Ordinarily, these are people who are paid to do evil to another, so that the victims get sick and die. Therefore, such people are considered to be persons whose character is heavily deformed with crime and who require special therapy.

Occasional doers of black magic are people from the third group with six to twelve appendages to the soul, additional souls in variants of five characters. Most people from this group are spiritually undeveloped. They fall under

the influence of ego and form the above soul variants. In the case of a strong ego's dictatorship, they fall into the fourth group and become professional black magicians. A black magic protocol operates in the energy body as a continuously operating pump which does not allow the immune system of the organism to heal the poor state in the aura. An organ or the whole body under the influence of black magic ordinarily gets seriously ill. In most cases the victim dies, unless therapy is provided on time. Users of black magic have a heavy sin at the level of souls, because they allow themselves the right to decide on the soul in another's body. Through killing with magic, destruction of the physical body, they deprive the victim's soul of the right to operate in the organism which it created itself, in its own body. This also constitutes opposition to natural laws, god's action in human, although black magicians are convinced that they are god's messengers who purify the human species by killing people. Through several decades of experiments and therapeutic practice, I have concluded that black magicians only kill good, nice and humane people. Most of them are even related to the victims. This gives rise to the question who gave them the right to kill and torture their victims. In almost all cases treated in my practice – and there were many – black magicians were well paid for their evil doing. They were compensated materially and made good money.

It is not possible to cure the victim with the usual energy therapy, and even less so with medical therapy, unless the active magic protocol is removed or neutralised. It makes no sense to oppose black magicians. They only know their weapons, evil features that they developed under the leadership of ego and on approval of the soul. They created so many combinations that they can only be held responsible for their doings at the spiritual level. These people are blocked by their personal desires. They use a number of deceased and evil spirits who help them and guide them. Their brain is systematically programmed. In their memories, they have a large number of adverse and intentional programmes, installed in the left and right sides of the brain as well as in the little brain. Doers of black magic use the system of dual souls: when in company, they are nice so that they can hide, but when alone in their ambient, they become true villains.

The influence of black magic may lead to suicides, traffic and other accidents, bankruptcies, and most discords in otherwise healthy families. The members of secret societies are also not protected against magic

protocols. During initiation, their brain is programmed to automatically get punished if the member breaks the oath and reveals the secrets of the society. All events and testing at the level of magic protocols that I have conducted through long years of arduous practice confirm that black magicians and members of secret societies have identical codes in the brain and identical sins at the level of souls.

As I have already mentioned, the healing and changing of the character traits of those who do black magic is not productive. We would get lost in doing this divine work. However, a serious problem appears when a black magician, intending to kill your patient, sets a protocol every day or even every hour, all until the killing is done. In such a situation, any therapist who is able to heal at the level of souls obtains the approval to heal the black magician very easily. To avoid making mistakes at the higher level and using unauthorised rights – like black magicians who allowed themselves the right to kill and thus clean the human species of weeds – therapists must be aware that they are only allowed to heal the evil traits connected with the patient in question. Through correct and responsible therapy at the level of souls, the therapist can partly disable black magicians, slow them down and block their evil doings at the level of energy connected with the healing of the victim, the patient.

Today, almost all therapists know that black magicians develop their characteristics under the influence and guidance of ego, and on approval of the soul. It is therefore understandable why the therapist is not allowed to deal with such persons. Black magicians have the right to be what they are because their souls are held responsible for their sins at a higher level. This is also the right of others, everybody who fights against these evil intrusions into their energy states, because they have the right to live happily and without being threatened by the consequences of black magic. The best protection and spontaneous defence against the consequences of black magic is a healthy and strong organism, strong protective bioenergy field, large and clean aura and, after all, acquaintance with a therapist who is able to block the evil work of such evil people at the level of souls.

To succeed in repelling black magic attacks, one must have confidence in the brain and humane work of the therapist, since all protection activities will be conducted through it. The brain is a divine part of the body which,

through cooperation at the highest level, allows healing at the level of energies, mental therapy, mental surgery and divine healing at the level of souls.



1. At birth and while growing up, the pure soul of the child obtains appendages as additional commands formed by ego, and the soul begins to function dually. In essence, appendages to the soul are the same soul which, from its arsenal of various programmes, activated special commands for the realisation of certain orders. Thus, the soul conducts the normal functioning of the organism and, in the moment when ego is in control, begins to carry out additional orders, usually ill-intended commands which I named appendages or new souls.

2. Through experience and education, a person can activate up to twelve appendages to the basic soul. This is the basis for the classification of souls in groups. The souls of other beings, such as animals, also have the same principle as the souls of humans, only that god activated the souls in the animal world in a different way. This joint source principle of souls enables cooperation between people and cohabitation with animals and plants.

3. Classification of souls based on appendages or additional souls:

The first group includes individuals born with a highly incarnated soul which, through education and experience in life, develops humane, ethical and fair principles, and does not form appendages.

The second group consists of individuals from the largest group in any nation. They have a relatively highly developed soul with one to six appendages. Through energy therapy and investing of energy, they can achieve positive spiritual development, and pure and humane principles.

The third group includes individuals with a poorly developed soul with few incarnations. They have up to twelve additional souls, with five

characters for each soul. They quickly assume evil activities. They can be healed at the level of souls if they realise on time that their secret activities are crime.

The fourth group is composed of individuals with souls from the lowest level of incarnation. They activated all twelve additional souls with five characters and trained themselves to become black magicians. Their treatment is difficult and takes place at the level of souls. The treatment of professional black magicians is extremely dangerous, as they have six sets of all appendages, which negatively and aggressively attack the health of the therapist.

4. The brain has all the capacities of our creator. It is god in the physical body, controlling and conducting all the processes in the entire organism. The brain has a function in the body that is similar to the processor in each computer.

5. Genes are the basis for the formation of DNA programmes, written in pairs in twenty-three chromosomes. They contain all the programmes responsible for the functioning of the human organism. All cells in the organism contain the same DNA structure.

6. Life-cosmic energy is the driving force, the fuel for the functioning of the organism. The body is submerged in the energy of life which is everywhere around us. It receives the energy directly, which is manifested in the aura as the points of opening or chakras. The energy flows to all organs of the body to feed each of the cells.

7. By channelling life-cosmic energy, the therapist helps the brain to maintain a healthy state of the body and, in a critical situation of sickness, to activate undamaged programme sequences from the back-up location and replace the damaged programmes. Therapeutic treatment of the energy and physical bodies enables the defence system of the organism to deal with the disease.

8. With their activities, black magicians take energy from the body, block the flow of life-cosmic energy and cause sickness and death with their repressive action. They are brought up under the influence of ego

on approval of the soul, which forms twelve appendages to the basic soul in five different character variants. Professional black magicians have six sets of all twelve additional souls. Healing of their negative traits is possible at the level of souls. For such therapy, therapists must be very experienced and qualified, as work at this level is very dangerous for their lives in such cases.





11. MENTAL SURGERY

There is no doubt that mental surgery means the capacity of the brain to heal based on the laws of the mental level. In various cultures on all continents, one can see the work of shamans, healers, therapists or individuals who perform certain therapies based on their mental capacities. Whether they use mental methods to inscribe certain symbols into the energy body of patients or exert action on their physical bodies, the principle of work is totally the same everywhere. The system of healing with mental capacities can be, in the initial stage, divided into two different states of the mind. In the first procedure, the state of meditation needed for therapy is conducted by an imagined elemental or soul of a deceased which guides the therapist. The second procedure is performed directly, without an additional aid. We achieve the state of meditation needed by ourselves. My procedures, experiments and work at the level of mental surgery confirm that the first procedure, where you are guided by a spirit of a deceased, depends on the character of individuals who need this, that this guidance by spirits is unnecessary for most therapists, and that we can all learn and master the direct procedure of entering the necessary meditation. All surgical operations that therapists perform with the use of the mental technique are called mental surgery.

11.1. The Capacities of the Brain

Every day, mass media provide information on the results of scientific researches showing that the brain is capable of more than it was believed, that it is not maximally used and so on. Religious explanations about humans and their connection with heaven say that god created people in his likeness and that a divine source is present in humans. This means that humans have always been and will be connected with god and depending on it. The measurements that I performed at the level of souls show that a direct connection with god is established through the soul of each individual. The soul controls the commands in a human through the brain. The brain adds its own decisions under the influence of ego. Thus, through genetic programmes, it creates the conditions for the functioning of the whole organism and for the functioning of the human in the environment. The connection of the human brain through the soul with the

natural laws creates the possibility to use all the capacities provided by god, nature and cosmos. It has not yet been scientifically established how the brain memorises, how it is possible to keep the information obtained through experience and education, as well as retain the memories from the past and events in the future. Scientists wonder whether memories are written in a multidimensional network on coordinate plains or in multilayered holograms. By all means, we will have to wait for much more testing and scientific evidence to discover the unknown, to understand how the brain memory works.

The brain combines and uses its own wealth of information. This creates the possibility for the people to express themselves in the environment and through the production of all devices and machines which enabled quick technical and social development. The capacity of abstract thinking and useful hands realised everything that we have today and use in life. Every cell has programme data for the functioning of the entire organism in its DNA structure. Likewise, the brain memory contains all information of our creator. Thus, it creates unexpected possibilities of using the information on ourselves, on our place in cosmos, on our past as well as on our future.

For each idea, the brain forms a programme for the realisation of the idea based on the information from the memory. This programme can be seen as a matrix kept in the memory. Our idea can be activated through this matrix if it is activated at the level of the brain in the language it understands. Based on this law of the brain, I described in my first book – manual for therapists with life-cosmic energy – the way in which our ideas work and how states without energy in the sick part of the body can be cured. Let us remind ourselves: the therapy is performed by means of transformation rules at the level of the brain which is activated by a mantric meditation system, the language it knows. Ego obstructs us and we must learn to listen to the inner self, which is able to activate our ideas with the language of the brain, if we want them to be successfully realised. Desire itself means nothing; we can only activate the programme or matrix for the realisation of our idea through invested effort and energy. We must give energy soul to the idea, and it will automatically be realised.

In the nations around the world, communication, way of talking to each other, language developed in different ways. Accordingly, there are many different languages in the world and even more dialects. The brain is the same in all nations around the world. Understandably, the brain must first translate any language or any conversation into its own language to be able to understand. This discovery makes us understand why in certain meditations we experience various visions and images which we poorly understand for the most part. Meditation provides the possibility of a direct connection with the brain. As the language of the brain consists of images and symbols, our visions during meditation are produced by the language of the brain. Roughly spoken, the brain is capable of anything, we only need to understand it correctly and activate it appropriately for the realisation of our ideas. Let us take as an example mental surgery and similar techniques. The therapist must know the subject, correctly activate the matrix for therapy with the language of the brain, meditate for long enough and correctly, and thus enable the brain to realise the task, the mental surgery. Out of the infinite capacities of the brain, the task of the therapist is to accept the mental level and to respect its laws, and the brain will successfully perform mental therapy. Besides, the therapist must know anatomy, master the technique of observation of internal organs and continuously train to master the method of surgical intervention at the level of energies.

11.2. Knowledge of the Anatomy of the Body

In my second book for therapists with life-cosmic energy, I mentioned that detailed knowledge of human anatomy is not necessary for energy therapy. What the therapist must know is the patient's energy state, since energy moves, flows to areas where there is no energy, mostly areas that are sick. Nevertheless, for the needs of mental surgery, the therapist must have an excellent knowledge of the body anatomy, the external and internal form of every organ, and the connections between body parts. Knowledge of anatomy gives us the possibility to also use other successful therapeutic methods, such as healing with hands, along with mental surgery. Through their practice all therapists must learn the anatomy of the body, so that the shape of an organ is not a problem for them in mental therapy. A beginner therapist using mental surgery can get confused by the system of blood vessels and nerves in the body.

Knowledge of the structure of the tissues of muscles, the intestines or periosteum enables us to analyse the deformed shape that must be treated. With any deviation from the normal dimensions, organs show the extent of consequences left by disease and what the therapist must do to restore the normal form of the sick organ and recover its health. In the cases of gallstones or kidney stones, the stone seen mentally must be identical with the image obtained by medical devices. Knowledge of blood vessels enables the therapist to compare them with the healthy state and to choose the appropriate therapeutic method. In the case of the narrowing of veins and arteries, all flows of liquids in the body, and narrowing and obstructions in organs, the therapist must know the anatomy to be successful in therapy. Through comparison, the images of sick organs and their deformed shapes that one can find in specialised literature can provide wide possibilities for successful therapy and surgery. All aids, models and the like are helpful to any therapist, who can use them to get ready for mental therapy and successful mental surgery.

11.3. The Method of Paying Attention

In the beginning, almost all therapists have problems in observing the internal organs of the body. Images escape their memory and it is difficult for them to get them back and see. They simply lose the picture and fall out of meditation. Analysing these problems, I discovered that therapists must see organs alive; their observation must by no means be a static image. The focus on a certain object creates a stable image, which can quickly disappear. This means that concentration is not the right method for operating at the mental level. We must use a similar technique – observation of organs in a living form. We must create an image with many details and changes in the shape and structure. I called the system where we observe live organs during meditation for mental interventions “paying of attention”. The attention of the therapist is fully directed to the organ observed and its injuries, properties and functioning.

It is the easiest to experience the watching of living organs with the technique of “paying of attention” if we learn to establish a genuine contact with the object of observation. This technique can be performed in two ways: by diminishing ourselves in our mind and watching the object in its world, or by increasing the object to the size of our body. Let us take hair, for example: if we want to observe and pay attention to each individual hair,

we can shrink ourselves to the size of hair and walk in it like among the trees in the forest, or increase the hair so that it looks like trees in the forest and walk in it. The technique of mental shrinking or increasing for the needs of paying of attention enables us to observe an individual hair, each of its parts, and to also see all its characteristics. Our observation becomes live and we detect more elements in the structure and functioning of the object. The brain obtains live picture and establishes a genuine contact with the object, the way it is in nature, with all its good and bad properties.

Through training and investment of energy, it is necessary to achieve the mental state where ego does not deceive us when we observe an object and its properties and that it does not impose some other ideas and images. We must become one with the object, observe it, act on it without special emotions. In short, we must pay attention only to the object of observation. Any thought that interferes when we pay attention to the observed object shows that ego is active, that we are not yet in the state of pure meditation and that we must keep on training and investing energy to be able to achieve the goal. In the end, when we master the technique of paying attention, the observation of all objects around us takes place without the influence of ego, and contacts with things around us become genuine and natural. We must be careful and must not get disappointed with certain suspicions in relation to our work or unexpected fear, since these are misconceptions from everyday life and observation at the physical level.

Paying of attention takes place during meditation. Any disturbance, any suspicion hindering this process gives a bad assessment to the state of meditation and a warning that we must train more and therapeutically invest energy to achieve the state of natural observation of objects. If we succeed to find ourselves in an imagined reservoir alone with the observed object, with nothing else around us, this is a good beginning for the performance of therapy. In the final stage, when we imagine an object, watch it with emotion and without any interventions of thoughts, we are in the meditative state of paying attention.

11.4. Observation of Internal Organs

A special part and form of paying attention is the ability to observe internal organs, reliving of images and symbols in the observed part or

organ of the human body. In our mind, we can always obtain the image of an organ that we have seen in nature or in pictures in medical books and the like. The recollection of images stored in the memory which we have seen and learned, which are imprinted in the brain memory, is not of much use in the observation of internal organs. These are images that we have seen and remembered and are far from representing the real image of the patient's organs. If we use these images in therapy, they can deceive us automatically, and our mental surgery is a failure.

We can only obtain a realistic image of internal organs if the observation takes place in the state of meditation and if attention is directed to the organ observed. We first pay attention to the observed part of the body. We must be interested in all its properties, as well as all its connections with other organs and its tasks in the organism. We do not have to force ourselves to pay attention to an organ. That is not our goal. Paying of attention is only a condition that enables us targeted meditation with a certain therapeutic intention. We observe attentively for as long as it takes for us to pass into the state of targeted meditation where we are able to see the part of the body in question. In the case of intrusion of various thoughts, when we see different images which normally escape from the horizon, we are dealing with ego which obstructs us in spiritual observation. This is also a proof that we are not yet prepared and that we have not yet mastered the state of meditation. We obtained wrong images and our mental surgery would not work. We succeed when we get the feeling of aloneness, being freed of all thoughts without force, and when we feel that we are part of the organ observed and the image seen becomes reality.

We must take into account that the patient may influence us, hinder us in the meditation of observing of internal organs. In such cases, the brain can also show us an incorrect image of the object of observation. We must take account of such obstructions and redirect the patient's mind by asking them an unexpected question to direct their attention to another subject. Patients react to this provocative question and begin to think. They try to answer it and stop obstructing us with their thoughts. In the meanwhile, the therapist examines the organs and performs mental intervention if the organ is sick. The therapist may also get distracted by those present nearby, in the room where therapy is performed, and the

brain gets the wrong picture again. Practice has showed that we must also be aware of such obstructions and neutralise their influences. One of the options is to put your hands above the sick part of the body as if you are healing with hands. I do so when I perform mental surgery and I can heal without distraction.

Finally, when we have used all the prevention to block any influences, we pass into the state of targeted meditation and the image of the observed organ appears in its actual form. The capacity to see internal organs is an ability of individuals and depends on the goal of observation set. Therefore, each therapist obtains a specific image and extent of the organ observed. Personally, I only programme the observation of the damaged part of the organism. I pay attention to its deformation or, in better words, the deformation of the organ due to disease which requires mental intervention in the form of mental surgery. When mentally cleaning an organ, we must see the entire organ and its energy image. In brief, observation of internal organs depends on the capacity of each therapist and his or her vision. As I have mentioned, the image must not be static. I must be live. It is not limited to an individual part of the body. We can see everything that we want, everything that we need for mental therapy.

Let us take as an example bulges, lumps, cysts and the like on a deformed organ. By targeted observation, we see the deformed part and some of the healthy tissue. Under this image, there is a soft image of the healthy state in this area. When observing gallstones, we see the whole gallbladder and the bile duct all to the duodenum. We usually obtain the image of the organ observe in black & white, with the difference in the tissue structure appearing in nuances of grey. We distinguish gallstones from biliary sand by the fact that the sand is grey and the stone is black. We see the images of the organ realistically, the way they are at the moment of observation. We must not be surprised by their shape or damage. We treat each image without thinking about its shape or deformation.

We can direct our observation to a single cell or the whole organism, to a single molecule or the liquid in whole, to a single nerve or the entire brain, to periosteum or the skeleton in its entirety. The ability of spiritual observation is not only tied to human body. We can see everything in nature, from animals to plants, from inanimate objects to animate nature.

With this technique, some individuals manage to see objects in closed spaces, discover lost objects or find missing persons. We say that such persons are talented, that they were born like this; however, that cannot be so. It is more likely that these individuals spontaneously opened the channel for observation during an accident or developed this ability by training, conscious investment of energy in spiritual growth.

A human is born with a high or low degree of incarnation. This means that the talent of individuals is measured by their highly or low developed souls. It is easier for persons born with a developed soul to comprehend an unknown subject. They achieve certain spiritual qualities faster. They need less energy to achieve spiritual levels than people whose souls are not sufficiently developed. We should not say for people with developed souls that they are talented. It would be better to say that they are lucky to be born that way, as by investing more or less energy, depending on the level of development of the soul, by investing more or less effort and continuous training, we can all achieve the same level of spiritual development or ability to see internal organs or hidden, lost objects.

11.5. The Therapist and Mental Surgeries

The condition for the performance of mental surgeries on internal organs is that we are able to be in the state of meditation and observe the sick part of the organ for long enough without interruption and that the image does not escape us during the whole mental surgery session. The image must not be interrupted or disappear completely. By training, the energy invested, therapists achieve the level where the image becomes stable and does not get lost. We must be aware that the organ is alive and that we must also see, relive and follow any changes in it during therapy. By following the form, state and deformation of living organs with the method of paying attention, we can remain in the state of meditation for longer and it is much easier for us to keep a live picture in our vision. It is a general finding that in the initial stage of learning, it is easier for candidate therapists with life-cosmic energy to retain a live image than a still one. However, with practice, this gradually becomes the same and we are not disturbed by any change in the form nor by the state of the object we observe. If the image is not stable or disappears, we must stop the mental intervention and repeat it when we are better prepared, fully ready for therapy.

I know several successful methods of surgery at the mental level. In essence, they depend on individual therapists and their specific approaches to such therapy. Some therapists imagine a scalpel or a knife and simply cut off the excessive part, such as a lump of a cyst, on the organ. Others use in their minds the principles and instruments used in medical surgeries and perform operations at the mental level. There are cases where, after mental surgery, a wound similar to wounds on the surface of the body remains in the memory. We can heal it in the same way in our minds. The simulation of medical procedures, such as cutting, changing the bandage and the like, makes us follow the processes and enables us to work continuously without the influence of ego, which is waiting to frighten us and obstruct our work. All these procedures are not necessary in mental surgery. In fact, they only serve the therapist to be able to stay in the right state of meditation while operating.

In essence, mental surgery comprises methods of erasing excessive parts that we see in the image of the spiritually observed organ. Erasure can be performed in several ways. It is the most appropriate to do it by using a mental ray from the heart chakra or a ray from the third eye. For instance, if we see a bulge on the external part of the kidney, we operate by directing the ray on the bulge and by moving the ray up and down to erase it. After the operation by means of mental surgery, we wait for a while, for some minutes, and again observe the operated area. If we no longer see the excessive part, the operation was successful, and vice versa. If the bulge is still there, the operation failed and mental intervention must be repeated. We rarely have to repeat the operation. This only happens if we have not trained sufficiently or if one of those present blocks us at the energy level. Otherwise, each mental surgery is a success.

Successful therapists have no need for aids or rays for erasing when performing mental operations. They simply form an image of the healthy state in their minds and the excessive part, the bulge, disappears. This is a method of a direct connection with the patient's soul, activated by the therapist at the level of souls. In this way, the therapist helps the soul to activate the immune system of the patient through the patient's brain and thus cure the excessive part. The therapist's state of meditation and energy readiness of the patient are very important for therapy. Therefore, the method of mental surgery is only mastered by the therapists who

perform mental surgery systematically, meticulously and without mistakes. The procedures of healing with mental surgery do not allow any tiniest error, because the therapist's soul guides the patient's soul, the patient's soul activates its brain, the brain activates the genetic programmes and replaces the damaged programme sequence which caused the disease with a healthy sequence. The immune system gets activated and the souls control the mental operation performed.

A gallstone or a kidney stone is mentally broken up in the same above-described way. The only difference is that some therapists use in their minds nutcrackers to break the stone, while others imagine hands and break the stone up with the edges of the hands. What is left, the sand or the sludge, resulting from the break up of the stone, must be removed by mental cleaning, so that the image becomes clear, without any additional nuances or shadows. When cleaning the sand, we can use aids such as mentally shrunken butterfly nets, tennis rackets, kitchen tools and the like. An advanced therapist does the cleaning by moving the sand or sludge in the mind to push it out of the organ in question, and the patient's soul knows well how to remove this dirt from the organism. In a similar way we mentally clean the vital organs in the organism suffering from energy or physical obstructions, such as the liver, the pancreas, the heart, the kidneys or other organs.

In my long years of practice in healing with life-cosmic energy, I have had cases where, despite a healthy energy state and without any indication of disease, patients complained that they occasionally lose control and have the feeling that they will fall into a coma and fall sleep. Such troubles are caused by problems in blood vessels and flow of blood to the brain. The brain obtains a lower amount of blood and, consequently, reduces its operation to a minimum, causing dizziness. I search for the cause of such state by putting my hand above the patient's heart and mentally following the flow of blood on the left side of the body. In almost all cases, I find an obstruction to the flow or narrowing of arteries. In flow-through organs that are constantly burdened, such as arteries, it is good to use mental aids during mental intervention. In the case of narrower arteries, I use a mental transparent plastic tube which I mentally put in front of the narrowing. I slightly narrow the first part of the tube and slowly push it through the narrowed part of the organ, so that the tube expands the artery to enable a normal flow of liquid.

Besides, I heal the expanded part of the blood vessel by using the transformation rules described in my first and second books on healing with life-cosmic energy.

The pain appearing during menstruation due to narrowed fallopian tubes can be healed in the same way as narrowed blood vessels, by expanding the narrowed fallopian tubes by using plastic tubes. Practice has shown that, after mental surgery on fallopian tubes, the pain suffered during menstruation diminishes rapidly. It disappears completely or only appears for a short time. There is no reason why we could not use the same method to also cure other channels, such as veins, arteries, bile ducts, duodenal ducts, urinary channels and the like.

An experienced therapist can also use mental intervention to prevent development of conception or pregnancy. Immediately, a few days after the sexual intercourse, when it is possible to establish pregnancy, the therapist finds the fertilised ovum and pulls it with his or her fingers through the fallopian tube and the womb and leaves it in the vagina. Due to the nature of this intervention, this operation is almost always performed from distance. The woman cannot wait for appointment at the therapist, and in most cases she finds it difficult to accept to meet the therapist, or is located far away, in some other country or even continent. This procedure is not killing of a new life, but interruption of conception. The soul of the child accepts this with the understanding that the woman's body is not yet ready for pregnancy, or that the child would be born to parents who cannot guarantee the accomplishment of its mission on Earth. Therefore, it interrupts pregnancy and establishes a normal state in the reproductive system of the woman's organism. In the same way, blood clots can be pulled out of blood vessels to a safer place in the organism. There, they can be disintegrated. All the described and similar cases of narrowing or obstructions in the organism can be successfully mentally healed without adverse consequences for the patient's body.

11.6. Control of Therapy

Mental surgery is a very important part of healing with life-cosmic energy. All processes and therapies must be performed according to the principle of an integral healing. The defence system of the patient must be aided to overcome the difficulties in a short period of time. Mental intervention

must not be limited to the healing of a certain sick part of the body, like in classical medicine or bioenergy therapy. It must be part of the healing of the whole organism, so that the entire body first becomes capable and then we help the body to deal with the disease. In my manuals on healing with life-cosmic energy, I explained in detail why the body must first be able to fight the disease. This system is the opposite of the classical medical therapy, where the disease is first dealt with and then the body is enabled to function normally again. The system of energy therapies is much better, since it is much more likely that a healthy and strengthened body can overcome its difficulties, than if we allow the disease to develop, so that doctors can deal with it with different scalpels.

Control and treating of disease on a single organ is meaningless and is not successful. Therapy with life-cosmic energy requires that the entire organism is checked in a systematic way. We first perform measurement on the energy body to establish whether the aura is clean and healthy. Then we use measurement to control all the organs and systems of the physical body to determine whether the immune system of the body is disburdened of small tasks and maximally ready to deal with the disease. After these obligatory measurements, we control the diseased area or organ to establish whether it retained the channelled energy. In this way, we find out whether we have discovered all the causes of disease or not. In the end, we check the results of therapy in the area where mental intervention or another therapeutic technique was used.

Personally, I do check-ups by placing my hands above the spot where surgery was performed and examine by internal observation whether the therapy was successful or not. In the case the operation failed, that the image of the sick organ remained the same, I carefully search for the reason for that and always repeat the entire mental therapy. Through the years of therapeutic work, I formed the rule that if, after mental intervention, during regular check-ups I do not see a totally clean tissue in the operated area, if scars or something similar appear, this means that this must be corrected. Nothing must remain in the place of operation, nothing must be seen there. The therapist is only successful if no scar or something similar remains in the operated area. The tissue must be totally clean, as if it were never sick. Only when, after operation, there is nothing sick in the area

of intervention, when the operated area retains a healthy energy state and when we establish by measurement that this part of the body is healthy, we can say that the therapy has been concluded successfully.

It happens rarely that a mental operation is not successful, since the work procedures used in mental intervention lie at the level of souls and no mistake is possible there. We obtain spiritual approval for this work, and anything we do at that level is successful. As I have mentioned, it can happen that mental surgery is not without interruption, that the image of organs is not clear, that the states existing before the therapy reappear and the like. This proves that this part of the body has been lost forever, that it is dead and that it cannot be rescued. The disease has destroyed it. In most cases, after mental operation, we see an image without the signs of intervention, a clear grey image. If we observe organs that the patient has already lost, we can see them because physical amputation does not remove their energy component. Finally, if we get the feeling that our measurement with the intuitive sensor is unreliable, which frequently happens to therapists with insufficient experience, then several measurements must be used with several instruments and several measurement methods, so that we can fully rely on our therapy with life-cosmic energy.



- 1. The performance of surgical interventions on the physical body at the mental level is called mental surgery. The human soul is in an energy connection with the creator of the human body. The human brain keeps all the recordings on all stages and events from the past and the future, and a person can use all the principles of the creator or god.**
- 2. The mental level of surgical interventions requires knowledge of the anatomy of the human body, knowledge of the precise shapes of internal organs and connections between organs and systems in the body.**
- 3. The first step in the learning of mental interventions on human body requires that therapists with life-cosmic energy train to achieve a clear image with the spiritual technique of paying attention. This is a state of meditation where the therapist independently establishes connections with the object of observation – in our case with body organs – and examines all the elements of this object, as well as any changes in its shape appearing due to disease or some other negative influence.**

4. We must learn to observe the internal organs so that through meditation and paying of attention we see the realistic image of the observed organs. The ability to see the internal organs is not restricted to the physical body. With this technique we can see and discover hidden or lost objects, find underground passages and rooms, search for missing persons and so on.

5. A mental surgical operation is performed by erasing the image of the excessive part of the sick organ. After the operation, the image must show the form of a healthy organ, without scars or similar visible consequences. During meditation which therapists enter in the case of mental surgical intervention, they have a direct contact with the soul of the patient which guides their operation. The patient's soul orders the patient's brain to establish that the state of the sick organ is incorrect and that the brain must correct it.

6. Any mental surgical operation is performed as part of therapy with life-cosmic energy and all controls of therapy must be coordinated. Systematic check-ups after operations are necessary to determine whether additional therapy is needed or to assess any consequences appearing on the diseased organ.



12. HEALING AT THE LEVEL OF SOULS

For some time, it has been established among people that the human soul is some kind of a fluid programme which enables the functioning of the organism and is responsible for everything that happens to us in life, from conception to death. God gave the soul the duty to manage our organism. Its main functions are similar to the duties of the system operator of a computer or the driver of a universal, but very complex machine. Naturally, god also gave humans the ability of independent functioning on the basis of knowledge and experience gained, on the basis of the assessments made by their ego. The soul is part of our creator. It keeps in it the whole universe. The brain is the part of the human body through which the soul realises its commands. The brain is also an independent organ which is able to realise certain orders through the genetic programmes found in each cell of the body. The soul controls everything, both its own orders and those formed by its colleague, the brain, which approves the commands of ego and enables the organism to realise them. The brain knows everything that happens in the organism and behaves as an arrogant deputy boss. In most cases, it takes over the command of its boss, the soul, and thus enforces its own orders which may be, although the soul approves them, contrary to the decisions that the soul itself would take.

12.1. Advantages of the Brain

I can freely say that the brain is the part of the human body that enables us the realisation of all the requirements of the physical body. Besides, it is a physical part of the body that is, through the soul, directly connected with our creator, with god. The brain's commands in the physical body are part of the normal management system, as I already explained in this text and in my previous three books on healing with life-cosmic energy. Our task is to learn about the opposite direction, the direction leading to the creator of our body, the direction leading to the divine level, to god, the direction enabling the achievement of divine qualities, whether they are good or bad for us.

This path and entering into the divine principles is opened to the brain, but the brain does intentionally not use it. Apart from part of intuition,

if it listens to it. The soul only creates a connection between us and god in emergency cases, and I can say that the connection with the spiritual direction is not established consciously. It is necessary for the brain to get to know this path and learn how to activate and use this connection. Let us take as an example the ability of people to swim. They can do that. However, they will drown if they do not learn how to swim. Likewise, the brain has the capacity to connect with the divine principles, but it will fail to do so, unless it learns to walk on this path and realises these principles.

The fundamental goal of all branches and directions of yoga and meditation schools is to teach the body and enable the brain of individuals to use the path to divine capacities. A prayer is a mantric meditation system whose task is to enable the believer's brain to connect with god. The church usually forms and directs prayers for its own benefit into the sphere of agreed programmes and principles. Therefore, church prayers may be unsuccessful and even counterproductive. Through examination of different systems of realisation of religious principles, we arrive to the conclusion that some nations have successfully discovered the path to the divine level through prayers. One gets the feeling that some tribes – primitive in our terms – have been more successful in opening the spiritual paths than some big religions which, under the cover of their spiritual orientation, were much more adjusted to the gathering of material goods than to the teaching of believers how to progress on their own spiritual path.

It is appropriate to reemphasise that, along with the normal principles of the conduct of all processes in our organism conducted by the soul through the brain, the latter has, in cooperation with the soul, the right to take decisions on its own based on its education and experience. We called that the command of ego. These two commands, ego and the soul, which function within the sphere of our organism, can get adapted to operate in the opposite direction, along the path that opens connections at the level of souls, at the divine level. We have two options of spiritual development: one involves the opening of a path to the divine level established by the soul, the other is a path created by an intelligent ego. Through various humane, ethical, legal, social and similar standpoints, we help the brain to leave the realisation of the desires to the soul, so that the latter can lead us through mantric meditation system to a higher level, through which we can develop our spiritual qualities. In the case of opposite activities, aimed at gathering material wealth, achieving

status in the society, taking control, exerting dominance and the like, ego assumes total control and opens the way to black magic through meditation. The soul is the connection with the divine level. In the case of black magic, the brain only listens to ego, which has subdued the inner self and thus closed the path to spiritual development. Because the entrance is the same, black magicians who do bad things erroneously believe that they are god's messengers and even that god gave them the task to make a selection among people. Their feeling of superiority, satisfaction in doing evil by means of black magic, satisfaction in killing, in destroying organisms and many other negative activities, which are the cause of many frequent and severe diseases, is sad, but very true.

The direction of black magic, the intention to open the path to spiritual development through ego is almost a daily misconception and fate of people from the western world. Today, we can encounter healers, consultants, practitioners of esotericism and the like who declare themselves to be spiritually developed individuals and white magicians. However, a quick look at their work and frequent statements such as: "I also work with cosmic energy", "This therapeutic system works excellently for me", "I work with light", "Other healers are not right, they do it in the wrong way", "I cannot help you there, but I know someone who can", show that they are on the wrong way. The ego of such individuals is strongly developed. Their inner self, the soul, has no right of control. Due to the ego's dominance, such people almost always use the possibilities of black magic to achieve authority and deal with competitors. In therapeutic practice, we can very frequently find activities of individuals or groups of six or twelve people who use black magic and form programmes causing severe consequences on the organisms of the victims. Most of these victims die of cancer or medically incurable diseases, commit suicide, lose lives in a traffic accident or accident at work resulting from the influence of black magic. All black magicians are taught to behave decently, to create the impression of nice, goodhearted and hard-working people. Their behaviour in the family and society is so adjusted that they cannot be recognised. They seem to be loyal people and friends. We can only locate them and identify their evil inclinations by precise measurement.

The path in spiritual direction leads through the soul, the inner self, and an obedient ego. This is the way to the achievement of humane principles,

where we do not allow ego to intrude in the system of efforts invested in the achievement of spiritual goals. Ego is not in command. It stands by the side and, roughly speaking, humbly, with love, realises some of its desires through the soul. In the beginning, it is proud to be on spiritual path, but later it loses all its physical desires and pride owing to spiritual success. In all processes on the spiritual path, ego is always present and cooperates with the inner self, but does not get involved in the work procedures and orders of the soul. However, if desires change and the needs for material goods prevail, ego automatically assumes control and takes command. Most of spiritually developed individuals develop additional characteristics, such as empathy, desire to help others, to become alterative healers or teachers to spread the knowledge gained. Their ego enjoys that, although it is possible to say that it is all under the command of the soul.

When, through training, we achieve the level of uninterrupted meditation, when no image or thought intrudes our work, this is a good sign that ego gave over the command to the soul and that our efforts and interventions at the level of souls will be successful. The studying and accepting of spiritual laws is a hard and thorny path. When we achieve a certain goal, the feeling is nice. We know that this is the reward and that our consciousness is at a higher spiritual level. This is no like the gaining of knowledge, it is not learning, where the things learned can be forgotten in time. It is a reward that can never be lost. It is an ability that we keep forever, because the soul opened the divine door for us.

12.2. Establishment of Connection at the Level of Souls

Through walking on the spiritual path and opening of the door enabled by the soul, it connected us with the divine principle and enabled cooperation and work with all parts and factors of the highest level. The first contact with the soul that we establish in practice at the level of souls is the establishment of a contact with the soul of the patient and learning of the interventions that the therapist is able to perform at the level of souls. In therapy, the most useful are the results of the first analyses of the patient's soul and its characteristics. We get familiar with its degree of incarnation, its tasks in the present life, limitations of the physical body, influences of the environment, physical death and the like. The information on the level of development of the soul tells us about the possibility to establish a

genuine contact with the patient's soul. The tasks in the present life provide the general definition of the work for which the patient is qualified. The characteristics and influence of the environment show whether the patient lives here happily or is unhappy. The environment and living conditions adjust the physical abilities for certain activities and natural gifts, whether the soul is satisfied or not. Ego is largely responsible for poor living conditions. It wants to fulfil its desires under any circumstances and thus leaves visible consequences on the soul. It puts a heavy burden on the physical body, which slowly begins to weaken.

The soul leaves the body when it has fulfilled its mission on Earth or if the environment where it lives does not create the conditions for the realisation of its embodiment. Today, a therapist with life-cosmic energy can understand this part of the soul's tasks, being aware that embodiment in a physical body is not the only task of the soul on Earth. Knowing that the soul is not satisfied with its life in the physical body, we can assess its response to material conditions and discover the cause of the health state of the person in question. The patient can have severe health problems due to these reasons. If we do not take them into account, we will not find the true cause of disease in the energy body nor in the physical body. As a beginner, during my first steps in healing with life-cosmic energy, I had cases where I could not discover the cause of the poor health state of the patient. Through meditation and logical thinking, I decided to search for the cause of the poor health state of these patients at the highest level of life. Thus, I arrived to excellent results with precise analyses of the causes at the level of souls. Practice and knowledge of the characteristics of the patient's soul enable the therapist with life-cosmic energy to directly intervene and heal at the level of the soul, at the highest level of knowledge and functioning of consciousness.

12.3. Approval of Healing

I already mentioned in the first lines of the text on mental surgery that the therapist performs therapy by influencing the patient's soul which, through brain and its capacities, replaces the genetic sequences of the diseased part of the body after mental surgical intervention. The process is analogous to suggestion and similar to a special form of conscious and brief hypnosis. All these mental interventions only work on independent approval of the

patient's soul. Only approved operations are successful. The patient's soul, not the therapist, orders the brain to replace the damaged genetic sequence which caused the disease. The brain takes this replacement for the old and damaged programmes with a healthy genetic programme, defining the healthy state in the sick area, from the back-up set of DNA. In the back-up set of the genetic programmes of the DNA structure, each function in the organism has several identical genetic programmes which, according to the organism's protective system, replace the damaged programme, the one that caused the appearance of disease.

It is the same in healing: all preparation, time of meditation and passage to the level of souls are performed with the aim to establish contact with the patient's soul. This is exclusively about an agreement between two souls, which have the same right of command. Understandably, any intervention at this level must be approved by the other party involved. Although therapists do a humane work, their rights and decisions do not have any privileges at the level of souls. The therapist's soul does not have bigger or smaller rights than other souls. This equality of rights requires that at the level of souls we must obtain approval for each our movement or intervention, otherwise we would be forcibly denying the right to the other soul and would thereby commit a crime. Crimes at the level of souls are not forgiven. The punishment must be served. If not by us, it will certainly be served by our descendants.

At the level of souls, we do not influence the patient's soul, like in the case of mental surgery where we use the capacity of the brain, but establish a contact with the patient's soul. This is an intuitive discussion with the patient's soul, which has the exclusive right to decide, whether it opts for something good or something bad for its body. Therapists do not have the right to protest. They must listen to the decisions of the patient's soul and intervene accordingly, whether they are satisfied or not. At the level of souls there is pure truth. There is no trading, framing or any similar trap of ego. The therapist performs the intervention if he or she obtains the approval, or refuses to participate in therapy if there is no approval.

If the soul decides to leave the physical body, it certainly has a good reason for it. And since it has no interest in continuing to live in the human body, it leaves it and the body disintegrates. The leaving of the soul from the

body is not defined according to our earthly criteria. It can also take several years. In this case, the leaving soul does not have the interest to oppose the wish of the therapist to embody another soul in the deserted body in order to prolong the life of the physical body. At the level of souls, there is no envy, evil, dominance, use of black magic and similar manipulations of ego, so it is understandable that we always obtain a positive answer for the whole intervention at the level of souls.



Souls are complex, multidimensional, universal and hold all the programmes for the realisation of different creatures on Earth. We can only classify souls on the basis of their tasks in different bodies on Earth, like the soul of a dog or the soul of a human. We cannot classify them according to their universal contents, as they are identical. In creatures, for instance humans, souls can be classified according to the level of their incarnation, activated programmes at embodiment, the number of incarnations and the state of their current and additional consciousness. In their structure, there is no difference between the soul of a worker or that of a Brahman, the only difference is in the fact that the Brahman has activated almost all soul's programmes for the human physical body and is at the end of the incarnation scale, while the soul of the worker is at the beginning of programme activation and at the beginning of the incarnation path.

The soul of a human and the soul of an animal are identical, only that god set a certain order for the realisation and activation of the programmes for humans and another order for the animal. Creatures on Earth, different forms of physical bodies, do not differ due to different souls, but due to different programmes of the creator, defining their forms, adjusted to the earthly conditions. The souls of humans and the souls of dolphins are identical in terms of their contents. The difference is that the body of the dolphin develops according to a certain god's programme for dolphins and life in water, while the human body develops according to another programme, specific for humans and their life on the surface of Earth.

At the level of souls, one cannot see different forms of life, good or bad forms, such as angels, archangels, devils, salamanders and the like. There is no special hierarchy without physical beings. Any soul can be as good as an angel or as bad as a devil. Through their embodiment, under the influence of ego, souls develop consciousness for good and bad properties, which they do not lose after the death of the physical body. Because of this experience gained or appendages, some teachings, philosophies and religions classify souls to angels or devils. At the level of souls, there are also no special computers, akashas, angels, devils or similar forms. If they truly existed, there would be enough evidence to doubt the capacities of our creator, god. There is a way to god through the soul, and there is our brain which is able to create, on the basis of the experiences of the soul, incredible forms of worlds above us and life in them, such as heaven and hell.

Collective consciousness as a special addition to souls is created by our brain. It is formed due to different teachings or convictions imposed on the masses, mostly placed by religious centres, thus activating the brain to satisfy the unconscious individual and ego to create different good or bad forms, good angels and bad devils. The nations who do not know myths and religions will never see angels in the form we present them. No such form will even appear in their visions. All these imaginary energy forms, divided to angels and devils, were invented by humans, absolutely not by god. Worlds of energies can exist as well as energy programme structures, but by no means in the form that we know today and which has been implanted in our heads through history – a division or an image made based on the elements of the physical world and for the practical needs of certain organisations and individuals.



To repeat, it is a mistake to believe that souls differ from each other. They are all identical souls which, through embodiment, activate different forms of operating programmes, so one soul activates fewer programmes and another more programmes. They can only be classified according to the ability to activate more or fewer programmes. The soul conducts all processes in the organism, both in humans and in all other creatures on

Earth, such as animals. Let us take as an example a pilot who is operating an airplane with his knowledge and hands. He is the soul of the airplane. After bringing the airplane to the ground, the pilot can sit in a car to become the soul of the car and go home. This example shows that the same person can conduct different operating processes, one for piloting an airplane and another for driving a car. The airplane and the car differ in structure and function, like a human and a dog. However, a human was the soul of both the airplane and the car, one and the same soul for different tasks. Logically, one and the same soul can operate a human or a dog, but must be qualified for it. In nature, souls express themselves to the extent allowed by the physical body in the current embodiment. One soul is programmed to conduct a human body, another to conduct a dog, a third one a dolphin or, as some theories say, one soul is punished by conducting a human body, another a dog and a third one a dolphin.

It is necessary to accept the principle of universality which governs in nature and to use simple but brilliant solutions in all forms of creatures on Earth which are all created according to the same pattern or principle. We must accept the fact that a single soul can perform different operating functions, that it operates different forms of life, and that this general principle enables the formation of all creatures on Earth in a very simple way. For instance, an internal combustion engine transforms one energy into another, the thermal energy of fuel combustion into mechanical energy which can be used universally in all machines, such as cars, ships or airplanes. Such comparisons can be found everywhere in nature. In logical technological solutions, it would be senseless to use one method of generating mechanical energy for the needs of a car and another method for the needs of a ship.

Let us conclude that all souls are identical and that they have equal rights at the level of souls. It is therefore logical that for any intervention in the system of another soul we must obtain approval of the soul in question. At the level of souls, the rights to decide are totally equal. If these rights are violated, the consequence is a sin, the punishment for which must be served. In fact, approval at the level of souls is not necessary since souls are aligned with each other. Approval and agreement between souls is needed to our subordinated ego, which can sometimes not allow interference with the spiritual spheres of the body.

12.4. Basis for Therapy

For work at the level of souls, it is indispensable that therapists are ready for it, that their therapeutic skills to meditate are appropriate for this work and that their personal traits are at the highest level of humanity.

Their readiness is also a condition for them to be able to work at this level. Therapists must be freed of all earthly needs, the needs of their egos. Therapists must not only have the desire or inclination to work at the level of souls, there must also be an indispensable need for it. One can say that this must be the only option to resolve a specific case. In therapy, we must be forced to do so, as there is no other way out of the disease except for therapy at the level of souls. For patients who are not able to decide for themselves due to sickness or physical distance – they may be on another continent – we can also obtain approval of therapy from their close relatives, but only if the latter sincerely wish their relative to get well. This immense desire of the family or friends for someone to recover health creates a priority and enables solution. A connection is never established because of the wish of the therapist. The initiative of the family or friends must express an uncompromising call for help. This is a spiritual prayer that cannot be described and involves the feeling of devotion and desire for recovery. I had some cases in my practice where I could not cure the patient who was in a critical condition just because everybody around him was convinced that he can no longer be helped, that this is his end. Therefore, I did not obtain permission to heal him at the level of souls and he died.

Therapists first pass into the state of meditation where they get free of their physical body. They do not allow the earthly conditions and the needs of ego to influence them. In the state of meditation, therapists intuitively detect that they arrived to the level of souls or simply determine that through measurement. At the level of souls, therapists must determine whether they have the right to work or not at that moment. If approval is rejected, they must immediately end their work and return from the state of meditation. By measuring, if we know how to use the measurement instrument well and if we perform measurements with several instruments in parallel, we always obtain the correct answer. The approval to work at the level of souls and the decision to use such interventions can be controlled by measurement with several instruments, although that is not necessary, as any measurement

instrument is controlled by intuition. It is necessary to use the intuitive sensor. The state experienced by the therapist when in the world of souls, in the period from the request to the granting of approval for work, feels like being in a large empty space, a big bright ball. On the left side, we intuitively detect the soul of the patient or any other energy form with which we are to cooperate. The psychophysical state of the therapist in this period is of very individual nature, which must be taken into account.

At the moment we arrive to the spiritual level, we respectfully ask for approval of a certain intervention. For instance, to replace the soul of the patient or perform a certain therapy on the patient's soul. We intuitively recognise the approval obtained. We confirm it by measurement. We check whether all therapeutic systems function and, if all the previous steps have been performed the way they should be, approval is certainly granted. Otherwise, if approval is rejected, we must immediately leave the level of souls – in fact, we did not arrive there – and return from the state of meditation. A negative response is rare. It happens in the beginning of the therapeutic practice of intervening at the level of souls, when we are not yet sufficiently skilled. A negative response is therefore actually related to the therapist, and not to the patient. After return from meditation, it is good to have a little talk to the patient about meaningless things or to wait for a while and then to repeat the procedure for obtaining approval to work at the level of souls. I have a feeling that a new request obtains a quicker answer, or the therapist becomes more careful. The door for healing at the level of souls is now open.

In the last stage on the way to such healing, the therapist performs the intervention by simply using the transformation rules adjusted to this kind of work. The rules for therapy at the level of souls do not differ much from the transformation rules for healing with life-cosmic energy which I have already described in my books, except that the rules are aligned and adjusted to such work. In any case, the brain is the part of the human being that forms the rules and matrixes for the realisation of healing at the level of souls. It is therefore logical that transformation rules used for the energy and physical bodies will be successful, we only need to appropriately transfer them to the higher level, the level of souls. One life originates in another, and our understanding of higher levels of life is only obstructed by our static form of only seeing ourselves and the world we know from our physical level of existence.

12.5. Therapeutic Possibilities

Any form of therapy, replacement or activation of programmes, is possible at the level of souls. However, an approval is needed, as I have emphasised several times. Most frequently, when healing at the level of souls, the therapist must replace a leaving soul before it leaves the body and thus prolong the physical existence of the organism. The leaving soul no longer has an interest in living and in the environment where it has lived. On the other hand, a new soul is interested in everything and is therefore welcome. The new soul is less educated than the old one. Therefore, this body suits it, as it can activate more programmes when living in it and in this environment, and can achieve a higher degree of consciousness. The replacement of the soul by a new one and healing at the level of souls is not perceivable in the physical body, except that the patient shows some deviations from the previous behaviour in relation to the family and the environment. For instance, a patient who used to have a quiet character changes certain personal traits after the replacement of the soul. It often happens that only close relatives notice that.

All systems of training of various martial arts, especially those known in the East, aim at making the soul enable maximum abilities of the physical body. They use different systems of meditation. Almost every school has its own system. However, all these meditation programmes have the common goal to align all the organism's potentials and to achieve the maximum at the physical level. By all means, the aim of these schools is to activate certain programmes of the soul which enable the achievement of maximum physical capacity. In these schools, a harmony between the soul and the body is achieved. The soul and the body are trained simultaneously. There are sufficient cases where a competition is won by a completely unknown competitor who has not shown any special ability before the competition. This proves that, before the competition, they harmonised their soul and body for this discipline and won. Various experiments have shown that by healing at the level of souls we can achieve the same harmony of the soul and the body as achieved in different renowned schools of martial arts, and win the best results in competitions.

As an example we can take the so-called "samurai effect", the ability of a samurai to precisely observe the environment on the basis of intuition by

watching with the third eye. In this way, he knows all the threats directed against him, whether he sees them with his physical eyes or not. Through schooling and suitable training, the samurai achieved a maximum harmony between the soul and the body. They achieved the quality of world-renowned warriors. We can also achieve this supreme capacity by healing at the level of souls, but we need good motivation.

The infinite possibilities of the soul also provide limitless possibilities of intervening at this level. It is therefore understandable that in order to activate a characteristic of the soul special qualification is needed.

The goal of my first attempts in intervening at the level of souls was to help candidate therapists with life cosmic energy at the beginner's courses to see and meet their guardian angel during the meditation on encountering the guide. The result was unexpectedly good. All participants in the course who carefully followed the guiding in meditation and were ready to see their guardian angel met it and saw it. Other found out what the powerful ego is capable of and what traps it can set. They were prevented from encountering their guardian angel and simultaneously warned that a systematic approach to spiritual elements is needed if we want to use this high knowledge and unlimited capacities of the soul.



It is not necessary to enumerate all the possibilities of intervening at the level of souls. There are limitless ways and possibilities within everything that our brain is able to comprehend and what is in the hands of our creator. The brain is the stumbling block, the part of the human being which must be directed in the right way, correctly activated, and then the paths to the soul are open. There are no limits for our soul; the limit is our body which only has specific and limited options of realisation. The question is what will happen when the brain gets to know everything about itself and begins independently, according to the principles of ego, to directly use the divine laws. The body will have to be transformed or the soul limited. Otherwise, the body will lose the ability to follow the highest levels and will get destroyed, and the soul will no longer be able to incarnate. The soul will then have to

change the environment. It will have to activate life in another place, away from Earth, on some other planet in some other galaxy, as this will be indispensable.

There are solutions, many of them. Nevertheless, one can still wonder what if the development of civilisation leads to human and personal catastrophe, destruction, end of life and demolition of everything on Earth. Thus, instead of the goal, we would obtain a beginning. There would be no life on Earth and the development of new forms of life could begin again. There would be a new evolution of living species. From zero and through evolution we created the beginning – a zero. If we accept such thesis, we can ask ourselves how many evolutions have there already been for humans, how many developments and evolution zeros have there been. One, fifty or a billion? In this way, all the galaxies would be our home. The universe would be the home of our ancestors, of all our evolutions. Perhaps it is not necessary for people to visit other planets. Perhaps we have already been there. Perhaps we are there right now.



12.6. The Role of Life-Cosmic Energy

In cooperation with ego, the soul, this high principle of our creator, conducts through the brain all the genetic programmes and processes running in the organism. The soul and ego are also responsible for all our behaviour in the environment where we live and work. The entire operating system of our organism would surely fail if the soul and the brain would not have the suitable fuel, the suitable energy needed for the functioning of the organism. We can compare this to a car where the driver is the soul of the car and the engine is the brain. If the car runs out of fuel for the engine, it is no longer able to function. Similarly, the soul of a human is powerless if the brain does not have sufficient energy for the needs of the organism. The soul may force the brain to make the organism work, but it will be unsuccessful if the brain does not have sufficient energy for the body. The body will turn off, stop to function and any attempts of the soul and the brain will be in vain.

Many esoteric branches and scientific research confirm the fact that the human organism is similar to the universe, except that it is limited by the form of the human body. It is also known that our body needs universal fuel, universal energy for its functioning and life. Known and unknown energies are present within the universal energy received by our body. We could say that all energies of the universe and Earth are part of this energy, which we can call fuel. The soul needs universal energy; it comes from the universe. The body is also dependent on this energy, and changes in the universe affect it. Such changes also influence the entire Earth. Our organism perceives any changes in the universe. If such changes are vital for the body, the parameters of functioning in it change and the organism automatically begins to function in accordance with the changes.



Let me repeat that the universal energy suitable for our organism comes from the existing cosmos and can thus be called cosmic energy. The second condition for an organism to function correctly is the energies in the place where we live, the conditions dictated by Earth. If both conditions – the energy of cosmos and the energy of Earth – are joined, the fuel needed to the organism to function correctly must fulfil these conditions: life (condition required by Earth) – cosmic (condition required by the universe). Life-cosmic energy can also be called by another name, but its structure has to fulfil the above conditions and must, considering all the possible directions of development, also contain all the known and unknown energies of our universe.



Our body uses the energy in the environment. Around itself, it creates a protective bioenergy field known as aura. The bioenergy field formed around a healthy human body is homogenous and looks like an egg-shaped radiating balloon. The field of aura, this protective energy potential of the organism, constitutes a barrier for the passage of life-cosmic energy. The necessary energy penetrates through the protective field of the body, creating a vortex, known as chakra in India. This is the penetration of life-cosmic energy to each part of the body. Chakras can be distinguished from each other by their form and place where they appear.

In the East, chakras are represented by lotus petals. A chakra has as many petals as there are the main energies flowing through it. Chakras below the diaphragm – some call them physical chakras – have four to sixteen lotus petals, while the seventh chakra on the top of the head has 998 petals. Since the lotus petals of each chakra mean different energies, one can conclude that, through the seventh chakra, the brain receives the greatest number of different energies for its needs. Individual organs of the body receive different segments of the same energy and this can deceive us to believe that the energy needed for life contains countless different energies. However, that is not true.

Let us take light for instance. Light consists of electromagnetic waves, but the carriers of information for radio, television, mobile, satellite or digital channels also consist of electromagnetic waves. Through comparison with the universality of life-cosmic energy, we find out that it contains the whole spectrum of electromagnetic waves or frequencies. For their functioning, individual organs of the body only need a part of the spectrum of energies. In our comparison, this would mean that they only use the energy of satellite dishes or perhaps only the visible part of the spectrum. Sound is a limited interval of mechanical waves that our ears are able to hear. In comparison, life-cosmic energy as a universal energy of life has in its structure a whole spectrum of many mechanical waves or frequencies.

Today's views of energies are limited by the laws of physics, defined in earthly dimensions and scientifically unaccomplished. This creates the possibility for some esoteric and scientific papers to claim that these energies are the ones needed for life. These are traps of misapprehension of the universality of the human body and the relevant energy needed to it to function normally. Any organ or system of the body needs a specific energy. It is therefore understandable that individual energies in the body only satisfy part of the organism. If our body receives just one energy, this means the one part of the body functions normally, while other parts which do not need this energy, but a different one, begin to die. Many people get deceived by the abilities of the vision and hearing. These organs only perceive a little part of the spectrum of energies and thus create a false image of the actual state in nature. Humans need different measurement instruments and devices to see and hear what their organs do not detect, so that they can expand their views of the universality of energies around us.

Colour therapy is an example where only part of the energy is used and channelled in the organism of the patient. The visible spectrum of light is certainly only a small portion of electromagnetic waves, and an individual colour is just part of the light used in therapy. From a small portion of electromagnetic waves of light we only take a small part of the light, a colour whose energy can only satisfy a part of an organ in the body. The consequences of such therapy may lead to big problems for individual patients, because the healing of the heart may cause the sick kidneys or brain to fail under the strong influence of the heart which is not healthy. This principle can be compared to an old car where at a high speed a well-repaired engine would cause a traffic accident due to the failure of unbalanced tires.

Sound therapy influences the human organism in a similar way as the use of light described above – as at partial influence on the body. However, one can encounter individual therapists who heal with sound generated by metal plates. They bang rhythmically on the metal plates which generate the relevant tones from the entire sound spectrum, and direct them to the patient's organism. This certainly gives a positive result for the part of the body which needs this energy. However, this energy can by no means positively influence the whole body. I attended one of the sound therapy sessions where the therapist banged on the metal plates and containers. I would say that it rather resembled an uncontrolled aerobics class than an organised therapy. I will not analyse the Tibetan sound exercises, as they know exactly which tone suits an individual organ. Based on the results obtained and knowledge gained through the practice of many generations, they can establish that the sound positively influences the organs which use this energy for their functioning.

There are many cases of therapists only using part of energy in therapy. This is only a proof that we live in the development stage of discovering the influences of energies on the body. Work with bioenergy cannot give good results, as it requires the bioenergy of the therapist to be clean, with uncontaminated energy and totally identical with the patient's specific energy, which is impossible to find among people. The evolution process and the transmission of genes from the ancestors to descendants changed the energy state of bioenergy of each individual, so that it is impossible to find two people with an identical aura. The aura of each of us contains all the damage and deformations of genes suffered through our life as well

as those obtained from our ancestors. Bioenergy therapists are always contaminated by the energy system of the patient who they treat. They transmit this disease, expressed through energy, to other patients and infect them with the disease of the first patient. The work of bioenergy therapists at the energy level is like the work of a surgeon who operates with dirty hands and a scalpel that has not been disinfected. Such an operation might succeed, but the patient gets an infection during surgery and can die. The following joke used to be popular among people: “The operation succeeded, but the patient died.”

Life-cosmic energy has universal properties of Earth and cosmos with all the necessary parameters for a universal body, for the human organism which follows the divine principles of the universe. Humans are a little cosmos in themselves, punished by having to function in the cage of their bodies and live in the cage called Earth. With their knowledge and experience, humans try to be god. Therefore, it is no wonder that nature is hurt.

12.7. Health and Happiness

Our organism is part of nature. It functions in accordance with its laws. If it is harmonised with the functioning of Earth and cosmos, it will live its life without obstructions, without sickness. The soul needs life-cosmic energy to create life and enable the functioning of the human body in the period between conception and death. The soul commands in our body. It realises its orders through the brain, which controls the process and transmits the orders to each of the cells based on additional assessment of ego. Each cell holds the genetic programmes for the functioning of the whole body. Each cell contains the file of all programmes needed for the functioning of the body. The possibility of independent decision-making of the brain, its coordination with the soul in the body and the functioning of genetic programmes reveal perfect coordination. On the other hand, the DNA structure holds an extremely large number of inactive programmes. One is simply surprised with the lavishness of nature at every step and amazed by the efficient and simple functioning of its laws in human. Humans are in fact a little universe in themselves.

Our knowledge about the functioning of the brain is not yet sufficient to be able to answer the question about the capacity of this central part of



**The symbol of the heart arises from a healthy aura
of two people in love at the spiritual level**

the human organism. What science has discovered through hundreds of years of research on the abilities of the brain is a very small portion of its potentials, but an important finding about the capacity of people and their role in nature.

The brain structure itself is a surprise. Quick analyses and mathematical calculations of what we know show that the brain holds sixty-four independent computers connected one to another. Each of them is able to function independently and to cooperate in multidimensional space on equal basis with the multidimensional soul. A surprise is also the system of memorising used by the brain. I got the feeling that the brain knows everything that happened in the past, what is going on now and what will happen in the future. The brain detects everything that happens in us, around us and in the universe. It should be emphasised – although this is still incomprehensible for many – that the brain is able to create new living species in nature. The brain is in fact part of god. Consequently, it behaves like one, like god on Earth.

It is also interesting how the brain retains important information and how it throws away redundant, useless and uninteresting information gathered through life. It obtains information from the environment and first tries to understand the event. The brain gets satisfied with the solution found and only keeps the information that we force it to keep by repeating. People need sleep and this is the moment when the brain gets rid of the redundant and unrepeatable information. It deletes from the memory all the meaningless information obtained during the day. We do not yet know whether the brain erases all this information or saves it in a memory out of our consciousness. However, this process is probably connected with dreaming of abstract or real images which accompanies the process of resetting the superfluous and unnecessary data. Simultaneously with this process of removing meaningless information from the brain, part of the soul, one of its many dimensions, leaves the body and thus resets and disables illogical and unnecessary commands connected with this deleted information. I have experienced several times that I woke up before the soul regained control of the whole body, and I felt total inability to move my body. Sleep is necessary. It is a normal part of the life process. The time after sleep is very important for the reception of information from the environment, since the brain and the soul are clean, disburdened and ready to function again.

The first step on the way to getting familiar with the divine properties of the organism and the use of the abilities of the brain is described in detail in this book (and in my first three books on life-cosmic energy). It shows how to use this knowledge to maintain a healthy organism and have a happy life. It is not necessary to sacrifice much time to daily perform the physical and spiritual exercises taking a few minutes which enable us to control our organism, to protect ourselves from many influences of other organisms on our body, to protect ourselves from all causes of disease I described in two manuals on healing with life-cosmic energy. We control our health and use transformations to help the immune system of the organism to defend itself from negative influences. We train ourselves to become our own doctors. Thus, we do not let any cause of disease to appear or to begin to affect the body. This knowledge enables us to control the daily events by transformations and to make our daily workday healthy and successful. Besides, if necessary, we can aid our relatives, neighbours or friends.

Medicine has developed an enormous organisation and service for the maintenance of human health. Medical institutions, medical devices and studies of the chemical processes in the organism saw an expansion and contributed to the development of pharmaceutical plants, production and distribution of medications. Today, people can get lost searching for medical assistance. They go from pillar to post, from one specialist to another. Medical science is indispensable to people. The discoveries of its experts enable excellent knowledge of the human organism. Unfortunately, this excellent knowledge can rarely be used by thousands of those patients who are getting lost in searching for medical aid. Top medical knowledge thus remains the privilege of the rich parts of the population in our society. The information that in many large nations of the East, such as China, this classical European medical knowledge is only used by eighteen percent of sick people makes us justifiably revolt against the elitist behaviour of the medical staff that we finance ourselves.

In essence, the system of healing with life-cosmic energy helps the human defence system to maintain a healthy state and to prevent the development of the disease that might endanger the organs. Medicine tries to save what we should not allow to happen in the first place. It deals with the consequences of the disease. It searches for solutions when the disease has already appeared. A positive alternative to this procedure is by all means healing with

life-cosmic energy, which does not allow the appearance of disease, and enables us to maintain or recover health. In this, medicine is not necessarily needed. The statistics from my therapeutic practice of over forty years show that most of the patients who seek medical aid – around eighty percent – have difficulties typical of the initial stage of disease development in the time before the visible appearance of sickness, when there are still no consequences on the physical body. In other words, before medicine – with its knowledge – is able to intervene. Knowledge of healing with life-cosmic energy creates realistic possibilities of preventive maintenance of health and healing without the use of medications, without the use of scalpel and disability, without radiation, scars and other side effects, not to mention the torture of long waiting in medical institutions. The patient is better or nothing happens.

As conclusion, I recommend simple, short spiritual and physical exercises from my books on the influences of life-cosmic energy to be done for around five minutes every morning, as they enable the following:

- that we have sufficient energy in the body,
- that our immune system is maximally and successfully protecting the organism,
- that we are not ill and that we live a life without sickness, a happy life.



1. Our brain is the place or a control centre from where we can see two levels or directions of our life, one in the direction of our soul and the other in the direction of our ego. The path to the body represents the normal operation of the brain and is a well-established practice creating the basis for the functioning of the organism. The opposite direction, leading to the level of souls, to god, is possible, but one must learn and master it.

2. The first step that enables us connection with the level of souls is established through the soul of the patient.

3. For coordination at the level of souls, we must diminish the influence of ego and obtain approval for each intervention, approval to work at the higher spiritual level.

4. Through meditation and on approval to work at the level of souls, therapists with highly developed humane principles perform all interventions in agreement with the soul of the patient.

5. As many as there are possibilities for the development of the soul in the physical body so many there are possibilities for healing at the spiritual level.

6. Life-cosmic energy is of a universal nature and holds in it all the energies of Earth and cosmos. Our organism is a little universe in itself, limited by the terrestrial conditions and framed in the physical body.

7. A healthy body is a condition for a happy life.

